

December 25, 2020 - www.sninews.org Ð

A message from President Matthew B. Pagels



Season's Greetings to all!

I hope you and your families can enjoy this holiday season amidst this everchanging landscape. This time of year, is usually spent with family celebrating and reminiscing about the year. 2020 has definitely given us much to talk about.

The Coronavirus continues to be on the forefront of most conversations with the increased numbers of confirmed cases

on Territory. As you may have heard, on the recent PSA's, the greatest threat for spreading the virus may be social gatherings. Please use good judgment throughout the season to keep our numbers low.

You can see updated information on the Nation's response hub at the https://sni. org website. Important testing dates and locations, cumulative data and a 14 day snap shot of confirmed cases are noted. Additional contact numbers are listed should members have questions concerning the virus.

At this point information regarding the vaccine is forthcoming. We are confirmed to be receiving the Moderna vaccine; however the date and number will be determined by the Federal Indian Health Services. The roll out of availability will be relayed as soon as it is given to our Seneca Nation Health System.

The last testing dates this month will be December 21st and 28th from 3-5pm at the Cattaraugus Fire Hall and on December 22nd and 29th from 3-5pm at the Allegany DPW building. Please remember to preregister at www.bluestonesafe.com and

to self-quarantine until you receive the results to be safe. Bluestone registration site will walk you through the steps for registering. This is an important step and will lower wait time in line. Increased testing not only tells us how many are positive, it helps the Department of Health with data, what are the percentages, what age groups or how do we compare to larger population etc. All of this information is important to slowing down the spread.

The Emergency Medical Services (EMS) Team has provided on-site training to individuals interested in assisting with the drive through testing. We are grateful to anyone who steps up to become a paid tester, as it takes the responsibility off of our regular EMS workers. Their primary responsibility is to be available for community emergencies and mutual aid



SENECA NATION COVID-19 HOTLINE: 945-8153 EMAIL: SNIINFO@SNI.ORG (24/7 for non-medical questions or information)



IN THIS ISSUE

THIS ISSUE

President Pagels' Message1
Treasurer's Message 2
Clerk's Message3-4
Department Updates 5-11
Sports12
Community News13-19



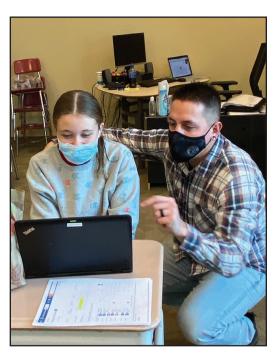
Notices & Announcements	20
AOA Menu	21
Health	2-23
Personals	24

HAVE A SAFE & HAPPY HOLIDAY SEASON

From the Newsletter Staff, Tami, Stephanie, and Megan



PRESIDENT'S MESSAGE



assistance. If interested in being trained contact the Emergency Management Department at 716-532-8178.

Please continue to practice all Covid-19 protocols to stay safe. As the American Hospital Associations states, "for all the things you love, wear a mask", social distance and wash hands often. This will reduce the spread and flatten the curve. Council and Executives have taken additional steps toward safety. The Early Childhood Learning Center and Seneca Allegany Learning Center will close to children and staff until January 4 due to an increased number of cases and room closures in the facilities. The Community Centers will also close to the public to limit gatherings and to create safer wellness areas when they reopen in the new year.

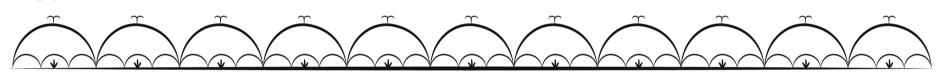
Access to WiFi at the CCC MPR will remain open and tutoring services for students will continue at both Education Departments through Christmas break. Contact your respective department for tutoring service information. I urge parents to help their children stay current with attendance and assignments as they forge through this new way of learning. It's important to their educational success and future.

I wish everyone a very Merry Christmas

and Happy New Year! Seneca's stay safe, we will get through this together!

Matthew B. Pagels

o e to om inity		TIPS FOR CELEBRATING THE HOLIDAY SEASON SAFELY
o limit ess ear. remain ts will ents our rvice neir e and is o their	CZ VV M SAFE	SAFE TO CELEBRATE - PREPARE TRADITIONAL DISHES WITH THOSE IN YOUR HOUSEHOLD - HOST A VIRTUAL DINNER AND SHARE RECIPES WITH FAMILY AND FRIENDS - PUT UP YOUR FAVORITE DECORATIONS AND SHARE PHOTOS ONLINE - WATCH PARADES, SPORTING EVENTS AND MOVIES AT HOME - SHOP ONLINE INSTEAD OF IN STORES
	الجني التاريخ LESS SAFE	IF YOU GATHER, DO SO WISELY - KEEP IT SMALL AND STAY LOCAL - Stay outside if possible and ensure proper ventilation if indoors - Wear Masks and Social distance - Wash of Sanitize Your Hands regularly, especially before eating - Avoid Contact with Non-Attendees for 14 days before/after events
	UNSAFE	AVOID - LARBE BATHERINGS, ESPECIALLY INDOORS - POTLUCKS, BUFFETS OR OTHER SHARED FOOD - PLACES WITH CROWDS, SUCH AS STORES, PARADES, RUNNING EVENTS AND SPORTS - CONTACT WITH ANYONE WHO IS SICK OR MAY HAVE BEEN EXPOSED TO COVID-19



FROM THE DESK OF THE TREASURER



Greetings,

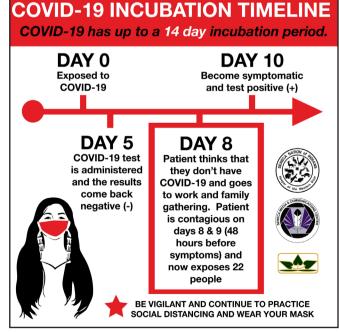
I hope you are all having a very good holiday season. Our staff has put in some long hours, and the final transition of administrative tasks has been completed. Of course, we are always ready to help in any way we can, should we be called upon.

As I mentioned in my previous message, the Council and Executives have been meeting regularly to coordinate all final expenditures for the funds received under the CARES Act.

I hope the portion of those funds, which have been distributed to our membership to defray costs for masks, hand sanitizer and cleaning supplies have helped out, as they were intended. I also hope you will be pleased to know there were some remaining the Minor's Trust Fund statements will be issued in January, reflecting the balance ending December 31, 2020. One guiding principle in the Fiscal Department is that the staff is cross-trained; which means, in the event one of them is off, another can easily cover for them. Our fiscal staff is the epitome of professionalism and dedication. Thank you all for your hard work!

Please make the best of this holiday season and social distance as much as you possibly can. I understand newly elected President

Biden will be asking everyone to wear a mask for 100 days after he takes office. Unfortunately, we are not out of the woods vet with this virus. If wearing a mask will help to keep ourselves and our loved ones safe, it's something I hope we can all do.



funds, which the Council has decided to include in the final of those three payments. The final payment will include a small additional sum, increasing December's payment to three hundred dollars.

I would like to take this time to extend my sincere appreciation for our Fiscal Department staff. In these uncertain times of COVID-19, they have managed to remain professional, dedicated and committed to making sure all payments to employees, annuity payments, elder payments, disability payments and all of our vendors continue to get done in a timely manner. In fact, they have processed payroll checks entirely from their remote locations, when that was the only way to get the job done, safely. In addition,

Remember the three W's: WASH your hands, WATCH your distance and WEAR a mask.

Respectfully, Rickey L. Armstrong, Sr.

2



Marta Kettle, Clerk CATTARAUGUS TERRITORY



Bethany Johnson, Deputy Clerk ALLEGANY TERRITORY

Please stay safe & healthy: We hope everyone had a Happy Thanksgiving under the COVID circumstances. As we continue to monitor the current pandemic we will continue to practice safety measures that protect the Staff and Community as a whole.

CLERK'S OFFICE UPDATE

Due to concerns with the rise of COVID-19 cases on and near our territories, the Clerk's Office will be closed to the General Public. We will remain open with a walk-up window for limited services. Our hours will be Monday through Friday; 8:00 am – 4:30 pm, as well as the second Saturday of every month from 8am-12pm on both territories. We encourage members to bring their own pen if needed, as a safety precaution.

SNI ID Cards

We will **NOT** be taking pictures for SN Identification Cards. However, if you already have a picture on file, you will be able to purchase a card. Cost: \$7.00 and Seniors (60 & up) \$3.00.

Our staff will be happy to assist

you with your visit to the Office.

Please practice social distancing if there is a line outside the door and always wear a mask/face covering.

NYA:WËH FOR YOUR UNDERSTANDING

William Seneca Building – Cattaraugus Territory – (716) 532-4900 ext. 5000

Cattaraugus Clerk's Office Staff

Marta Kettle – Clerk Geraldine Huff, Executive Assistant (Notary Public) Kelly Mohawk – Deeds Recorder Leslie Cooke – Executive Secretary (Notary Public) Tammi Stafford – Administrative Assistant (Notary Public) Ashley Warrior – Administrative Assistant Lori Waterman – Administrative Assistant Dana Maybee, Business Permit Officer

Seneca Allegany Administration Building - Allegany Territory – (716) 945-1790 ext. 3000 Stephanie Maybee – Administrative Assistant Judson Logan - Tutor

533 Amherst Street Buffalo, NY 14207 Monday-Friday: 8am-4:30pm

ANNUAL IN PERSON REGISTRATION

DON'T FORGET TO COMPLETE YOUR ANNUAL REGISTRATION. THE DECEMBER DEADLINE IS AROUND CORNER! IF YOU CANT REMEMBER PLEASE GIVE US A CALL AND WE CAN CHECK FOR YOU.

REMINDER: ALL NON-TERRITORY MEMBERS ARE ELIGIBLE TO MAIL-IN YOUR REGISTRATION THIS YEAR DUE TO THE COVID-19 PANDEMIC. (PER COUNCIL RESOLUTION S-06-29-20-02)

-CLERK'S OFFICE FORMS

Completed forms can be mailed along with a copy of your photo identification as proof of identify if you are unable to obtain a notary to: Seneca Nation of Indians, 90 Ohi:yo' Way, Salamanca NY 14779.

All forms are available online at www.sni.org under Clerk's Office documents.

- ADDRESSES

Please remember to keep your address current with the Clerk's Office. This includes changes with custody of minor children or legal guardians (Court orders).

- BURIAL FUND

A Burial fund has been designated to pay for funeral expenses up to \$7000 for enrolled members. For additional details, please contact the Clerk's Office during regular business hours.

-DIRECT DEPOSIT OF ANNUITY AND/OR ELDERS PAYMENTS

If you would like to sign up for Direct Deposit of your Annuity and/ or Elders Check, you will have to complete the form. The form is available on the web at **www.sni.org** under Documents/Clerk's Office / Direct Deposit forms or at the Clerk's Office.

- All direct deposit forms MUST have attached a voided check or deposit slip (start-up checks will NOT be accepted).
- Members must be at least 18 years old to sign up for Direct Deposit
- Minors are **NOT** eligible for Direct Deposit

If you receive direct deposit, it is your responsibility to keep your address updated with the Clerk's Office.

-RELEASE OF MINORS TRUST FUND

In order to begin receiving Minor Trust Fund disbursements. A member must be at least 18 years old and submit the following documentation:

Allegany Clerk's Office Staff

Bethany Johnson, Deputy Clerk (Notary Public) Sue Case, Enrollment Officer Leslie R. John, Enrollment Assistant

Kathleen "Yomie" Hill, Administrative Assistant Ryan Mohr, Receptionist

The Buffalo Office Staff & Location - (716) 845-6304 or (716) 951-7555 Buffalo Office works in Conjunction with the Clerk's Office

Ramona Marion - Director

- Application for Release of Minors Trust
- High School Diploma / GED

3

Financial Literacy Certificate

If you need to obtain a Financial Literacy Certificate please contact the Seneca Nation Education Department for details. We would like to say Nya:wëh for your patience and understanding during this time and please watch for updates as this may change unexpectedly. Any changes will be posted online.

Seeking Invocators

The Seneca Nation Clerk's Office is individuals interested in Invocating/ Opening with Ganö:nyök for Council each month.

Anyone interested may contact Leslie Cooke at leslie.cooke@ sni.org or (716)532-4900 ext. 5038.



Seeking Non-Profit Organizations

The Seneca Nation Clerk's Office is seeking non-profit organizations to serve refreshments and/or dinner during Council each month.

Any organization interested may contact Leslie Cooke at leslie.cooke@sni.org to request a form. Forms are also available at Clerk's Office. Any questions may be directed to Leslie Cooke at (716)532-4900 ext. 5038.

NOTICE OF REGULAR SESSION OF COUNCIL

TO: ALL ENROLLED SENECA MEMBERS SENECA NATION EXECUTIVES & COUNCILLORS ALL SENECA NATION DEPARTMENTS

DATE: DECEMBER 16, 2020

Pursuant of Section 12 of the Constitution of the Seneca Nation of Indians, notice is hereby given to you that the Council of said Nation will convene in Regular Session on:

DATE: SATURDAY, JANUARY 9, 2021 TIME: 9:30AM PLACE: VIRTUAL ONLINE MEETING

As the situation with Covid-19 continues to evolve, it presents new and unique challenges. The well-being and safety of everyone will always remain our utmost priority therefore this Council Session will be utilizing a virtual online platform

<u>If interested in participating online</u>, please submit a request by email to <u>SNGGotomeet@sni.org</u>. Your request must include Name, Roll#, Contact# and meeting date.

IN THE NEWS

Seneca president praises Cleveland decision to drop 'Indians' name

By RICK MILLER. Olean Times Herald. Dec 15, 2020

IRVING — The Seneca Nation's new president praised the decision Monday by Major League Baseball's Cleveland franchise to drop its team name, "Indians."

Team owner Paul Dolan said the name change will be effective in 2022. It follows years of protest that the name and mascot were racially insensitive to Native Americans. The National Football League's Washington team dropped Redskins before this season without settling on a new name.

"For too long, sports team names, mascots, and imagery that mock, offend, and degrade Native traditions and people have been deemed acceptable in non-Native communities," Seneca President Matthew Pagels said. "I applaud Cleveland's baseball franchise for taking steps to right this wrong but regret it has taken more than a century of outcry and protests from Native people to see this moment realized." its racist name this past July — there is still much more to do, and this presents yet another moment to recognize that."

Pagels said he hopes that other teams and non-Native organizations and communities, "including local school districts across New York, will take Cleveland's decision to heart and follow in its footsteps."

Asked whether local schools, including Salamanca, need to re-examine their school names or mascots, Pagels replied. "The Salamanca Warriors name and mascot do not insult Native traditions, whereas teams that deploy cartoonish mockery do not take into account the definition of a warrior or the true representation of a headdress to our community." Dolan told AP those conversations were "both enlightening and challenging."

He added there's a delicate balance between moving ahead and looking back.

"We're not walking away from our past," he said. "We'll be the Cleveland Indians of 1915 to whatever year is that we ultimately change. We will always celebrate that. I don't think we have to ignore it."

Cleveland's name change comes on the heels of the team removing the controversial Chief Wahoo logo from its caps and jerseys in 2019.

Pagels added, "While this is a significant step in the right direction — as was the decision by Washington's NFL team to drop In an interview with the Associated Press, Dolan noted it was only hours after Washington's decision that he announced a thorough review of Cleveland's name. In recent months he met with fans, business leaders and researchers focused on Native American culture and issues.

4

The team has never stopped selling merchandise bearing the grinning, cartoonish figure, but Dolan said any profits from future sales of Wahoo items will go to Native American organizations or causes supporting Native Americans.

Make sure to check out the UPDATED COVID-19 Response Hub! https://covid19.snigis.org

The COVID-19 Response Hub has been updated with a new look for better viewing on mobile devices and computers. It has the latest on testing events and statistics, as well as video PSAs and other important information

Seneca Nation Coronavirus Response

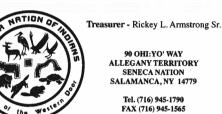
President's Update Health System Bluestone Testing Local Resources Announcements SNI Newsletter



Seneca Nation of Indians

President - Matthew B. Pagels Clerk - Marta L. Kettle 12837 ROUTE 438 CATTARAUGUS TERRITORY SENECA NATION IRVING, NY 14081

> Tel. (716) 532-4900 FAX (716) 532-6272



PRESIDENT'S OFFICE EXECUTIVE ORDER

Temporary Suspension of Title III (Hunting) of the Comprehensive Conservation Law Adopted December 10, 2016

WHEREAS, Circumstances have arisen necessitating the temporary suspension of the Title III (Hunting) provisions of the Comprehensive Conservation Law adopted on December 10, 2016,

NOW, THEREFORE, by virtue of the executive power vested in the President of the Seneca Nation by Section III of the Constitution of the Seneca Nation, as Amended, it is hereby order as follows:

- Title III (Hunting) of the Comprehensive Conservation Law is temporarily suspended effective immediately and until further notice;
- The provision of Chapter III (Hunting) of the Comprehensive Conservation Law, adopted on January 14, 2012, shall replace Title III of the Comprehensive Conservation Law adopted on December 10, 2016, until further notice, and shall include the following additional provision:

"No person shall discharge or intend to discharge a firearm, crossbow, or bow:

- ii. Over any part of a public highway or road; or
- Within five hundred (500) feet of any school, playground, public building, or occupied church; or
- iii. Within five hundred (500) feet of a residence or place of business, unless permission is obtained from the Landholder.

ORDERED this <u>(</u>th day of December, 2020.



MAY HIS Matthew B. Pagels, President SENECA NATION OF INDIANS



SN Supportive Services Building



SINIEDC Seneca Nation of Indians Economic Development Company

Help wanted for Full Time Administrative Assistant position. Looking for applicant to possess an Associate Degree in Office Management/ Business Administration or related field. Must be computer proficient and valid NYS driver's license. Native American preference. Send resumes by 01/15/2021 to: SNIEDC, PO Box 437, Salamanca, NY 14779 or email jonathanzurek@sniedc.org.

TITLE: SNIEDC Administrative Assistant

HOURLY RATE: \$16.00

EMPLOYMENT STATUS: Full Time

BASIC FUNCTION:

Provides administrative support to free the attention of both the Loan Officer and the Executive Director. Assist in the development of company procedures. Serves as liaison between staff and Executive Director. Performance objectives include planning, research, communication, project coordination, record keeping, loan management and budgeting. Writing minutes for various meetings conducted by SNIEDC.

MINIMUM QUALIFICATIONS:

Associate Degree in Office Management Business Administration or related field. Typing and written skills a must. Must be computer proficient in word and spreadsheet applications. Must have a NYS valid driver's license and be able to pass a background/criminal history clearance, if applicable. Position is subject to pre-employment and random drug screens.

Send resumes by 01/15/2021 to: SNIEDC, PO Box 437, Salamanca NY 14779 or jonathanzurek@sniedc.org

SN Advocate Notice: HEAP

The Seneca Nation Advocate Program will be accepting applications for the Regular Low Income Home Energy Assistance Program (HEAP) benefit starting on November 5, 2020. This benefit will run until March 2021 or if the funding runs out, whichever comes first.

Also starting on November 5, The Advocate Program will be accepting applications for the LIHEAP Furnace replace/repair program. This program will end on September 30, 2021 or if the funding runs out, whichever comes first.

IS CLOSED TO THE PUBLIC CALL 716-532-1028 WE WILL COME OUT TO YOUR VEHICLE DUE TO THE RISE IN COVID 19 CASES ON TERRITORY WE WILL NOT BE LETTING

TERRITORY WE WILL NOT BE LETTING ANYONE INTO THE BUILDING, FOR YOUR SAFTEY AS WELL AS OURS, PLEASE CALL

DEPARTMENTS INVOLVED:

CATTARAUGUS ADVOCATES

SN FOOD DISTRIBUTION



You may pick up an application at the Tribal Advocates Offices located on the Cattaraugus (532-4900) or Allegany (945-2655) Territories.

Documentation Requirements:

~Tribal I.D.

~Social Security Card ~Proof of Address

~Current Utility Bill



**Oak Tree Residents must provide a current rent receipt ~Proof of Income

~Deed or Home Ownership (Furnace repair/replacement Only)

Allegany Seneca Language Dept. offers an array of services

•

by Ja:no's Bowen, Allegany Language Director

Mission

The mission of the Allegany Language Department, Ögwaiwanösde' Ögwawënö'-we cherish our language, is to promote Seneca language use.

To increase the use of the Seneca language throughout the Nation, the department:

- works with community members and various Seneca Nation departments to offer Onöndowa'ga:' gawë:nö' learning opportunities
- regularly collaborates with other language departments/programs
- actively promotes the use of the Seneca language through social media
- offers online learning opportunities and translation services
- provides web-based learning/ teaching tools, hands-on instructional materials, and the audio-visual content required by Seneca language learners and teachers both on and off-territory
- offers professional development opportunities to language teachers/ teachers in training

Allegany Language Department Ögwaiwanösde' Ögwawënö' - We cherish our language.

Staff Members as of 12/7/2020

Allegany Language Director Ja:no's--Janine Bowen

Senior Master Elder Gayanogwad--Phyllis Bardeau

Digital Media Developer "Niya'sgë:ö"'--James Crane

Conversational Apprentices Daëdzö:n--Jordan Ball Dewata'se:'--Kelsey Lay Ga:nowöshe'--Alyssa Schmidt works with community members and various Seneca Nation departments to offer Onöndowa:ga:' gawë:nö' learning opportunities.

- The Allegany Language Department provides basic Seneca language instruction to various Seneca Nation employees, as well as community members both on and off-territory.
 - The department offers tutoring services and department classes, upon request.
 - An online class for very beginner
 / novice low learners can be found
 at: https://classroom.google.com/c/
 MzA1OTExMzA3NjFa?cjc=bxtd7n6
 An online class for novice mid high
 learners requires students to have
 passed a small speaking assessment,
 as it has a weekly conversational
- component. The Seneca language instruction offered centers on providing novice level learners with the building blocks needed to advance to intermediate level proficiency.
- Students must actively participate in speaking activities, in order to practice using Onöndowa:ga:' gawë:nö'.
- For instructional opportunities, please contact Ja:no's Bowen, the Allegany Language Director at janos. bowen@sni.org or (716) 945-1790, extension 3171.

<u>Language Resource Creation and</u> <u>Distribution</u>

The Allegany Language Department provides web-based learning/teaching tools, hands-on instructional materials, and the audio-visual content required by Seneca language learners and teachers both on and off-territory

• At Ögwaiwanösde' Ögwawënö'--we cherish our language, we work hard to create and distribute teaching and learning resources to Seneca



the Allegany, Cattaraugus, and Immersion Language Departments. If you would like to see what more we have to offer, please contact James Crane, our Digital Media Developer by email at james.crane@ sni.org or by phone at (716) 945-1790, extension 3173.

Professional Development

The Allegany Language Department offers professional development opportunities to language teachers/teachers in training.

- The Allegany Language Department offers professional development/ teacher-training workshops for all Seneca language apprentices and teachers from Seneca Nation language departments, education departments, early childhood learning centers, public school districts and the Tonawanda Seneca Nation.
- Topics include Seneca history and grammar, instructional methods, language revitalization strategies, traditional teachings, and behavior management, to name a few.

Translation Services

•

•

- The Allegany Language Department offers small-scale translation services to community members and Seneca Nation departments/ programs.
- The department focuses on contemporary Seneca language translations for use in the classroom, office, home, etc.
- The focus of the Allegany Language Department is to promote the use of the Seneca language centered on conversational aspects used today.

Media Specialist, assigned to Allegany Language "Yesga'tgwës"--Lauren Stevens

Services Provided by the Allegany Language Department: Ögwaiwanösde' Ögwawënö'-we cherish our language

Language Instruction The Allegany Language Department

Nation Departments and programs, Haudenosaunee language learners and teachers, as well as community members.

In order to make the language more readily accessible, we maintain the website www.senecalanguage. com, a Facebook group entitled senecalanguage.com, a YouTube channel called Seneca Language, and Twitter feed @SenecaLangauge, which include materials from

6

The Allegany Language Department does not offer research services on archaic/ancient forms of the language.

Language Digitization Services

The Allegany Language Department offers language digitization services to community members and Seneca Nations departments/programs. The following Onöndowa'ga:' gawë:nö' items can be digitized for safe storage and easier access:

- VHS cassettes
- Audio cassettes
- Old documents
- Books

Language Promotion through Social Media

- The Allegany Language Department actively promotes the Seneca language through YouTube, and Twitter, Facebook.
- The department uses the following to assist in Seneca language promotion and awareness:
- Video lessons
- Language challenges
- Announcements of useful resources created by various Seneca language teachers and programs
- Interactive activities
- Community projects
- Quizlet sets with links
- Google Classroom Updates

Video chat Seneca Language Lessons via Skype (Allegany)

Submitted by Ja:no's Bowen

Novice Mid – High Level Conversational Seneca class

Fridays at 10 AM via Skype. Study is mandatory!

1

This class requires completion of the course materials covered in the Novice Low/Very Beginner Conversational Seneca Class on Mondays (or the equivalent).

You must take a small speaking assessment to participate in this class.

For more information, contact Ja:no's Bowen @ janosjaninebowen via Skype.





Compared and the second	Today's		
hone #/Ext	Territory		
Type of Content Requ	iest:		
Printing (Poster, booklet, flyer,)	Photo/Video	Audio (CD's, MP3,)	Instructional or Resource Materials (worksheets or charts)
Translating/Transcription	Social Media Upload	Language/Culture Instruction for a program or training	Other
Describe if Other:			
Reason for Content:			
Personal Development	Classroom Materials Community Outreac		
Department Lessons Other:	Event	Tro	aining/Learning Workshop
	DATE NEEDED BY:		
escribe any or all details re	equired to carry out reque	est:	
	h any rough draft form **FOR <u>LANGUAGE D</u>		ed ************************************
This request has been APPROVED	by the Allegany	At this time, request has to be	DENIED because of the following
Department Director		reason:	

Seneca Nation Library

Cattaraugus Branch

Allegany Branch

How to download the Libby app by Overdrive to read books or magazines on your device.



1.Download (install) the Libby app by Overdrive on the App Store

3. welcome notice. First question: do you have a library card? Yes

4. Look up library by name or location. Tap on search for a library and enter: <u>Chautauqua-</u> <u>Cattaraugus Library system</u> will pop up.

5. Enter library acct details, enter card number and pin number

6. sign in and your card will appear. Press next

7. scroll down and find what you are looking for. Example: new books, magazines etc.

8. when you find an item tap on borrow then it will tell you if you can borrow

open book and scroll left to read.

Magazines, ebooks, audio books

Any questions, to apply for, and renew a library card

Call Marie at the Seneca Nation Library Cattaraugus Branch 716-532-9449 or

Call Miranda at the Allegany Branch 716-945-3157

Oaktree Apartment Complex Update

Please be advised that the Oaktree Apartment Complex is still under strictly limited visitation status until further notice.

For details or any questions, contact the Seneca Nation Housing Authority at 716-532-5000.

Disability Services reminder to all program participants

Please remember to do your "IN PERSON" yearly registration to be in compliance with the clerk's office in order to continue receiving your payments.

If you cannot get to the office please call us and we can do a pick up and notarize the paperwork needed for the Clerk's Office. Call us at 716-532-4900 Ext 5152 to set up a date and time.

Please remember that the policy Clearly States you will receive your payment ON OR ABOUT the 15th of each month. A/P will not issue new checks until 14 days after delivery date, due to Late Mail we are not responsible, they are mailed out in a timely matter Every Month and we cannot control what the postal services does with them after we hand deliver them to the post office. Understand that Allegany is always 2 days behind which is why the checks are mailed Early enough for everyone to get them ON time. Sorry for any inconvenience this may cause. We try our very best to ensure payments are received on time.

Snow plow waivers for either territory are due ASAP! Please call us if you need one to arrange a pick up.

Happy Holiday Season! Please Stay Safe! Nya:wëh!

Jamestown Business College's President's 2020

Jamestown Business College has announced the President's and Dean's Lists for the Fall 2020 term. To qualify for the President's List a student must earn a 3.90 - 4.00 grade point average for a term.

PRESIDENT'S LIST:

Natalie N. Stahlman (Salamanca, NY) Lynsey S. White (Salamanca, NY)

Reminder: Seneca Nation Higher Education Scholarship

The deadline for Spring funding is December 31st. New York State Indian Aid deadline is January 4th, 2021.

Please call Gosheneh Kennedy if you have any iestions. 716-945-8119 ext.

Seneca Nation Community Members

We are seeking your help with providing information to develop a community-focused strategic plan to improve services to victims. The Seneca Nation has received funding to develop/improve direct services to victims in our community. With your assistance in completing this survey, it will help guide the process for future services.

(Victims: i.e. assault, domestic violence, hit & run, etc....)

Please help our Community with your input!!

Survey Closes December 2nd

There are several ways to complete this survey:

1. Complete Online by going to: https://arcg.is/1eT0u1

Scan QR Code to take you directly to survey:



- · The link can also be found on SNI.org and on the Seneca Media & Communications Center Facebook page.
- 2. Paper Survey- Pick Up/Drop Off Locations:



Found near reception areas

Allegany-SAAB & LRJ Cattaraugus-WSB

> Questions: Sharon Francis Crime Victim Services 716-532-4900

Social Security Announcement from Disabilities Services

Submitted by Leanna Leroy, SN Disabilities Services

Are you receiving Social Security and or Disability from the Social Security Administration? Are you between 18-59 years Old? Are you currently living ON Territory?

Then you are qualified for Seneca Nation Disability Services Program.

Please call our office to set up an appointment. We can also do a home visit to assist you in any way we can.

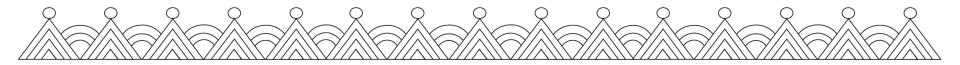
We also assist with transportation.

Correction:

The Allegany Education Department would like to acknowledge two students that were not listed on the Honor Roll list. Liana Jimerson, 4th grade, Seneca Intermediate. Dayton George, 12 grade, Salamanca High School. We apologize for our oversight.

Give us a call 716-532-4900 Ext. 5152

#SENECASSTAYSAFE Please be safe & stay healthy!



8

Cattaraugus Education Department Honor Rolls

GOWANDA CENTRAL SCHOOL

HIGH HONOR ROLL

Cadence Luther- 6 Winter Rivera- 8 Alhanna Gabel- 9 Cameron Nagel- 11 Jasmine Halftown- 12 Shon Thompson- 12 Grace Wakefield-12 Cecelia Young- 12

HONOR ROLL

Isabella Gill- 5 Mychal Williams- 5 Aubrie Heron- 9 Chloe Luther-9 Daymein Beaver- 11 Adam Golden-11 Trinaty Jensen- 12 Kirk Mohawk-12 Miya Scanlan- 12 Kristen Warrior- 12

MERIT ROLL

Aziyah Washburn- 5 Titus Beaver- 6 Jordan Quinn- 6 Leila Thompson- 7 Alyssa Golden- 8 Seneka Jackson- 8 Ruben Rivera IV- 10 Shelby Weston- 10 Kaylee Bird- 11 Mary Denea- 11 Keagan Fox-11 Chase Gioffreda- 11 Logan Lukonaitis- 11 Mia Coulon- 12 Ariyah Jimerson-Ocasio- 12 Alexis John-12 Brandon LeBeau Jr-12 Leland Parker- 12 Scotia Snyder-12

LAKE SHORE CENTRAL SCHOOL

HONOR ROLL

Peyton Fox-6 Saniya Seneca- 6 Mason Snyder- 6 Tyla Thompson-6 Elliott Catalano-7 Mauricio Gurule-7 Brody Himelein-7 Kate Kennedy- 7 Lily Kushner-7 James Mecca- 7 **Stanley Francis-8** Kiowa Haynes-8 Alexis Hummel- 8 Laelle Jimerson-8 Aquinnah Maybee-8 Stevieana Seneca-8 Dakota Familo- 9 Morgan Huff-9 Macay Jimerson-9 Ava Tallchief- 9 Blavze Becker- 10 Giana Corsaro- 10

Riley Fleming- 10 Skilynn Halftown-10 Koewyn Jimerson- 10 Alexandria Kennedy- 10 Nyla Rivera- 10 Tianna Thuman-10 Joiise John- 11 Shatan Mohawk-11 Ava Waterman- 11 Lila Bennett- 12 Angela Edmond- 12 Fantasy Jimerson- Kenjockety-12 Emma Kushner- 12 Aaliyah Lyle- 12 Layla Seneca- 12 Miranda Williams- 12

MERIT ROLL

Hank Bifaro- 6 Ayla Jimerson-6 Kyrie Buffalo- 7 Layla Jimerson-7 Jairon Nephew-7 Ciara Thompson-7 Jordan Cooke Jr-8 **Travis Jimerson-8** Jack Thompson-8 Morgan Gates- 9 Caye John-9 Troy Kennedy- 9 Eric Kushner- 9 Jacella Nephew-9 Emiliee Ramirez-9 Isaac Clear- 10 Dallas Garlow- 10

Canaan John- 10 Daylin John- 10 Delby Parry- 10 Madeline Maybee- 11 Meadow Porter- 11

SILVER CREEK CENTRAL SCHOOL

HONOR

Benjamin O'Dell-6 Molly Shaw- 6 Jalyn Smith- 6 Ella Austin- 7 Shylor Maybee- 7 Laneya Olsen- 9 Timothy Williams- 9 Tory Cook- 10 Jackson Williams- 10 Genevieve Balestrieri- 11 Danaceus Maybee- 12 Keith Seneca- 12

CREDIT ROLL

Cash LeRoy- 6 Kellen Renaldo- 6 Johnathan Seneca- 6 Jacie Stevens- 6 Skyla Gates- 7 Gabriella Seneca- 8 Vayda Stevens- 9 Jakeb Millar- 10 Gracie Hoelzle- 11 Roger Williams- 11 Shandon Monrroy- 12 Kianna Warrior- 12

GRADUATING CLASS OF 2021!!!

Women's Ceremonial and Culture Dept. is offering a sewing class for you to make your very own outfit for graduation!

Women's Ceremonial and Culture Presents

> After School

A meeting is scheduled to discuss materials needed;

Tuesday, January 19, 2021 @ ACC Multi Purpose Room

RSVP TO: Carrie Abrams @ (716) 354-2141

Culture

Monday and Wednesdays

WCC is offering 10 girls, ages 6-10, to come spend afternoons with us to learn cultural games, cooking, language and history. Program will run for 6 weeks. Contact WCC @ 716-<u>254-2141</u>



Seneca Art projections at Silo City

DECEMBER 18,19,20



Bill Crouse (Seneca, Hawk Clan) is a self-taught artist. He has made it his life's work to preserve and celebrate Seneca

Culture. He is a Seneca speaker, singer, dancer, and visual artist from the Allegany Reservation.

This painting is a portrait of the

Great Seneca Chief Cornplanter. The Wolves show his clan. The tomahawk was gifted to him from George Washington and is on display at the Seneca-Iroquois National Museum in Salamanca.



Title: Neowise

Jason Corwin (Seneca, Deer Clan) is executive director of the Seneca Media & Communications Center. He is a documentary filmmaker whose recent feature, Denying Access: NoDAPL to NoNAPL, was featured

in several film festivals and streams on their YouTube channel. He especially enjoys nature and astrophotography. IG – @jsun72

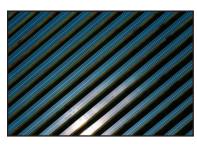


Title: Bison Bull

Patrick Redeye (Seneca, Beaver Clan) is a photographer and videographer. He is a Media Content Producer for the Seneca Media & Communications Center and a certified drone pilot. IG —@patrickredeye



Title: Seneca Lacrosse Warrior Carson Waterman (Seneca, Snipe Clan) is one of the most renowned artists of the Seneca Nation. His work is featured in murals throughout many buildings on Seneca territory including all three casino and resort locations, as well as extensive exhibitions nationally and internationally. He draws on traditional culture to showcase the richness and beauty of Seneca and Haudenosaunee people.



Title: Clean Lines

Maurice John, Jr. (photography, film, painting) is a Lakota Sioux artist influenced by modern abstract expressionism. He studied film at Pennsylvania State University and has been worked with all forms of media by generating new ideas and pieces never before seen in antler carving. Additionally, I am incorporating more and brighter colors into antler work. This is a somewhat foreign idea to antler carving, but in order to advance the art and make what I do unique, it is something I feel good about doing. IG – @haydens_antler_ creations



Title: Spirit Warrior

Robert O'Brien began his artistic studies and woodworking skills at age 9 with his grandfather Snow on the Cattaraugus Territory. Later on this developed into a passion for custom building and painting

cars and motorcycles as a multiple award winning customizer. Robert established himself a strong contender in the world of car and motorcycle art. In collaboration with Paul Brinson, Robert's work on a 66 mustang GT convertible won first place in all of Texas car show in 1986. Other projects have included work on the fastest boat in Texas and a round of special edition custom painted Trans Ams and trucks for a car dealer in Clear Lake, TX. Strong interests of his include custom woodworking and custom lapidary. Robert currently lives in Porter, TX where he enjoys playing guitar and is the Road Captain and Treasurer for an organization that serves first responders and the local community.



Title: Lacrosse Roundup

Bradley Jimerson (Seneca, Heron Clan) studied at The Art Institute of Pittsburgh in the Visual Communications program and has worked in a wide range of industries including newspapers, academia, and advertising. He is currently a Media Content Producer for the Seneca Media & Communications Center specializing in graphic and web design. Brad enjoys

working in a many different forms of media from painting and drawing to the digital realm. IG-@bradesigns_arts





Title: Dancing for the Creator Frank Ireland (Seneca, Snipe Clan) is a Media Specialist at the Seneca Media & Communications Center. His work is inspired by pop culture and things that catch his eye. His professional and personal work focuses on video editing and photography. He especially likes to do internet mashups.

Title: Round Basket Purse Penelope S. Minner (Seneca, Turtle

for the Seneca Nation of

Indians for 15 years. As a certified FAA Unmanned Aircraft Systems (UAS) pilot he specializes in landscape imagery. IG – @sharkboyno1



Title: Ready to Pounce Hayden Haynes (Seneca-Deer Clan) I aim to create works that are different than what has already been done by Iroquois carvers both past and present. I

challenge myself by constantly honing my relief carving skills, my portrait carving skills and Clan)

(Black ash splint basketry, cornhusk work, graphic art, watercolor)
Traditional arts and crafts were commonplace in our household. I learned much from watching them. I also learned a lot about basket making from the cousin, Midge Dean Stock. I feel that through my talents I am able to share their spirit

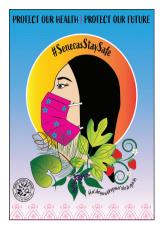
with others to pass on to the next generation and to those who are willing to learn.

Traditional basket making process is time consuming and labor

DEPARTMENT UPDATES

intensive and because of that, many new students find it is not for them.

I have done demonstrations for the Iroquois Indian Museum, the Seneca Nation (various departments), SUNY Fredonia, Fenimore Art Museum, the National Museum of the American Indian Smithsonian in NYC. In 2019, three of my art pieces were acquired for the National Museum of the American Indians permanent collection, a life long dream.



Title: Ha'deyonöhgwa'shä:ge:h

Tami Watt (Seneca, Deer Clan) is the Editor-In-Chief of the Seneca Nation Newsletter and has been a photographer, videographer, and graphic designer for the Seneca Nation for over 16 years. Her work centers around Hodinösho:nih culture and can be seen in the Seneca Iroquois National Museum, the Seneca Arts and Learning Center, the Seneca Allegany Resort and Casino, and in the documentary Denying Access- NoDAPL to NoNAPL. IG – @loco_leggz



Title: Technocratic

ZsaZsa K. (Seneca, Snipe Clan) is a Los Angeles based, female artist, curator [@galeria.vida], and filmmaker [@letheatredart]. Her experimental silent, black & white, short film, Liberté, is currently showing virtually at the Red Nation Film Festival. She's a firm believer

that actions speak louder than words and therefore sets out to tell stories via films without verbal dialogue (in the footsteps of classic Hollywood's silent film era). In her spare time, she creates script concepts and storyboards via collage art. Technocratic is a highly symbolic upcoming short film that will explore that idea of humans being controlled by Artificial Intelligence.



Title: The Iroquois Creation Story - Holder of the Heavens Calls Upon Earthquake G. Peter Jemison (Seneca, Heron

Clan). His work is rooted in the framework of Native American art. He is widely and highly regarded for his paintings, videos, and mixed media works, which have been exhibited in numerous solo and group exhibitions

in the U.S., the U.K. and Germany. He is also an esteemed administrator, curator, editor and writer.



Title: Knowledge Carriers (commissioned by the Make Art with Purpose Sylvia Hougland Foundation)

11

territories (New York and Canada)

I have worked in over 40 countries, apprenticed with Karel Cudlin, studied at FAMU, Prague, CZ, received an MFA from University of Texas, Austin, and taught as a full-time photo faculty member at Texas State University and Central Texas College. IG — @ tahilasnap

Seneca Art was projected at Silo City from December 18-20 for drive-in viewing from 5PM-7PM.

For several weeks, renowned Seneca artist and art instructor Carson Waterman has been facilitating an online series of workshops for Seneca artists, the Artists in Business Project, funded by a grant from the National Endowment for the Arts Challenge America program. Mr. Waterman is sharing his knowledge as a successful artist to enable other Seneca artists to promote their work to a larger audience. He is also discussing how Seneca art and artists carry on the cultural legacy of the Seneca Nation and bring that legacy, through their art, to the public. In addition, participants are receiving information about aspects of running an art business. As a culmination of the workshop series, Silo City is joining with the Seneca Nation to stage a very special event. Photos of artworks by the workshop's participants will be projected on the iconic grain elevators at Silo City, a unique historical and cultural venue on the Buffalo River





Hougland Foundation)

Tahila Mintz – Yaqui I am an indigenous media maker and ancestral scribe. I create images, still, moving and in VR, to amplify the voices of Indigenous people and the natural world. I also make to bring people joy, connection and for healing trauma.

I create within community, for those communities only, as well as for sharing between communities and with the general public. I am most often found in the Misak community (Cauca, Colombia), my Yaqui community (Sonora, Mexico), and across Haudenosaunee

Projected Seneca Art at Silo City. Photos courtesy of the Seneca Iroquois National Museum



SPORTS

Summer Hemphill (Seneca Nation) Returns for Buffalo and Score 11 Points in Win

Sunday saw the first game for Summer Hemphill in over a year and she showed her skills on the court. By NDNSPORTS Staff | December 7, 2020 | Reprinted from http://www.ndnsports.com

BUFFALO, NY – University at Buffalo women's basketball redshirt senior Summer Hemphill (Seneca Nation) returned to the court for the first time in over a year to spark a dominant performance by the Bulls in an 87-45 win at Canisius on Sunday afternoon.

Sophomore Dyaisha Fair led all scorers with 17 points to go along with six rebounds and five assists. Adebola Adyeye had a breakout game, scoring 15 points while pulling down nine rebounds. Hemphill added 11 points and six rebounds in her first game back and Elea Gaba also scored in double figures with 13 points.

Buffalo took an early 4-0 lead on two straight buckets by Adeyeye. The two teams would then trade baskets as the game would be knotted at nine at the first media timeout. Hemphill made an immediate impact, converting on back-to-back buckets to give UB a 13-9 lead at the 3:24 mark and the Bulls would close the quarter on a 9-2 run to take an 18-11 lead at the end of the first.

The Bulls would go to work in



the paint to start the second quarter as Keowa Walters found Loren Christie for the easy high-low bucket and Adeveve converted on an offensive rebound putback to put UB up 25-14 at the 7:14 mark. Chevenne McEvans would get into the mix with back-to-back baskets to give the bulls a 29-16 lead at the media timeout. The Southfield, MI native would continue to heat up as she went on a 5-0 run of her own to put UB up 39-20 and they would lead 40-22 at the half.

It was a back-and-forth affair to start the third quarter before a three from Hanna Hall and a runner in the paint by Fair gave the Bulls a 25 point lead at the 6:21 mark. The offense would continue to click as the Bulls used a 9-0 run, capped by a transition three by Jessika Schiffer off a great feed from Fair to put UB up 67-35 and force a Canisius timeout at the 2:18 mark and the Bulls would lead 69-35 through three quarters of play.

Gaba took over to start the fourth quarter as she scored the first 12 points of the quarter for the Bulls to put UB up 81-40 with four minutes to play in the game and put the game out of reach.

The Bulls shot just under 52%

from the floor on the day, thanks in part to a dominating performance in the paint as the Bulls outscored the Griffs 50-12 inside. Buffalo also dominated on the glass, winning the rebounding battle 54-20, including turning 21 offensive boards into 26 second chance points.

"What a fun day", said head coach Felisha Legette-Jack. "It's been 14 months since Summer Hemphill touched the floor and to get her out there for 12-15 minutes just warmed my heart. I know how hard she has been working and to see her out there flying around, it did something special for the team.

I'm just really grateful for the opportunity to coach these young people through the tough times and to see the blessings come before you.

Source:

http://www.ndnsports.com/ summer-hemphill-seneca-nationreturns-for-buffalo-and-score-11points-in-win/?fbclid=IwARoGK_ HtMQl1038U1rX2jFoOLq5BNhMyCki_ CXj9GOhvAY1dEofePkgUgw`

The Smithsonian's new National Native American Veterans Memorial

Reprinted from Senator Chuck Schumer's Facebook Page | December 7, 2020



Navy Veteran Annette Marie Repicci (right)—a member of the Seneca Nation—from Buffalo, New York served her country for 24 years, starting in 1988, working as Aircraft Division Chief, Flight Deck Coordinator, Quality Assurance Chief, and Senior Command Chief.

Native Americans and Alaska Natives serve in the Armed Forces at five times the national average. The Smithsonian's new National Native American Veterans Memorial honors them. #NNAVM

Additional info about the new Native American Veteran's Memorial is included on the next page.

Smithsonian's National Museum of the American **Indian opens National Native American Veterans Memorial Nov. 11**

Originally Published: November 3, 2020 | Reprinted from www.nhonews.com

WASHINGTON - On Nov. 11, The National Museum of the American Indian will open the new National Native American Veterans Memorial.

The moment will be marked with a short virtual message to honor the service and sacrifice of Native veterans and their families. The message will be on both the museum's website and its YouTube channel.

"The National Native American Veterans Memorial will serve as a reminder to the nation and the world of the service and sacrifice of Native American. Alaska Native and Native Hawaiian veterans," said Kevin Gover, director of the museum. "Native Americans have always answered the call to serve, and this memorial is a fitting tribute to their patriotism and deep commitment to this country."

The memorial, which sits on the grounds of the museum, was commissioned by Congress to give "all Americans the



opportunity to learn of the proud and courageous tradition of service of Native Americans in the Armed Forces of the United States." Native Americans have served in every major military conflict in the U.S. since the Revolutionary War. This will be the first national landmark in

Washington, D.C., to focus on the contributions of American Indians, Alaska Natives and Native Hawaiians who have served in the military.

The memorial design is by Harvey Pratt (Chevenne and Arapaho Tribes of Oklahoma), a multimedia artist, retired

forensic artist and Marine Corps Vietnam veteran. The design features an elevated stainless steel circle resting on a carved stone drum. It also incorporates water for sacred ceremonies, benches for gatherings and four lances where veterans, family members, tribal leaders and others can tie cloths for prayers and healing.

The museum planned to host a dedication ceremony and veterans' procession to mark the memorial's completion but postponed those events due to current health and safety guidelines.

More than 85 tribes, individuals, corporations and other organizations have contributed to the memorial.

Information provided by the Smithsonian Museum of the American Indian.

Source: https://www.nhonews. com/news/2020/nov/03/smithsonians-national-museum-american-indian-open-/

Rep. Deb Haaland is poised to become the first Native **American to lead a Cabinet agency**

'I'll be fierce for all of us' By Aliyah Chavez, Indian Country Today | Dec 17, 2020 | Reprinted from indiancountrytoday.com

President-elect Joe Biden, in a historic move, has chosen Rep. Deb Haaland to lead the U.S. Interior Department. If confirmed by the Senate, the New Mexico Democrat would be the first Native American serve as a Cabinet secretary.



climate team, which also includes secretary of Energy, **Environmental Protection** Agency administrator, chair of the Council on Environmental Quality and national climate advisor.

"A voice like mine has never been a Cabinet secretary or at the head of the Department of Interior," Haaland tweeted Thursday night.

"Growing up in my mother's Pueblo household made me fierce. I'll be fierce for all of us, our planet, and all of our

Rep. Deb Haaland, Laguna and Jemez Pueblos, is poised to be selected by President-elect Joe Biden to lead the Department of Interior. (Photo by Haaland for Congress)

13

protected land. I am honored and ready to serve."

Biden confirmed the nomination late Thursday as part of his

"This brilliant, tested, trailblazing team will be ready on Day One to confront the existential threat of climate change with a unified national response rooted in science and equity," the president-elect said in a statement.

Sources familiar with the decision on Haaland told Indian



COMMUNITY NEWS



Country Today she is considered a "barrier-breaking public servant" and a nominee who will hit the ground running.

Haaland, who is from the Pueblos of Laguna and Jemez, became one of the first two Native women elected to Congress in 2018.

The Interior Department is tasked with protecting the nation's natural resources and honoring the government's federal trust responsibilities. It manages America's vast public lands and coastal waters while overseeing prominent departments such as the Bureau of Indian Affairs and the Bureau of Indian Education. The agency employs 70,000 people.

Haaland's nomination has been backed by many Indigenous leaders, advocates and allies for weeks.

More than 130 tribal leaders collaborated to write letters to Biden and Vice President-elect Kamala Harris, citing Haaland's bipartisan leadership. Native organizations including NDN Collective and IllumiNative created online campaigns, and celebrities like Mark Ruffalo have offered support via social media.

Many shared their elation

of Wisconsin and managing attorney of Earthjustice's Tribal Partnerships Program.

Navajo Nation President Jonathan Nez called it a "truly a historic and unprecedented day for all Indigenous people."

"I congratulate her, and I also thank the Biden-Harris team for making a statement and keeping their word to place Native Americans in high-level Cabinet positions," he said in a statement.

Julian Brave Noisecat, a vocal advocate who is a member of the Canim Lake Band Tsq'escen and a descendant of the Lil'Wat Nation of Mount Currie, highlighted Haaland's unique position, saying: "The next Secretary of Interior will be a Laguna Pueblo woman who Indian Affairs Department, the Coalition to Protect America's National Parks and the National Native American Law Student Association.

Many of Haaland's colleagues in Congress also had rallied behind her. In mid-November, more than 50 House Democrats penned a letter to the Biden transition team backing her for the post.

On Wednesday, House Speaker Nancy Pelosi joined in, saying Haaland "knows the territory," and if Biden nominated her, "he will have made an excellent choice."

Haaland was chosen for the post over former Deputy Interior Secretary Michael Connor, Taos Pueblo, and two U.S. senators from New Mexico: Tom Udall, who is retiring, and Martin Heinrich. Gov. Michelle Lujan Grisham of New Mexico was offered the job but turned it down, according to the Hill.

Udall issued a statement Thursday congratulating Haaland and voicing his confidence in her leadership.

"Congresswoman Haaland is fully qualified to lead the



Americans, especially Native women, to see Secretary Haaland, a member of the Pueblo of Laguna, leading the department that is tasked with meeting many of our responsibilities to Tribes and managing inherently Indigenous land."

Haaland has been cited saying she would accept a nomination as Interior secretary, including in an October interview with Indian Country Today.

"I think it's nice that people are thinking about me. And of course, if I ever had an opportunity to step up and do good work for this district, for the state of New Mexico, for our country, I would always be proud to do that," Haaland said.

In her first term in Congress, Haaland has held leadership positions on a number of committees, currently serving as vice chair of the Committee on Natural Resources and chair of the Subcommittee on National Parks, Forests and Public Lands. She also sits on the Subcommittee for Indigenous Peoples, the House Armed Services Committee, the Subcommittee on Readiness, and the Subcommittee on Military Personnel.

She previously worked as head of New Mexico's Democratic Party, as tribal administrator and as an administrator for an organization providing services for adults with developmental disabilities.

Born to a Marine veteran father and a Navy veteran mother, Haaland describes herself as a single mother who sometimes had to rely on food stamps. She says she is still paying off student loans after college and law school for herself and college for her daughter.

Thursday as news of the decision spread.

"The nomination of Rep. Deb Haaland — a champion of the environment and of Native people — heralds a new era of conservation, progress and healing in the Department of the Interior that is long overdue," said Gussie Lord, a member of the Oneida Nation Rep. Deb Haaland speaks to reporters March 5 on Capitol Hill. (AP Photo/J. Scott Applewhite, File)

14

went to Standing Rock in 2016 and cooked for the people."

Groups that shared their support on social media and in statements included the National Congress of American Indians, the New Mexico Department of the Interior — through her service in the Congress, to the state of New Mexico and to Indian Country, and through her lived experience," he said. "I know it will be significant and meaningful for Native Biden, who has pledged to pick a diverse leadership team, said at a Native candidate forum in January that he would nominate and appoint people who "look like the country they serve, including Native Americans." The pick breaks a 245-year record of non-Native officials, mostly male, serving as the very top federal official over Indian affairs in a federal government that worked to dispossess them of their land and, until recently, assimilate them into White culture.

It could also further deplete, at least temporarily, the narrow majority Democrats maintain in the House. Biden has already selected several lawmakers from the chamber, including Louisiana Rep. Cedric Richmond and Ohio Rep. Marcia Fudge, to serve in his administration.

Interior's broad authority includes managing federal relations with tribes, administering tens of millions of acres of land and mineral rights held in trust for Native Americans and Alaska Natives, running national parks and making decisions affecting millions of miles of U.S. lands and waterways, wildlife,

endangered species, and oil and gas and mining.

Biden has promised the nation's largest effort yet to curb the oil, gas and coal emissions that are causing the rapid deterioration of the climate, and Interior would play an important part in that.

The president-elect has been methodically filling the posts in his Cabinet, adding North Carolina environmental official Michael Regan as his

nominee to lead the EPA. Biden introduced former South Bend, Indiana, mayor Pete Buttigieg earlier this week as his transportation secretary and announced Thursday that former Michigan Gov. Jennifer Granholm was his nominee for energy secretary.

Source:

https://indiancountrytoday.com/ news/i-ll-be-fierce-for-all-of-us-6ry2p054SE2dELR9BC-ezA



News From The Four Corners United Methodist Church

Rte. 438 and Versailles Plank Road, Cattaraugus Territory Pastor – Rev. David Rood | 941-5703, dgrood62@yahoo.com Submitted by Marilyn Anderson

We have just come through the most unusual holiday season that many of us have ever experienced! Covid-19 presented us with challenges that we were not anticipating. Family gatherings were put on hold, sporting events were cancelled, Christmas concerts were cancelled, travelling was out of the question but now we can look forward to 2021.

Exodus 12:2 says, "This month is to be for you the first month, the first month of your year." So, how will you spend your year? What lessons have we learned from 2020? Hopefully, we learned about the generosity of strangers, the love of family, taking a break from the chaos of the world and we learned about the value of everyday life. In 2021 we can reconnect with our spiritual teachings which will help us to return to "normal" life. For many of us, 2021 means living without loved ones who passed on in 2020.

Four Corners has not had church services since before Thanksgiving. We have not been able to celebrate Advent or Christmas together. This has never happened in our church history and it has created a void in our church life. We look forward to the new year in hopes that we can come together again to celebrate our faith. Even though we are not able to meet in person, Pastor Dave gives a weekly message on Facebook. Feel free to hear his word and to "virtually" join with us for a few minutes. If you have need of spiritual guidance, please feel free to contact Pastor Dave by phone or e-mail. Peace.

Oldest Seneca citizen shares story of tribe's struggle, survival

Ralph Bowen gave his last interview in September for this article. He passed away on December 7 at the age of 98 By Leslie Logan | Special to Indian Country Today | Reprinted from indiancountrytoday.com | Sept 26, 2020

Decorated WWII veteran Ralph Bowen, 98, recalls the Removal of 1965, when the Kinzua Dam flooded a third of the Allegany homelands, resulting in the forced relocation of some 700 Seneca.



of the Kinzua Dam. In one sentence, Kennedy changed the lives and the lands of the Seneca people forever.

In 1961, eight months into office, President John F. Kennedy dealt a traumatic blow to the Seneca people with the swoop of a pen.

In a letter to the Seneca Nation, Kennedy ended the tribe's fight to protect its lands along the Ohi:yo' - Seneca for "beautiful

Ralph Bowen and family (Photo courtesy of the Seneca Media & Communications Center)

15

river," the Allegany – from

being flooded by the building

He wrote: "It is not possible to halt the construction of the Kinzua Dam currently under way."

The letter and the completion of the dam would sink the hopes of the Seneca people and submerge their lands, directly impacting more than 130 families on the Allegany territory with a forced removal.



COMMUNITY NEWS

Some 700 Seneca lost their homes in the communities of Coldspring, Quaker Bridge, Shongo, Onoville, Red House, Cornplanter, Sunfish, Bay State, Old Town and Bone Run. Onethird, or 10,000 acres, of prime Seneca territory was lost.

Ralph Bowen was in his late 30s, a member of the Seneca Nation Council, and one of those whose homes were leveled by the Army Corps of Engineers to make way for the dam. On Saturday, he and his fellow Seneca Nation members will reflect on the momentous and wrenching days of dispossession they went through in the annual Remember the Removal commemoration.

Today, Ralph Bowen's shock of slick white hair stands in stark contrast to the smooth, deep maple-syrup brown sheen of his 98-year old forehead. He is the Seneca Nation's oldest member, and although his son Dennis says he is slowing down, Ralph still has a lot to say. And he ought to: He has witnessed a great deal and has lived through great challenges in his time.

He was a young boy growing up in the Great Depression, he served four tours of duty in World War II as an aerial gunner, and he has seen great



changes unfold at the Seneca Nation and the world at large. Bowen says that in his nearly 100 years, the greatest struggle ever to have confronted the Seneca people was the Kinzua Dam removal.

Bowen, who served five terms, or 20 years, on the Seneca Nation Council, was part of the body of Seneca leaders at the forefront of challenging the Army Corps of Engineers and the federal government in its drive to build the dam.

It was a proverbial David and Goliath legal battle, as the Seneca were poor and had few resources. At the time, the average Seneca family income was about \$3,000 a year, and the unemployment rate stood at roughly 35 percent. Weathering long, harsh western New York winters, most Seneca depended on the surrounding forests for wood to warm their homes by woodstove. Few had running water or electricity.

The Seneca Nation officials worked on behalf of, and in true service to, the people, without compensation. A nation budget was nonexistent. Still, Bowen and his counterparts believed they had the law on their side namely, the 1794 Canandaigua Treaty.

> The agreement, also called the Pickering Treaty, was one of peace. It not only established friendship between the fledgling United States and the Six Nations of the Iroquois Confederacy, it affirmed the land rights of the Iroquois, also known as the Haudenosaunee, or people of the Longhouse.

Iroquois and the states. But of great significance to the Seneca, Cayuga, Oneida, Mohawk, Onondaga and Tuscarora, the treaty restored lands to the Six Nations and acknowledged those lands.

The treaty reads: "The United States acknowledges all the land within the aforementioned boundaries to be the property of the Seneca nation; and the United States will never claim the same, nor disturb the Seneca nation, nor any of the Six Nations, or of their Indian friends residing thereon."

In 1954, 160 years after those affirmations were inked onto parchment, steeled with the steadfast belief in the treaty's protections, Bowen headed to Washington to make the Seneca's case. He and George Heron and Basil Williams, who both served as president of the Seneca Nation during the Kinzua era, met with federal officials and senators. "There were a lot of talks and trips to Washington," Bowen said.

There were no expense accounts, no nonstop flights; instead, their wives would pack them egg salad sandwiches, and the delegation would make the seven-hour drive to defend their land.

Bowen believed the treaty carried weight. Indeed, the U.S. Constitution's supremacy clause establishes that federal laws and treaties made under its authority constitute the "supreme law of the land."

Bowen was among the minority on the council who felt strongly about the power of the Canandaigua Treaty protections. Ralph's son Dennis Bowen Sr., who also served as president of the Seneca Nation in later years, recalled: "He kept saying, 'It's the treaties; they have to honor the treaties.' But some in the community would roll their eyes and say, 'There he goes again with his treaty talk.""

them seriously."

When all the talks and meetings in the halls of the Capitol seemed to go nowhere, the Seneca Nation leaders cited the treaties and asked the courts to rule on whether Congress intended to break the 1794 treaty.

For a time, Ralph Bowen and the Seneca people maintained the hope and belief they might prevail. "Some of our women formed a group to protest the dam. The nation fought it in the courts," he said. With what few resources the tribe scraped together, it hired Arthur Morgan, a civil engineer who proposed a reasonable, workable alternative that would have rerouted the waters, sidestepping and saving the Seneca territory.

"We had some helpers," said Bowen. The Quakers, Democratic U.S. Rep. James Haley of Florida and Johnny Cash stood in support of the Seneca. "I thought it was going to work. There were a lot of negotiations and meetings with senators. They listened to us," said Bowen, trailing off. "I guess I was naïve."

Bowen may have gotten his resolve from having served in the Air Force in World War II, where he flew seven missions in the European campaign and helped to liberate France and Europe from Nazi occupation. He earned aerial gunner wings, was decorated with four Campaign Stars, the Distinguished Unit Citation, the WWII Victory Medal, the Good Conduct Medal and marksman badges. In 2019, Bowen was the first Seneca and only the second Native to receive France's highest military award: the French Legion of Honor. This past summer, he was inducted into the New York State Senate Veterans Hall of Fame. Bowen was also an ironworker for 35 years, building bridges and buildings in Erie, Pennsylvania, and Pittsburgh. Between his heroics in WWII and his experience on the high beam, combined with his belief in the treaty obligations, he maintained confidence in his nation's efforts.

Ralph Bowen on the Main Street bridge in Salamanca with a little cousin, Cecil "Zeke" Johnnyjohn. (Photo courtesy of the Bowen family) Red Jacket, one of the Seneca signatories to the treaty, stated that the business of the agreement was to "brighten the chain of friendship" between the

16

Back in the '60s, there were councilors who simply felt like "you can't fight the government," said Dennis Bowen Sr. "Some of the other councilors didn't share his faith in the treaties or take

COMMUNITY NEWS

During the course of Kennedy's presidential campaign, he made suggestions and promises in speeches that kept alive the Seneca's hope. "Kennedy was making a deal with the governor of Pennsylvania, with the steel industry, while placating us," said Dennis Bowen Sr. But once in office, Kennedy bowed to Pennsylvania's industrialists and the Pittsburgh elite, namely Carnegie Steel and the Heinz family, acquiescing to the federal claims of eminent domain.

When the nation received the Kennedy letter, it shook the community. "The people were just in a state of shock," Dennis Bowen Sr. said.

Kennedy's letter of 1961 is encased in glass, part of a permanent exhibit at the Seneca Iroquois Museum on the Allegany territory. It effectively broke the oldest treaty on the books.

It also broke the people's spirit and their hearts. Even after the letter cemented their fate, there was still so much that was unknown — what was going to happen to people's homes and when.

The Army Corps of Engineers painted giant Xs on the homes slated for destruction. Rebecca Bowen, Ralph's daughter, was just 11 years old at the time. She would sit outside and watch the bulldozers clear the land and flatten houses.

"I would yell at them. But no amount of hollering was going to stop the trees from being leveled or the land from being taken," Becki Bowen said. "Once Kennedy signed off, the fight was over."

"People were angry," said Ralph Bowen. "There was a lot of sadness. The older generation would talk among themselves about how we were deceived."



This undated photo shows the Bowen home burning to make way for the Kinzua Dam. (Photo courtesy of the Seneca Nation Archives)

Becki Bowen saw the footage for the first time. "It was a shock," she said. "It still makes me so sad."

Even after dealing with the impact of the government's failure to honor the treaties, Ralph Bowen still believes in the power of the treaty.

"It's not just a document; it has life," he said. To this day, the Canandaigua Treaty provides for annuity cloth distribution to the Seneca in the form of unbleached muslin. While on its face, the treaty cloth may seem a relatively insignificant gesture, it is emblematic of the continued affirmation of the treaty obligations.

The Kinzua period was a time of great uncertainty; the destruction of people's homes, the removal from their homelands, and the loss of place was heartbreaking and was physically devastating to some, particularly the elders. Dennis Bowen Sr. said the flooding of the lands so devastated the people, that in the short two-year timeframe after the removal, some got sick and died. "It was trauma and heartbreak," he said. The fight to oppose the dam occurred during the Termination Era, in which the federal government called for the eradication of tribes.

If a lesson emerged from Kinzua, it was one of survival. The elder Bowen said: "What came out of it is, we held on."

The Seneca Nation utilized the compensation fund to build new homes and administrative buildings, and, most significantly, they used the money to establish an education fund for scholarships. "Before Kinzua, few kids even graduated from high school. It helped educate many Senecas. Now we have lawyers and teachers," Bowen said. "We don't have to be stuck anymore."

The commemorative walk and removal events began in the 1980s. In the early years, the older people didn't want to participate. "They would say, 'We don't want to relive that time.' It was too difficult," Dennis Bowen Sr. said.

Now, every year when the days grow shorter and the leaves on the trees in the hilly terrain of the Allegheny mountains begin to burn orange, yellow and red, the Seneca people gather at the Red House Bridge to remember how their houses were set ablaze and burned to the ground as the United States dispossessed them of their homelands. Seneca people are encouraged to do their own walks in commemoration of the historic removal.

Bowen has never ceased from stressing the importance of the treaties, despite the tribe's failed attempts to flag them and use them as a shield from Kinzua.

Bowen's daughter Becki said that when she was a young girl, her father often talked about the treaties and the nation's sovereignty. "He always said, 'As long as we have land, they will always be after us."

The federal government may have succeeded in building the dam and flooding a significant portion of the Allegany lands. Kennedy and those in Congress in the 1960s may have broken the Canandaigua Treaty. The Seneca people may have buckled, they may have bent, but they were not extinguished. They, like Ralph Bowen, have lived to tell; lived to tell a story of struggle and survival. The Seneca story of Kinzua is a sad, familiar story of dispossession shared by many more Native people throughout Indian Country; an all too common thread, woven in the fabric of history.

The Seneca Nation's continuation of the annual Remember the Removal seeks to ensure that with each step taken on the commemorative walk, the traumas of the past are not repeated, the treaties will never again be violated, the land will remain protected, and the people will prosper.

Leslie Logan, Seneca, is a writer and PR consultant who has written for Indian Country Today, the National Museum of the American Indian, Aboriginal Voices, Indigenous Woman and several anthologies. She has served as communications director for the Seneca Nation and the Saint Regis Mohawk Tribe.

The Army Corps of Engineers burned the Bowen family house to the ground. In the late 1980s, the fiery image of the Bowen house ablaze was part of the footage included in the documentary "Lands of our Ancestors." At its premiere, In February of 1964, the Seneca remained in a quandary and still had yet to receive any sort of settlement or relocation compensation. Finally, in 1967, the federal government arrived at a \$16 million settlement with a hitch: The Seneca were to submit a plan for their own dissolution. The caveat, however, was rejected; the Seneca refused to be erased.

In 2020, this year of the COVID-19 pandemic, the Remember the Removal commemoration will, like many things, be virtual. Rather than a public gathering, the

17

Source:

https://indiancountrytoday.com/ news/oldest-seneca-citizen-sharesstory-of-tribe-s-struggle-survivalmgAyTSQLVUa-NfivzrJKAA?fbc lid=IwAR3kpRJxye6HuZrlA1eTv NOJi9ik4uQRUBdcapwll7gwKhZ CaMXaDLrK6EY

1st Annual Cousin Brownie Holiday Give Back

Helping to make kids happy this holiday season!



This year Franky Brown partnered with the Seneca Nation Child and Family Services to launch the **1st Annual Cousin Brownie Holiday Give Back** to benefit Seneca families from the Allegany and Cattaraugus Territories. Their website (http://cousinbrownie. org/) was created to help buy Christmas presents from Amazon and have them sent their way to make sure they got to some of our ace kids!

The circumstances of the past year have increased requests for food, toiletries, and household supplies. Those that were willing and able, donated via Venmo (@CousinBrownie) or PayPal. Franky and his partners made sure grocery store gift cards were delivered to those who needed them the most. All donations (100%) went

Agwadeyësta' Do:gë:h Christmas Thank You Submitted by Don "Flip" White

To our valued Customers, Donors, and Community:

Agwadeyësta' Do:gë:h wants to take a moment and offer our thanks and appreciation to all of you. We have been blessed to live in a loving and generous community; our growth and success is only possible through all of you.

Our volunteers totally enjoy this type of work and remain committed. Language revitalization is a wonderful cause and we can't thank you enough. The relationships that we are building are priceless; people and relationships make this world go round. Your generosity has enabled us to assist, share, and care for others in ways we didn't think were possible.

Our world is upside down right now and people are in a state of

directly to the community. Every little bit helped, and no donation was too small.

Cousin Brownie also encouraged those to shop local. All though Christmas will have passed by time you read this, if you wish to send direct, mail to:

Cousin Brownie PO Box 299 Lawtons, NY 14091

For every \$10 spent on toys or by cash donation individuals were granted one (1) entry into a raffle that included league gear, apparel and jerseys or equipment autographed by pro players.

The results of the raffle items took place on December 19th, 2020 and winners were announced on Frank's Instagram — @browniee_83, so follow Frank to keep up! All donations, no matter how big or small, were entitled to receive a Cousin Brownie Christmas card. If you didn't receive yours, email your address to Cousin-Brownie83@gmail.com.

As the great Clark Griswold said, "this isn't charity, it's family." Cousin Brownie was inspired by that same sentiment – the love of family and what it means within our communities. The true meaning of the Christmas spirit! In Seneca we say O'tgönönyö:', which can loosely translate to, "I thank you, I give my respect/love".

NCAI Commends Decision by Major League Baseball's Cleveland Franchise to Change Its "Indians" Name

December 14, 2020 | www.ncai.org

WASHINGTON, DC | The National Congress of American Indians (NCAI) commends today's announcement by the Major League Baseball (MLB) franchise in Cleveland to retire its "Indians" name and mascot, which the team has used for more than a century. Cleveland arrived at this landmark decision following an extensive, multi-faceted process to engage with and learn from tribal nations, leaders, scholars, local and national Native organizations, and Native people from all walks of life about how the team's name impacts them.

America about what respect for tribal nations, cultures, and communities entails, and how sports mascots like the 'Indians' prevent our fellow Americans from understanding and valuing who Native people are today, what makes us unique, and the many contributions we make to this country," said NCAI President Fawn Sharp. "The genuine commitment the team has made to listen to and learn from Indian Country over the past several months is to be applauded, and the process the team used should serve as a

worry; but you should know that your friendship and support provide us the light and energy to keep moving forward.

All of us at Agwadeyësta' Do:gë:h and Nearly New want all of you to know that if we can ever assist anyone in anyway, please let us know. Let's all look out for one another and stay safe.

To all of you, Merry Christmas and a Happy New Year!

Peace, The Agwadeyësta' Do:gë:h Group "Today's announcement represents a monumental step forward in Indian Country's decadeslong effort to educate

18



blueprint for sports teams and schools across the nation as this movement for racial justice and inclusion continues to grow."

"This decision and the team's ensuing transition to a new name offer us an unprecedented teaching moment, as our work is far from done. We must continue to teach all who will listen the fact that Native people are still here, that we belong to sovereign tribal nations, and that a racially just society must center and celebrate Native people, welcome our perspectives, and value the rich cultural diversity we bring to America's table," said Dr. Aaron Payment, NCAI 1st Vice President. "It also presents an opportunity to honor the toil and sacrifice of those who have fought for so long to enable us to reach this moment, individuals such as Clyde Warrior, Suzan Harjo, Lynda Clause, Faye Brings Them, Ray Halbritter, and Amanda Blackhorse." NCAI joined other national and local Native organizations and leaders, local civic leaders, and academic experts in engaging with the team's leadership during its comprehensive listening and learning process over the past several months, and it is committed to partnering with the team moving forward to share knowledge and information with its fan base, the Cleveland community, and schools across the country about tribal nations,

the mascot issue, and the thoughtful process the team devised to address it.

NCAI is the oldest, largest, and most representative national organization serving American Indian and Alaska Native tribal nations and their citizens, and has been leading Indian Country's movement to eradicate offensive Native "themed" mascots from sports and popular culture for more than 50 years.

DART Spacecraft Outfitted with Next-Gen Technology Demonstration Propulsion System

Jeremy John, lead propulsion engineer for Johns Hopkins Applied Physics Laboratory working on NASA's Double Asteroid Redirection Test (DART), is interviewed in this recent story

By Justyna Surowiec | Justyna.Surowiec@jhuapl.edu | November 24, 2020 | Reprinted from www.jhuapl.edu

Currently coming together in a clean room at the Johns Hopkins Applied Physics Laboratory (APL) in Laurel, Maryland, NASA's Double Asteroid Redirection Test (DART) spacecraft will be outfitted with several new technologies. These technologies will be demonstrated on DART's journey toward its asteroid target Dimorphos that is part of the Didymos binary asteroid system.

Earlier this month, the APL team working on the DART spacecraft installed one of those technologies: NASA's NEXT-C (NASA's Evolutionary Xenon Thruster-Commercial) ion propulsion system. Set for launch next summer, the DART spacecraft will be the first demonstration of a kinetic impactor – a spacecraft deliberately targeted to strike an asteroid at high speed in order to change the asteroid's motion in space. The DART mission was designed to demonstrate this critical planetary defense capability.

primary propulsion system on DART, its inclusion on the mission will allow for in-flight testing and demonstrate the potential for application to future deep-space missions.

APL, which manages and is building DART, led the installation of NEXT-C onto the spacecraft on Nov. 10, with team members from Aerojet Rocketdyne on hand to support the process. Additional team members, including some from NASA Glenn, supported the installation from afar over a video stream.

CAREFUL COORDINATION

The delicate process took an

entire day and relied on the coordinated efforts of the onsite team and their virtual partners.

"The biggest part of that process was lifting the thruster bracket assembly off of the assembly table and positioning it at the top of the spacecraft," said APL's Jeremy John, lead propulsion engineer on DART. "This took some care as the thruster's propellant lines extended below the bottom of the bracket ring and could have been damaged if the lift was not performed properly."

Once the thruster was safely lowered atop the spacecraft's central cylinder, fasteners were



installed to secure the thruster to the spacecraft. The team then connected the electrical harnesses and propellant lines between the thruster bracket assembly and the spacecraft.

The team spent several days preparing critical components to ensure a seamless integration.

"With DART successfully outfitted with NEXT-C, both propulsion systems are now fully installed on the spacecraft," John said, adding that the systems will soon go through spacecraft environmental testing at APL. The tests mimic the conditions the spacecraft will experience during launch and in space.

DART is scheduled to launch on a SpaceX Falcon 9 rocket from Vandenberg Air Force Base, California, in late summer 2021. It is the first flight mission specifically built for NASA's Planetary Defense Coordination Office. Follow the mission at dart.jhuapl.edu.

Developed by NASA Glenn Research Center in Cleveland and Aerojet Rocketdyne in Redmond, Washington, NEXT-C is a solar-powered electric propulsion system designed for improved performance and fuel efficiency compared to its predecessors. Although NEXT-C is not the

The DART team lifted the thruster bracket assembly off of the assembly table and positioned it at the top of the spacecraft, a delicate and challenging move that required several team members to ensure everything went smoothly. "This took some care as the thruster's propellant lines extended below the bottom of the bracket ring and could have been damaged if the lift was not performed properly," said APL's Jeremy John, lead propulsion engineer on DART. Credit: NASA/Johns Hopkins APL/Ed Whitman

19

For more information, visit www.jhuapl.edu.

Source: https://www.jhuapl.edu/ PressRelease/201124b-APL-DARTteam-installs-next-gen-tech-demopropulsion-system?fbclid=IwAR2K SAJIR2UihUIecyzI8TogKs4ZgJg9S SNhRWM3acUdtiOEyXkPFou-Jno

NOTICE TO CREDITORS

ESTATE OF CYNTHIA J. MOHR

Executor: Brian A. Mohr, 8100 Breed Run Rd., Salamanca, NY 14779 ~ Allegany Territory - 1st Notice ~

ESTATE OF HELEN BEAVER Executor: Brandon Beaver, 1737 Seneca Rd., Lawtons, NY 14091 ~ Cattaraugus Territory - 2nd Notice ~

ESTATE OF ALICIA JEMISON Administrator: Sandra Jemison. 12736 Route 438, Irving, NY 14081 ~ Cattaraugus Territory - Final Notice ~

ESTATE OF LANCE TWOGUNS Executor: Lance J. Twoguns, 68 Davey St., Buffalo, NY 14206 ~ Cattaraugus Territory - Final Notice ~

Seneca Nation of Indians SURROGATE'S COURT. **Cattaraugus & Allegany Territory**

Notice is hereby given to all creditors and contingent creditors of the above-named decedents, that all persons having claims against the decedents are required to file them with the appropriate Surrogate's Court, at the Allegany/Cattaraugus Territory. You are also required to mail or deliver a copy to the Administrator/Executor. This notice shall serve to notify creditors that they have ninety (90) calendar days from the date of the first publication of the notice to present their claims to the Administrator/Executor or the Clerk, and the estate may pay only those claims presented. For your protection, you are encouraged to file your claim by certified mail, with return receipt requested.

Nya:wëh Sgë:nö' To All Seneca **Community Members**

Submitted by Lafayette Williams

We at New York Connects would like to let you know that we are still operating during this pandemic of the COVID-19. We can help you with your long-term services and supports and needs for people of all ages, any disability, and caregivers. New York Connects can help you apply for Medicaid, find care and support, get answers about Medicare, learn about supports in caregiving, and much more.

There are two ways to contact us:

By phone. Call 1-800-342-9871. Interpretation and translation services are free. Individuals who are deaf or hard of hearing can use the Relay System 7-1-1. Western New York Independent Living Inc. 1-888-564-5171

Online. Please visit our website: www.nyconnects.ny.gov Please be safe and healthy, Nya:wëh.



NY Connects Your Link to Long Term Services and Supports

Next Newsletter Deadline:

Tuesday, January 5, 2021

(Next issue to be dated Friday, January 15, 2021)

Spring into a NEW you!

Enroll to begin on <u>March 10</u>!

CLASSES LOCATED AT THE SENECA **ARTS & LEARNING** CENTER



COLLEGE



COMPLETE YOUR **ENTIRE DEGREE IN** SALAMANCA

CALL TODAY TO

START THE NEW YOU

CONTACT

Call: 716-664-5100 Text: 716-640-0631

jbc.edu

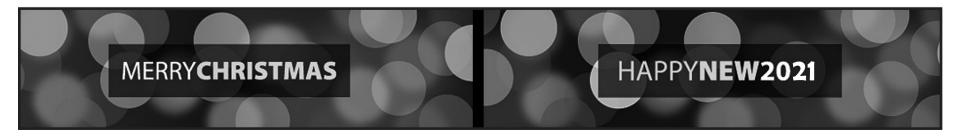
admissions@jbc.edu

Consistent Schedule

- Career-Focused Classes
- Supportive Environment

Seneca Nation **Offices & Buildings** will be CLOSED:

> Friday, January 1st for New Year's Day



January 2021

AOA Nutrition Menu	nal AOA Dail Allegany T		Daily Trips gus Territory	SDA Schedule		
Monday	Tuesday	Wednesday	Thursday	Friday		
AOA Menu: For Allegany please call 716-945-8414 For Cattaraugus call 716-532-5777 to make a reservation or cancel a meal by 9:30am the day prior to the meal	USDA PROGRAM: Call 716-532-1028, Ext 5446 Seneca Nation Area Office for the Aging Menu: SUBJECT TO CHANGE	•		1 Sites CLOSED For New Year's Day		
White chicken chili Crackers Cabbage apple salad ambrosia	5 BBQ pulled pork French fries Peas Oatmeal cookie	6 Meatloaf w/ gravy Mashed potatoes Mixed vegetables Angel cake w/ berries	 7 Traditional Meal White bean sandwich w/ side pork Sweet potatoes Fruit Crisp 	8 Broiled fish Mixed vegetables Dinner roll Mandarin oranges		
	NO TRIPS at t	his time due to the COV	ID-19 Pandemic			
		his time due to the COV	-			
Cattaraugus - call to place your order for timely delivery	Delivery to Oaktree & Newtown	Delivery to Indian Hill & Pinewoods	Delivery to Ozarks, Gowanda & Dayton	Delivery to Irving		
Spaghetti & meatballs Garden salad Steamed cauliflower Italian bread slice Cinnamon peaches	12 Ham & scalloped potatoes Steamed broccoli Pear crisp	13 Macaroni & cheese w/ stewed tomatoes Blueberries Vanilla pudding	14 Oven baked pork chop Applesauce Steamed carrots Dinner roll	15 Salisbury steak w/ gravy Cauliflower Apple crumble		
	NO TRIPS at t	his time due to the COV	D-19 Pandemic			
	NO TRIPS at t	his time due to the COV	ID-19 Pandemic			
Allegany - call to place your order for timely delivery	Delivery to Sr. Complex & Salamanca	Delivery to Jimtown	Delivery to Steamburg & Kill Buck	Delivery to Olean		
Stuffed shells Green beans Dinner roll Chocolate pudding	19 Brunch French toast w/ cinnamor cream cheese topping Yogurt Peaches	20 Beef & vegetable soup Garden salad Whole wheat roll Peanut butter cookie	21 Birthday Party Roasted turkey Roasted potatoes Carrots & green beans Birthday cake	22 Beef stroganoff w/ noodles Roasted brussels sprouts Orange slices		
	NO TRIPS at this time due to the COVID-19 Pandemic					
	NO TRIPS at t	his time due to the COV	ID-19 Pandemic			
Call In Orders until further notice	Call-ins ALLOWED 9am - 3:30pm	Call-ins ALLOWED 9am - 3:30pm	Call-ins ALLOWED 9am - 3:30pm	Call-ins ALLOWED 9am - 3:30pm		
Roasted hot dog Coleslaw Fruit cup Fig newtons	26 Tuna melt Peas Mandarin oranges Lemon glazed cupcake	27 Pork roast Wax beans Sweet potatoes Fruit	28 Grilled chicken Seasoned rice Green beans Jello	29 Beef goulash Roasted cauliflower Garden salad Peach cobbler		
	NO TRIPS at this time due to the COVID-19 Pandemic					
	NO TRIPS at this time due to the COVID-19 Pandemic					
Call-ins ALLOWED 9am - 3:30pm	Call-ins ALLOWED 9am - 3:30pm	Call-ins ALLOWED 9am - 3:30pm	Call-ins ALLOWED 9am - 3:30pm	No Distribution Inventory Day		

21

Foods to Help You Heal

Submitted by Robin Crouse, Health Educator, LRJHC

Whether you are recovering from an illness or a surgery, the foods and beverages you eat/drink can either help or hinder your recovery.

Many foods, including fruits, vegetables , healthy fats, and protein sources, have been shown to reduce inflammation, improve immune function, promote healing, and provide the fuel necessary for you to get on the mend.

Here are a few healing foods to help your body recover.

- Leafy Green Vegetables Vegetables like spinach, kale, Swiss chard and mustard greens are packed with nutrients that decrease inflammation, enhance immune function, and improve wound healing.
- **Eggs** Following surgery, your body needs a lot of protein for wound healing. Eggs are not only an excellent source of highly absorbable protein, but also has nutrients that support immune health and wound healing.
- **Salmon** This fish is packed with protein, B vitamins, selenium, iron, zinc and omega- 3 fats, which promote wound healing, enhance immune response and reduce inflammation.
- Berries Berries provide ample amounts of vitamin C, which promotes wound healing by stimulating the production of collagen – the most abundant protein in your body. They also pack antioxidants like anthocyanin that provide antiinflammatory, antiviral and immunesupporting effects.
- Nuts & Seeds Almonds, pecans, walnuts, and sunflower seeds are a great choice for fueling your body during the recovery process. These

supportive nutrients, including vitamin A, iron, zinc, B vitamins and copper, which is needed for the production of connective tissue and collagen.

- Cruciferous Vegetables Cruciferous vegetables like cauliflower, broccoli, Brussel sprouts, and kale are well known for their impressive health benefits. These veggies pack an array of nutrients that your body craves during recovery, such as vitamin C and B vitamins.
- **Shellfish** Oysters, mussels and clams are loaded with nutrients especially zinc. Zinc is crucial for healthy immune function and helps speed recovery and promote wound healing.
- **Sweet Potatoes** Sweet potatoes are nutritious carb sources that are packed with anti-inflammatory plant compounds, vitamins, and mineralsincluding vitamin C, – that may optimize immune response and help your body recover.

In addition to following a healthy diet full of nutrient-dense foods, other lifestyle modifications support healing.

Rest is essential when recovering from an illness, injury or surgery. In addition, getting enough sleep boosts your body's repair process. In fact, lack of sleep may harm immune function and delay recovery.

Hydration is also important for every aspect of healing and recovery, especially proper wound care. Plus, illnesses that involve fever and diarrhea may increase your hydration needs.

Additionally, you should avoid cigarettes and alcohol when recuperating from illness or injury. Smoking and drinking can delay recovery, impair wound healing, and suppress your immune system.

The 14-Day Quarantine: How to Prepare

When someone is quarantined, that doesn't mean they are infected. Quarantines are meant to restrict the movement of people who may have been exposed but haven't tested positive. The CDC recommends 14 days to see whether symptoms develop (fever, dry cough, and difficulty breathing). It is recommended that you stay in your bedroom, use a separate bathroom if possible, wear a face mask around others, and don't share dishes, towels or bedding.

Quarantine vs. Isolation

- Isolation: separates sick people with a contagious disease from people who are not sick.
- Quarantine: separates and restricts the movement of people who may have been exposed to a contagious disease to see if they become sick

In case of quarantine, be sure to have:

- Food With Long Storage Life Canned goods (beans), frozen food (vegetables), pasta, rice, dried fruits/ vegetables, peanut butter, nuts and oatmeal.
- Water and Liquids The CDC suggests you have plenty of fluids on hand, such as bottled water, Pedialyte or Gatorade.
- Medicine Have a 14-day supply of any prescript tion medications for those in your home.

Also have an extra stock of over-thecounter pain relievers, antacids, cough and cold medicines, and vitamins.

• Other Supplies Make sure you have toothpaste, toilet

foods provide plant-based protein, healthy fats and vitamins that support healing.

- **Poultry** Chicken and turkey contain specific amino acids, which are building blocks of protein, and play important roles in wound healing and immune function.
- **Organ Meats** Organ meats are some of the most nutritious foods you can eat. They boast many immune-

The Bottom Line – When recovering from illness or surgery, you should fuel your body with foods that are high in nutrients that promote healing, get plenty of rest, stay hydrated and avoid smoking and alcohol. *Source: HealthLine paper, feminine supplies, diapers, and laundry detergent as well as cleaning and disinfecting supplies.



*Source: www.cdc.gov; www.who.int

SNHS Employee Spotlight



Randi Lyn Weishan (Mohr), is a certified pharmacy technician located at the Lionel R. John Health Center. Her coworkers call her "Roo the fire ant." She has been at the health system since 2006.

We asked what she likes best about her job and she said "I enjoy seeing and helping my patients. And I love to see my coworkers. Especially my Barbie, who I miss dearly."

Randi says "I grew up here in Salamanca

Tele-Medicine Notice:

For the health, safety and well-being of our patients, employees and communities, tele-medicine, or virtual appointments are available on a case-by-case basis.

Please call your primary care provider to be assessed whether a telemedicine appointment is appropriate for your care.

Nya:weh!



If you have any questions, please contact the CIRHC Referral Department at 532-5582 or the LRJHC Referral Department at 945-5894.

If you have an appointment to

speak to an outside provider by

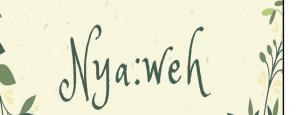
need a referral. Tele-medicine is

outside provider, you will get a

bill if you don't have a referral in

phone or video-chat, you still

a billable visit. As with any



place.

with my mother and two siblings."

We asked about her educational background. She says "I am going back to JCC in the spring to finish a degree I started 17 years ago. I am earing a degree in medical technology."

We asked what she likes to do in her spare time. She said "In my spare time I like to read, take photos and spend time outside. I also bake and do needlepoint."

Thank you Randi for sharing some of your background with us and for being a part of the health system team!



REMINDER

The Cattaraugus County WIC (Women, Infant & Children) Program Services is operational and can take applications, load benefits, etc. Please call the main number at 716-373-8057 to leave a voice message and they will return your call.

FLU CLINIC INFORMATION

Every Wednesday

If you need to schedule on a different day, we can accommodate.

LRJHC patients call 716-945-5894 and ask for Cindy at ext. 3280, Teri at ext. 3317 or Theresa at ext. 3327 to schedule an appointment.

CIRHC patients call 716-532-5582 and ask for Marlene at ext. 5219 or Sharon at ext. 5221 to schedule an appointment.



Nya:weh





<u>NOTICE</u>: Seneca Nation Health System will be closed:

Attention patients arriving to the health centers: If you have been **exposed** to



Thursday, December 31 at noon

Friday, January 1~ New Year's Day

Please make sure to schedule your appointments and order prescriptions

ahead of time.

someone with COVID-19 or are **displaying symptoms** and would like to be tested, please return to your vehicle and CALL the health center to make arrangements.

> CIRHC 532-5582 LRJHC 945-5894

> > Nya:weh



PERSONALS

December 25, 2020

