

SENECA NATION

May 14th, 2021 - visit us at www.sninews.org





A message from President Matthew B. Pagels



Gagwe:göh sgë:nö',

I'm glad you are all well. The months are really flying by this year. We are already into May and starting a busy part of our year. I'm excited for the nice weather for outside activities.

Looking at our COVID Data our reported cases are down considerably. We are at 7 reported cases on Territory as determined by our Health System. Please continue to be mindful of public health guidelines as we are still in a pandemic. New variants continue to mutate and cases continue to

rise globally and as close as Canada. Be proactive and wear your masks in group settings, practice social distancing and keep your hands clean and sanitized. The Health System continues to have vaccination times available for those 16 years and older. As a reminder, it's important to keep the appointment for your booster shot, 21 days for Pfizer, 28 days for moderna vaccines to keep its effectiveness against COVID. To make your appointment contact Teri Cowles at (716) 945-5894 Allegany and Kim Bradley at (716) 532-5582 in Cattaraugus Health.

To date we have given approximately 3,500 prime doses of the vaccines to community members, which is the first shot and 2,500 members are fully vaccinated. This accounts for those who were seen at our Health facilities. Hopefully more have been vaccinated at surrounding locations. Ja:goh to our Health team for your staying vigilant in getting people, and neighbors vaccinated. Nya:wëh to those who have chosen to get vaccinated. We will be most successful with everyone's participation.

We've shared some exciting events over the last few weeks. Seneca Niagara dedicated the new Lounge 101. It's been 19 years since the Seneca People authorized the Nation



Lounge 101 ribbon cutting ceremony with Seneca Nation & Casino executives

to move forward toward a new venture. Now we've been in the Gaming business for almost 20 years. Lounge 101 shares the story of this decision. Nya:weh Seneca Gaming Corporation for helping share our story.

On May 4, 2021 Salamanca High School held the Veterans Park dedication at the completion an excellent capital project. Many Seneca families hold a special place in their heart for the park. The Nation was very happy to consult in the planning process throughout the project. The transformation was amazing to see. The entire community is excited to play on the field and share in the memories which will be created for years to come. The

Make sure to check out the UPDATED COVID-19 Response Hub!

https://covid19.snigis.org

The COVID-19 Response Hub has been updated with a new look for better viewing on mobile devices and computers. It has the latest on testing events and statistics, as well as video PSAs and other important information

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Top photo: **Buffalo Creek** Commemoration, 2017.

> CAR. TR. **MKTG MAIL US POSTAGE PAID** PERMIT NO. 244 BRADFORD, PA



Superintendent Robert Briedenstein reads a land acknowledgment statement on behalf of the Seneca Nation & our rich history on these lands at the Vets Park grand opening

Seneca Nation, Salamanca and the surrounding communities will strengthen the bonds made here.

As always, stay safe, stay strong. Dah ne'hoh dih ae'. Matt



Presidential Updates

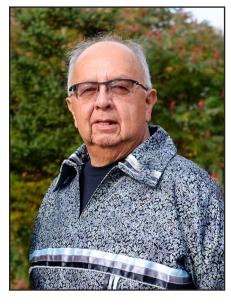
Don't forget to follow & subscribe to the Seneca Media & Communications Center YouTube Channel to watch President Pagels' up-to-date virtual messages!

President Matthew B. Pagels has been addressing important Nation news, the status of all things COVID-19 related on our Territories and everything in between over the course of the last few months via short video clips that are posted to the Seneca Media & Communications Center YouTube channel and other SNI media outlets. So, if you're looking for the most upto-date Nation news, make sure to tune in!

You can also access the Presidential Updates here:

- SNI Official Newsletter website: www.sninews.org
- The Nation's main website: www.sni.org
- Seneca Media Facebook page: www.facebook.com/senecamedia
- Seneca Nation COVID-19 Response Hub covid19.snigis.org
- Seneca Nation Twitter account@theSenecaNation

FROM THE DESK OF THE TREASURER



wear masks.

Greetings,

Spring is here! I hope everyone is enjoying the warmer temperatures and getting outdoors to enjoy some sun. We are slowly returning to our new normal. According to the Centers for Disease Control and Prevention, it is now safe for us to be outdoors without a mask, under certain conditions. We should be fully vaccinated and not in a big crowd. Indoors, they recommend we continue to all

For our Fiscal staff, this is a particularly busy time of year. They have successfully delivered their Fiscal Work Session for Directors and are now turning their attention to budget matters. Beginning in May, they will start the process of budget meetings to lay out the FY22 budget, which will return to the regular 12-month period. This will require several meetings with Executives and Council. In addition, our Comptroller has presented the Six Month Financial Report to Executives and Council, which covered the first half of the FY21 budget season. We continue to await final information on the American Rescue Plan (ARP) of 2021.

Our Treasurer's Office staff continues to assist me with taking care of a variety of projects and tasks. The Special Edition newsletter, addressing the drug epidemic on our territories, has a publication date of June 4th. The mask mail-out project is still in the works and should be completed by the last week of May. Our Budget & Finance meetings continue to go smoothly and all other fiscal items are being attended on a daily basis.

With the weather warming up, I'm personally looking forward to getting outdoors a bit in the coming weeks. I understand I missed out on the leeks and wild onions this year. If there is anything I have missed doing during this pandemic, it's watching lacrosse games! I'm really looking forward to catching some lacrosse, when I can. That reminds me - the newly renovated Veteran's Park in Salamanca is completed and is officially now open and the Salamanca Athletic Department is in full swing.

Although we can now go mask-less outdoors, provided we are fully vaccinated and not in a large crowd; we should continue to wear masks indoors at all times. In addition to the original COVID-19 virus, we're faced with variant strains of the virus spreading. Also, we do not know for certain - whom has been vaccinated and whom has not. Please help to keep our communities as safe as possible by getting vaccinated.

Respectfully, Rickey L. Armstrong, Sr.



Marta Kettle, Clerk CATTARAUGUS TERRITORY



Bethany Johnson, Deputy Clerk ALLEGANY TERRITORY

Please Continue to stay Safe & Healthy!

Hooray it's May!

The Clerk's Office will continue to monitor the current pandemic & practice safety measures that protect the Clerk's Office staff and Community as a whole, please watch for changes. Nya:Weh

CLERK'S OFFICE UPDATE -

Due to concerns with the COVID-19 cases on and near our territories, the Clerk's Office continues to be closed to the General Public. We will remain open with a walk-up window for limited services. Our hours will be Monday through Friday; 8:00 am – 4:30 pm, on both territories. Clerk's Office will no longer be open on second Saturday of the month until further notice.

We encourage members to bring their own pen if needed, as a safety precaution.

NYA:WEH FOR YOUR UNDERSTANDING

SNI ID CARDS

The Clerk's Office is now scheduling appointments for

members who need to update their picture or address for their Nation ID Cards. Please call the office to schedule your next appointment.

William Seneca Building – Cattaraugus Territory – (716) 532-4900 ext. 5000

Cattaraugus Clerk's Office Staff

Marta Kettle – Clerk

Geraldine Huff, Executive Assistant (Notary Public)

Kelly Mohawk, Deeds Recorder

Leslie Cooke, Executive Secretary (Notary Public)

Tammi Stafford, Administrative Assistant (Notary Public)

Ashley Warrior, Administrative Assistant

Lori Waterman, Administrative Assistant / Receptionist Dana Maybee, Business Permit Officer

Seneca Allegany Administration Building - Allegany Territory – (716) 945-1790 ext. 3000 Allegany Clerk's Office Staff

Bethany Johnson, Deputy Clerk (Notary Public) Charisse Ground, Executive Secretary Sue Case, Enrollment Officer Leslie R. John, Enrollment Assistant Kathleen "Yomie" Hill, Administrative Assistant Olivia Sanford, Receptionist

The Buffalo Office Staff & Location - (716) 845-6304 or (716) 951-7555

Buffalo Office works in Conjunction with the Clerk's Office Ramona Marion – Director Stephanie Maybee – Administrative Assistant Judson Logan - Tutor 533 Amherst Street Buffalo, NY 14207 Monday-Friday: 8am-4:30pm

NEWS FLASH – PLEASE READ – DEADLINE APPROACHING SOON!

REGISTRATION

There is approximately 537 adults and children who have NOT completed their annual registration and must do so by June 30, 2021 to continue receiving benefits.

If you have any questions about the Annual In-Person Registration please feel free to call the Allegany or Cattaraugus Clerk's Office and we will be happy to assist you.

ANNUAL IN PERSON REGISTRATION EXTENSION DUE TO COVID - 19

At the Regular Session of Council on January 9, 2021 Council approved a Resolution Extending the In-Person Registration Requirement due to COVID-19.

WHEREAS, the Seneca Nation Council established a general registration requirement for enrolled Nation members to qualify for annuity distribution; and

WHEREAS, the Seneca Nation's Council has since acted on several occasions to amend the in-person appearance and registration requirement; and,

WHEREAS, it is in the best interest of public health and safety of the Nation and its members to extend the In-Person appearance registration requirement for the period of January 1, 2021 through June 30, 2021 due to the COVID-19 pandemic; and,

NOW, THEREFORE BE IT RESOLVED, that all members who completed their 2019 & 2020 registration requirement, will be eligible to mail-in their completed registration form regardless if they are required to appear in person or mail in; and

BE IT FURTHER RESOLVED, that effective January 1, 2021, members who did not meet the registration deadline of December 31, 2020 for the 2021 direct benefits distribution will be eligible for the January – June 2021 payment.

BE IT FINALLY RESOLVED, this resolution will expire on July 1, 2021 and will revert back to Council Resolution R-02-11-17-06, accordingly, all members who have not registered by December 31, 2020 must register by June 30, 2021 to continue receiving direct benefit payments for July 2021- December 2021.

CLERK'S OFFICE FORMS

Completed forms can be mailed along with a copy of your photo identification as proof of identify if you are unable to obtain a notary to: Seneca Nation of Indians, 90 Ohi:yo' Way, Salamanca NY 14779.

All forms are available online at www.sni.org under Clerk's Office documents.

ADDRESSES

Please remember to keep your address current with the Clerk's Office. This includes changes with custody of minor children or legal guardians (Court orders).

BURIAL FUND

A Burial fund has been designated to pay for funeral expenses up to \$7000 for enrolled members. For additional details, please contact the Clerk's Office during regular business hours.

• <u>DIRECT DEPOSIT OF ANNUITY AND/OR ELDERS</u> PAYMENTS

If you would like to sign up for Direct Deposit of your Annuity and/ or Elders Check, you will have to complete the form. The form is available on the web at www.sni.org under Documents/Clerk's Office / Direct Deposit forms or at the Clerk's Office.

- All direct deposit forms MUST have attached a voided check or deposit slip (start-up checks will NOT be accepted).
- Members must be at least 18 years old to sign up for Direct Deposit
- Minors are NOT eligible for Direct Deposit

If you receive direct deposit, it is your responsibility to keep your address updated with the Clerk's Office.

• RELEASE OF MINORS TRUST FUND

In order to begin receiving Minor Trust Fund disbursements. A member must be at least 18 years old and submit the following documentation:

- Application for Release of Minors Trust
- High School Diploma / GED
- Financial Literacy Certificate (http://seneca.cm3solutions.com)

If you need to obtain a Financial Literacy Certificate please contact the Seneca Nation Education Department for details. Contact Info: Allegany Territory - Seneca Nation Education Department (716) 945-1790, traci.pacini@sni.org; Cattaraugus Territory - Seneca Nation Education Department (716) 532-3341, barbara.weston@sni.org.

Welcome and Congratulations to the newly enrolled members of the Seneca Nation!

Welcome our recent enrollments to the Seneca Nation!

Due to Covid-19, the in person requirement for enrollment has been temporarily suspended, therefore we are asking parents who recently have or will be having their child(ren) enrolled and wishes to have their child(s) pictures included in future editions of the SN Newsletter, please email a picture to: Leslie.john@sni.org or Bjohnson@sni.org



John P. O'Rourke (Beaver Clan)

Son of Rochelle Pierce Patterson & John C. O'Rourke Enrollment Date: February 13, 2021



River Cox (Beaver Clan)

Daughter of Sosha & Cooper Cox Enrollment Date: December 13, 2021



Ella Ann Clash (Snipe Clan)

Daughter of Crystal & Nathan Clash Enrollment Date: May 8, 2021



Winter Mae Bucktooth (Snipe Clan)

Daughter of Joleen Pierce & Regis Bucktooth Enrollment Date: February 13, 2021

PUBLIC NOTICE

The Seneca Nation of Indians is currently accepting letters of intent for those interested in serving on the:

SENECA NATION UTILITY COMMISSION (5)

The commission will be comprised of five (5) commissioners, not more then three (3) of whom shall be from one of the Nation's Territories.

Purpose:

The Commission is created for the purposes of managing and operating the utility services that may be created from time to time by the Seneca Nation of Indians, including Natural Gas, electricity, water, waste water disposal and any other utility services that the Council places under the authority of the Commission. Such utility services shall be managed and operated in the public interest, with the primary goal of providing the largest number of Nation members with utility services at the lowest possible costs while maintaining high quality and reliable service.

Eligibility:

At least twenty-one (21) years old, who has earned at least a high school diploma or equivalent and who shall not have been convicted of a felony, is eligible to serve as a member of the Committee.

No company employee or any person with an economic interest in any of the Company's activities shall serve.

If interested, please submit your letter of intent no later than 4:30 p.m. on May 28, 2021.

Mail To:

Seneca Nation of Indians Clerk's Office Attention: Marta L. Kettle, Clerk 12837 Rte. 438 Irving, NY 14081

PUBLIC NOTICE

The Seneca Nation of Indians is currently accepting letters of intent & resumes for those interested in serving on

SENECA GAMING AUTHORITY COMMISSION

The Seneca Nation established a Seneca Gaming Authority to regulate gaming. The Nation Council established a Commission to oversee the regulatory efforts.

Overview

The Seneca Gaming Authority Commission consists of three (3) persons, appointed by the Nation Council, who will receive a stipend as set by the Nation Council. They will serve for a period of three (3) years and may be reappointed at the end of each term.

They are not employees of the Seneca Nation.

One of the Commissioners shall be designated as the Chairperson and shall be additionally responsible for chairing and calling meetings of the SGA Commission and other duties as assigned by the Commission

Commissioners are responsible for actively participating in the Gaming Commission to fulfill their oversight responsibilities; comply with applicable laws and bylaws; conduct Commission business effectively and efficiently; and take such actions that ensure the integrity of the gaming operations. Commissioners must be able to thoughtfully review decisions made by the Executive Director in case of any hearing or appeal.

Commissioners are not responsible for the day-to-day regulation of the Nation's gaming operations. Rather they are responsible for ensuring that the Executive Director performs his or her duties as outlined in the SGA rules, policies and procedures and applicable laws; for ensuring that the SGA has adequate legal representation to achieve SGA goals; and for ensuring that SGA internal audits are conducted to identify inadequacies in the SGA's systems.

Minimum Qualifications:

Five years financial, legal, commission, gaming or law enforcement experience. Board of Directors and gaming experience preferred. Bachelors Degree Preferred. No Felony, theft or stealing convictions Current valid driving license or ability to obtain one within thirty days is required Must be able to successfully pass a preemployment drug/alcohol screen and background investigation. Must be able to be certified as meeting the requirements of Nation Key License. Seneca Preference

The SGA Bylaws and Commissioners duties and responsibilities & rules of conduct are available in the Clerk's Office.

Interested individuals are invited to submit a letter of interest and a resume to the Nation's Clerk at: Seneca Nation of Indians, Attention: Marta L. Kettle, Clerk 12837 Route 438, Irving NY 14081 no later than May 28, 2021.

PUBLIC NOTICE

The Seneca Nation is currently accepting letters of intent for those interested in serving on the following board:

SENECA NATION ELDER ADVISORY SUB COMMITTEE (1 – CATTARAUGUS TERRITORY)

PURPOSE:

- To provide a unified and articulate voice as advocates for the concerns of the elderly aged 60 and over within the Tri-County areas.
- To foster and promote all existing programs designed for the betterment of the elderly residing within the Tri-county areas.
- The Elder Advisory Sub Committee is a voluntary organization which will provide information, guidance, advise and support to the Area Agency to assist in planning, development, coordination and administration of services to older persons.

If interested, please submit your resume and letter of intent no later than: May 28, 2021 to:

Seneca Nation Clerk's Office Attention: Marta L Kettle, Clerk 12837 Route 438 Irving, New York 14081

PUBLIC NOTICE

The Seneca Nation of Indians is currently accepting letters of intent for those interested in serving on the:

SENECA NATION TRAILS COMMISSION (8) 4- Allegany Territory Community Members 4- Cattaraugus Territory Community Members

(This is a non-paid voluntary committee and will meet outside of standard business hours)

Purpose:

The purpose of the Trails Commission is to establish a formal mechanism for coordination and implementation of trail planning and development throughout the Seneca Nation. Coordinated by the Seneca Nation Community Planning and Development Department and Department of Transportation

Qualifications:

Must be a current resident of either the Cattaraugus or Allegany Territory

If interested, please submit your letter of intent no later than 4:30 p.m. on May 28, 2021.

Mail To:

Seneca Nation of Indians Clerk's Office Attention: Marta L. Kettle, Clerk 12837 Rte. 438

1203/ Kle. 430 Irving, NY 14081



PUBLIC NOTICE

The Seneca Nation is currently accepting letters of intent for those interested in serving on the following board:

TRIBAL EMPLOYMENT RIGHTS COMMISSION (TERO) 1 - MEMBER OF ALLEGANY TERRITORY

PURPOSE:

The purpose of the Commission is to exercise the authority and fulfill the obligations of the Commission as set forth by the Seneca Nation Tribal Council pursuant to the Ordinance. The Commission, believing that establishing a TERO Commission/Office is important in order to use the aforementioned laws and powers to increase employment of Indian workers and businesses, strives to eradicate discrimination against Indians.

MEMBERSHIP:

The Commission shall be composed of five (5) Commissioners, nominated by the Seneca Nation President and appointed by the SN Council. At least two Commissioners shall be from the Allegany Territory and at least two commissioners shall be from the Cattaraugus Territory.

• Once appointed to the Commission, a member shall serve a two (2) year term.

The Commission shall be comprised of enrolled Seneca Members and shall have a knowledgeable background in the following:

- Defining and preserving the TERO Mission
- Setting Policies
- Approving Budgets
- Selecting, evaluating and if necessary dismissing an officer of the TERO Commission
- Monitor and evaluate TERO Compliance and quality of service
- Assist with the creating of Strategic Plan
- Support the TERO Office in its efforts to operate in the best interest of the Seneca Nation and the Seneca Nation members.

If interested, please submit your resume and letter of intent no later than: May 28, 2021 to:

Seneca Nation Clerk's Office Attention: Marta L Kettle, Clerk 12837 Route 438 Irving, New York 14081

NOTICE - HEAP

The Low Income Home Energy Assistance Program (HEAP) is accepting applications for the Emergency HEAP benefit. This benefit will run until June 24, 2021 or if the funding runs out, whichever comes first.

Also, The Advocate Program is accepting applications for Electrical Shut-off Notices only, the HEAP Furnace replace/repair program and for anyone who has an extreme medical need for an Air Conditioner. These programs will end on September 30, 2021 or if the funding runs out, whichever comes first. You may pick up an application at the Tribal Advocates Office located on the Cattaraugus (532-4900) or Allegany (945-2655) Territories.

Documentation Requirements:

- ~Doctor's Note (Air Conditioner Only)
- ~Tribal I.D.
- ~Social Security Card
- ~Proof of Address
- ~Current Utility Bill
- **Oak Tree Residents must provide a current rent receipt
- ~Proof of Income
- ~Deed or Home Ownership (Furnace repair/replacement Only)





Seneca Nation Donates Hand Sanitizer To Local School Districts

As Re-Opening Accelerates, Focus On Public Health Protocols Critical To Protect Nation And Neighboring Communities Alike

CATTARAUGUS TERRITORY, IRVING, N.Y. AND ALLEGANY TERRITORY, SALAMANCA, N.Y. – With vaccines in wide distribution and COVID-19 infections dropping, the Seneca Nation is donating hand sanitizer to school districts near its Cattaraugus and Allegany territories, recognizing that a continued focus on simple public health protocols is the best defense against future outbreaks.

The Nation recently delivered one pallet each of 3 oz. containers of Suave hand sanitizer - 4.704 containers per pallet – to the Gowanda, Silver Creek, Lake Shore and Salamanca school districts. "Though it appears we are thankfully nearing the end of the pandemic, it's critical that we don't let down our guard and continue to take all the necessary steps to protect our communities against COVID-19 and other illnesses," said Seneca Nation President Matthew Pagels. "Keeping your hands clean is a simple yet highly effective way to safeguard your own health and the health of others, and the Nation is pleased to be able to contribute these important resources to help our students, their classmates, friends and teachers all stay safe." This donation comes on the heels of the Nation's partnering with the districts to provide COVID-19 vaccines to eligible students and staff, again recognizing that safeguarding public health is a collective effort that requires collaboration across

IN THE NEWS April 30, 2021

2021 Marvin "Joe" Curry Veterans Powwow Cancelled Amid Ongoing COVID-19 Response

Seneca Nation plans to resume celebration in 2022

ALLEGANY TERRITORY, SALAMANCA, N.Y. – As concerns about COVID-19 continue locally and across the United States and Canada, the organizers of the annual Marvin "Joe" Curry Veterans Powwow have decided to cancel the event for 2021 out of an abundance of caution.

The Seneca Nation presented the annual celebration of Native American culture for 30 years before the onset of the global pandemic forced the cancelation of last year's event. The powwow, which features a series of exhilarating dance and drum competitions, attracts competitors and visitors from across the United States and Canada. It is one of the largest powwow celebrations in the northeast.

"We had been hopeful to invite our family

Sanitizer continued...

governments and communities.

"Thank you to the Seneca
Nation for their partnership and
support as we work together
to navigate this pandemic,"
said Dr. Robert Anderson,
Gowanda Central School
District Superintendent. "The
donation of hand sanitizer to
our district is much appreciated
by our school community and
will greatly assist in keeping
everyone healthy and safe."

Lake Shore Central School
District Superintendent Dr.
Charles Galluzzo added, "Our
relationship with the Seneca
Nation has become even
stronger as we work together
to keep our students safe.
This gesture by the Nation is
yet another example of that
partnership, which provides
important and appreciated
resources for our students."

"The Silver Creek Central School District deeply appreciates this donation and our continued joint efforts with the Seneca Nation of Indians to minimize the spread of COVID 19," Silver Creek Central School District Superintendent Todd Crandall said. "It has been gratifying to strengthen our collaboration on behalf of all our students, families and communities."

"A series of small efforts — like keeping hands clean—goes a long way toward

and friends from across Indian Country back to the Allegany Territory this year, but we feel that it is in everyone's best interests to instead focus on 2022," said Seneca Nation Councilor Tina Abrams, co-chair of the powwow committee.

The powwow honors Native American veterans and is named in honor of Marvin "Joe" Curry, a member of the Seneca Nation of Indians' Snipe Clan, who led a long and distinguished career of military service in the United States Navy, serving two tours of duty in the Korean War and also serving in the Vietnam War.

Abrams said the powwow committee was especially hopeful to bring the celebration back after the widespread pain of 2020. Native American communities have

been among the most impacted by the coronavirus. Federal statistics show that the COVID-related death rate among American Indian and Alaska Native people is nearly twice that of white people.

Now, the committee will soon begin plans for the powwow's joyous return in 2022.

"The powwow is about community and coming together," Abrams said. "For Native communities, the dancing, the drums, the songs and the culture bind us together. Being able to celebrate with one another and with our neighbors in the local community is especially meaningful. We're looking forward to a long-awaited reunion and celebration next year."

combatting a wide range of illnesses, including COVID-19," Salamanca City Central School District Superintendent Robert J. Breidenstein commented. "Working together during the pandemic to keep our students and staff safe is one more example of the valued partnership we enjoy with the Seneca Nation."

In addition to its partnership with the school districts, the Nation worked with Cattaraugus County officials to conduct a series of vaccine clinics for County residents at the Seneca Allegany Events Center inside Seneca Allegany Resort & Casino. In all, approximately 1,500 individuals were fully vaccinated at the events.

Native American communities were disproportionately impacted by the coronavirus pandemic, with Native people dying from the virus at nearly twice the rate of their non-Native counterparts. The Seneca Nation has worked tirelessly throughout the pandemic to protect its people and appreciates the cooperation and support it has received during this difficult and challenging time.

Letter: N.Y. State must agree to review of casino pact

In an April 29 editorial, The News called for the U.S. Department of Interior's Office of Indian Gaming to expedite a legal review of the Seneca Nation's gaming compact with New York State.

But the editorial failed to recognize that both the Nation and the state must agree to submit the compact for that review to occur. In a letter to the Nation, the DOI expressed "serious concerns" about the legality of additional revenue sharing payments during the Compact's seven-year renewal period. DOI invited a 45-day review because it never determined the legality of payments beyond the Compact's initial 14-year term.

This review could end a long-running dispute over future revenue sharing payments and prevent years of costly litigation. Unfortunately, the state has refused to pursue the reasonable option of allowing the DOI to weigh in.

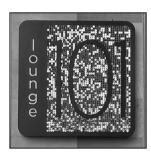
Once again, The News criticizes the nation for fully exercising its legal rights. Arbitrators only interpreted the compact; they did not have authority to determine its legality. We cannot and will not abide by potentially illegal revenue payments, which deprive the Seneca people of financial support and could set a dangerous precedent for other Native nations. We have asked a federal district court to void the prior arbitration award if the state rejects a federal review. The Nation will pursue all legal remedies to protect its interests.

The Nation's gaming investments have greatly benefited our people and created thousands of local jobs, with the state and local governments receiving over \$1.4 billion during the compact's term. We reiterate our call, underscored by your editorial, for the state to cooperate with the Seneca Nation in facilitating the DOI's review so this matter can be resolved quickly and with legal certainty, which is in everyone's best interest.

Matthew B. Pagels President, Seneca Nation of Indians GAMING April 30, 2021

Seneca Gaming Corporation, Seneca Nation Celebrate Opening Of Lounge 101 Inside Seneca Niagara Resort & Casino!

Name pays homage to 2002 referendum that cleared the way for casino development; Dazzling destination now offering hand-crafted cocktails, delicious small plates



NIAGARA FALLS, NEW YORK: (May 5, 2021) – Western New York's leading entertainment resort unveiled a new destination with a familiar name that pays homage to a seminal moment in its history.

Leaders from Seneca Gaming Corporation and the Seneca Nation of Indians gathered

inside Seneca Niagara Resort & Casino today to celebrate the official unveiling of Lounge 101 in the resort's hotel lobby. The name honors the May 14, 2002 referendum vote of the Seneca people allowing the Nation to enter into a gaming Compact with New York State. That measure passed 1,077 to 976 – a margin of 101 votes.

"Nineteen years ago, the Seneca people chose to give our government the authority to pursue a new path," said Seneca Nation President Matthew Pagels. "In doing so, they forever changed the trajectory of our Nation. We are happy to see that important moment memorialized here at Seneca Niagara."

Just seven months after the referendum vote, Seneca Niagara Casino opened its doors. For the first several years the casino was open, Club 101 was a feature destination for guests to enjoy drinks and live music in the middle of the original gaming floor. It was later removed as part of a major renovation and redesign project. Located adjacent to the gaming floor entrance, the new Lounge 101 immerses guests into the energy of Seneca Niagara, providing a convenient spot to meet to enjoy hand-crafted cocktails and delicious small plates at the start or the end of their evening. Lounge 101 is currently open from 3 – 10 p.m. Thursday to Sunday.

Drive Thru Meat/Milk/ Produce Distribution

WHEN: MAY 27, 2021 TIME: 10:00AM

WHERE: Supportive Services Building 210 Thomas Indian School Dr. – ext.

* 30Ibs. Box of Produce/Meat/Milk

LAST GIVEAWAY! WHILE SUPPLIES LAST!

** Homebound residents if interested, please call by 5/26/2021 to the Advocate Program at 532-1028 with your home address and we will deliver to the doorstep. **



THE INSIDE SCOOP WITH DR. LORI QUIGLEY



MAY 2020



Nya:wëh Sgë:nö'! I hope you all are enjoying our beautiful spring weather. Doesn't it feel nice to put away our winter coats and boots and start thinking about summer?

April was a busy month for our Board of Directors. As you know, we held our Stakeholder's Meeting on April 24. We also elected our 2021-2022 officers and committee chairs at our April 15 board meeting. Please join me in congratulating:

Terry L. Nephew Vice Chairwoman

John Y. Waterman, Jr. Treasurer

Geneva A. Locke Corporate Secretary

Natalie N. Stahlman Audit Committee Chairwoman

Jay B. John Compensation Committee Chairman

I am excited to work with this leadership team as we continue to build on our company's growth and success. Until next month, stay well!



GAMING CORPORATION

THE BEST 8 HOURS.COM

How do we kick off the unofficial start to summer? By giving away BIG MONEY.

While Guests can win big all month,

we're saving the best for the last with our \$170,000 Memorial Cash Giveaway! May 28, 29, and 30, Guests on all properties have a chance to win \$1000 in free slot play every hour from 5 PM to 9 PM. At 9:15 PM each night, one lucky winner from each property will go home \$10,000 richer! That's \$19,000 a DAY our Guests can win at each property. Hello, Summer!

INSIDE 8

YOUR BEST

8 HOURS

STARTS HERE

NOW HIRING!

On May 5, our Team Members wore red to recognize the National Day of Awareness for Missing and Murdered Indigenous Women and Girls. As a team, we stand together with those who have been impacted by this human rights crisis that continues to grow across Native communities in the U.S. and Canada.

By encouraging our Team Members to take part in this day, we were able to share the challenges we face and how we can all do our part to protect our Nation's women and girls.

LAUNCH YOUR NEXT CAREER WITH US

Why do we call working at SGC **The Best 8 Hours**? Because every day here is exciting and fun. If you're searching for a career that's filled with non-stop learning, excellent benefits, perks, and more, check out our website: <u>TheBest8Hours.com</u>.

Click on the Seneca Nation Members link to learn more about the opportunities available and how we can help you find the right career path with us. You can also help us spread the word by sharing our Facebook recruitment posts!



Chairwoman, Board of Directors Seneca Gaming Corporation

WE'RE ON A ROLL!

Niagara and Allegany are in the spotlight this month. On May 5, we held a ribbon cutting at Niagara to mark the renaming of The Lobby Bar to **Lounge**101. The name for this sparkling lounge honors the historic moment on May 14, 2002 in which a measure approving the development of our casinos passed by 101 votes. This vote set the course for another historic moment we celebrate in May: The 17th anniversary of our Seneca Allegany Resort & Casino! Ja:goh to all who have made our journey so far a success!

"We consciously try to reflect elements of Seneca culture and history in the design of our properties. We wanted to revive the 101 name because it is central to our company's history and the history of the Seneca Nation," said Lori V. Quigley, Chairwoman of the Seneca Gaming Corporation Board of Directors. "None of what we have accomplished in the years since our doors opened would have been possible without the confidence and strength the Seneca people showed in making that vote."

In the two decades since the historic vote, the Seneca Nation has invested more than \$1 billion to develop its three gaming resorts – Seneca Niagara Resort & Casino, Seneca Allegany Resort & Casino, and Seneca Buffalo Creek Casino. Today, Seneca Gaming Corporation is one of the largest private employers in Western New York.

The new Lounge 101 is a key element of the recently-completed \$40 million Seneca Arrival Experience project, which completely reimagined the atmosphere of the east entrance to the resort, from the moment guests turn into the property from John Daly Boulevard and enter into the hotel lobby. The opening comes as Seneca Niagara Resort & Casino once again celebrates its designation as a Four Diamond Award winner from AAA, and as it prepares for the upcoming summer tourism season.

"One of the reasons Seneca Niagara has remained such a strong and popular destination among our guests is that we always strive to exceed their expectations in every area of our operation," added Seneca Gaming Corporation President & CEO Kevin Nephew. "We're very excited to see how Lounge 101 elevates the experience for all of our guests. As more and more people continue to come through our door, I'm sure Lounge 101 will quickly become a very popular spot with its own unmistakable energy."

Director's Update

By Beth Lay

Nya:wëh Sgë:nö',

I hope you are well and enjoying spring. In April, we celebrated the retirement of Trish Patterson and Karen Bucktooth, two dedicated and valuable staff members at AOA. We will miss them greatly and wish them well in their retirement. Ja:goh!

We continue to work diligently towards reopening our elder centers and hope to begin a carefully planned, phased re-opening of our congregate dining services soon. We are developing new safety protocols, enhancing our cleaning procedures, training our staff, and acquiring new thermal scanners and personal protective equipment. Also, new UV air filtration has been installed into our HVAC systems. We are doing everything that we can to provide a safe and comfortable environment for our elders. As vaccines become more widely available, I encourage everyone to get vaccinated to protect yourselves and our community.

It's a beautiful time of year to be active and spend time outside. If you do venture outdoors for walks or yard work, please remember to be safe and careful. Carry your phone or let someone know what you are doing or where you are headed. You are important to us and to your families.

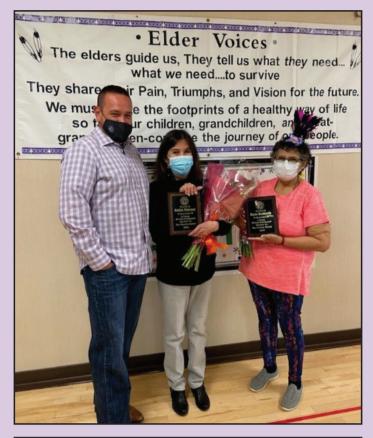
We hope to see you soon! In the meantime, stay safe and stay well.

Reusable Meal Trays

Soon the Seneca Nation AOA will make an exciting change in the trays used for most of our home delivered meals. We will replace the tray you now throw away with a re-usable tray. These trays will be easier to open, will keep your food warm

longer, and are eco-friendly. Re-usable trays also mean supply savings and less waste.

These handsome, easyopening trays will be
collected upon the next
day's delivery. They should
be rinsed out and given to
your driver for return to
the kitchen for sterilization.
You may microwave them,
but do not put them in the
oven. Remember, your driver
cannot leave another meal
without picking up a rinsed
tray and lid from the day







before.

We hope you will enjoy the re-usable trays! If you have any questions, please call our kitchen staff in Cattaraugus or Allegany.

How to Recharge as a Caregiver
If you are a caregiver, you're probably
accustomed to feeling overwhelmed.
Medication schedules, cooking meals
and keeping track of your loved one's
finances are just a few things you
currently juggle every day. It's important
not to lose yourself in the process of
taking care of someone else.

So, here are a few tips to take a short amount of time every day to do something that recharges your batteries and gives you some relief.

Take Time for Yourself - You already have plenty on your plate — it's okay to say no sometimes. This could be declining an invitation to dinner on a stressful day, asking to reschedule a visit with family, or even making arrangements for alone time. Having some quiet time to yourself can reduce your stress, leaving you feeling rejuvenated.

Eat Healthy and Exercise - You don't have to be a gym rat or a gourmet chef to improve your overall physical health. Having a balanced diet can be as simple as choosing more fruits and vegetables and limiting portion size. If you are able, take more walks, stretch daily, and drink more water. Your physical health is important to both you and your loved ones.

Stay Organized - Don't get overwhelmed by all of the information you're in charge of. There are many

different planners, apps, and online tools that can help you keep on track of your to-do's. Find what system works best for you and your loved one, keep copies of important documents and contacts, and make sure other people know how to access important information.

Remember, You're a Care Hero - You took on a new role, without any formal training, and you make a positive impact on your loved one's life every day. Some days are harder than others. Some days are more fulfilling than others. But no matter what, you show up and give your loved one the best care possible. You are resilient, patient, and compassionate beyond belief. We are impressed by what you do every day, thank you.

Source: www.tailoredcare.com

Seneca Energy partners with Seneca Telecommunications

by Anthony Memmo

Seneca Energy would like to announce the inclusion of Seneca Telecommunications (d/b/a Seneca Solutions) into our portfolio of services provided to the Seneca Nation community. As of May 1, 2021, all areas of operation for Seneca Solutions will be carried out by Seneca Energy personnel with support from Tilson Technology and USIP Customer Relationship Management team.

For the time being service will continue as usual with customer service contacts and phone numbers being the same. Ken Lay Jr., leads the Telecom Department with Seneca Energy staff supporting the department. WI-FI support can be reached at 866-415-5191 or senecasupport@tilsontech.com.

We at Seneca Energy are aware of the issues of signal degradation and lack of sufficient download speeds with the WI-FI signal on the Cattaraugus Territory. We will do our best to provide as reliable a signal as possible. New WI-FI equipment has been installed, which has alleviated some issues but not all. The most likely probable cause of signal degradation is what is termed the "Fresnel Signal" zone which is best described as an envelope of space around the line of sight of the tower and the receiver mounted on your home and if that zone is interrupted by tree limbs and summer foliage then the signal is disrupted and degraded.

That being said Seneca Energy has begun the buildout of the Cattaraugus high-speed fiber network as a replacement for the existing WI-FI network. You'll notice tree clearing and utility poles being repaired or replaced as we make-ready for hanging the fiber on the poles. There is still a lot of work to do and we anticipate completing the fiber network in late 2021.

Please see our flyer accompanying this article for more information on requesting service and our partners in this build out. If there are any questions or concerns please do not hesitate to reach out to us at (716) 532-9221 or check us out at https://senecaenergy.com/broadband.



SNI DOT Public Meetings

Long Range Transportation Plan and Broad St. & Iroquois Ave. Roundabout Project

On April 28th, the Department of Transportation held virtual public meetings to cover the Nation's Long Range Transportation Plan and the upcoming Iroquois Ave. – Broad Street Roundabout project. If you were not able to attend the presentations, recordings of both are available at the links below. The DOT will be accepting public comments up until May 28th at 4:30PM and may be addressed to benjamin.anderson@sni.org Written comments may be left with Angela Fernandez in the DOT office on the second floor of the Seneca Allegany Administration Building. If you have any questions, please contact Ben Anderson or Sharon Ray.

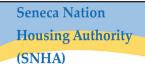
The Youtube links to the videos are below:

Long Range Transportation Plan Public Meeting - https://www.youtube.com/watch?v=G8AvEE-t8jU

Broad & Iroquois Roundabout Project Public Meeting - https://www.youtube.com/watch?v=7rjfUBAHssE









EMERGENCY RENTAL ASSISTANCE (ERA) INTAKE

Senee.mohwak@sni.org

FAX: (716) 532-3892

Robynn.george@sni.org

Fax: (716) 945-5910

PHONE: (716) 532-5000 ext. 7732

PHONE (716) 945-1290 ext. 7721

Senee Mohawk, SNHA Cattaraugus ERA Intake

Robynn George, SNHA Allegany ERA Intake

Guidelines to Income Limits as of July 30, 2020 Person(s)

PROGRAM

RA can help with: **Rent/Current**

and/or Arrears

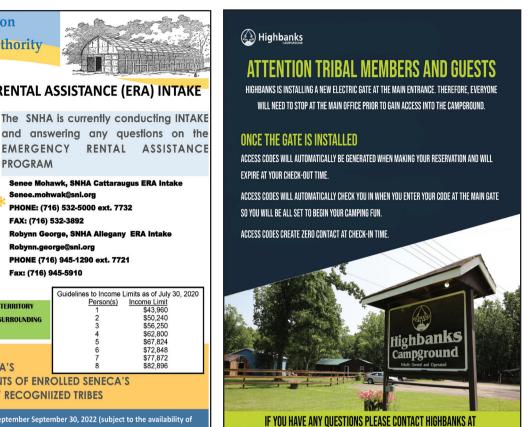
- **Utilities/Current** and/or Arrears
 - Gas
 - Electric Water

 - Other

MAY RESIDE ON OR OFF TERRITORY SERVICE AREA COVERS SURROUNDING TOWNS, CITIES, ETC.

- **ENROLLED SENECA'S**
- FIRST DESCENDANTS OF ENROLLED SENECA'S
- **OTHER FEDERALLY RECOGNIZED TRIBES**

RA Program will run until September September 30, 2022 (subject to the availability of



716-354-2177 OR THE GENERAL MANAGER AT 716-341-2332

Import Export Meeting

Open to the Public w/ limited availability

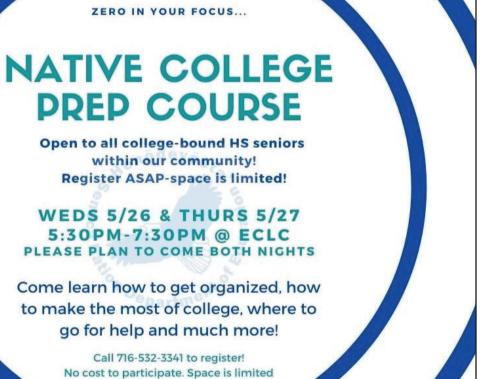
When: May 20, 2021 at 1pm Where: **Allegany Council**

Chambers

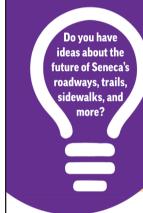
Social distancing will be practiced and a mask is required!

> **Next Newsletter Deadline for** submissions: May 18th Issue to be dated: May 28th





Covid protocols followed



WE WANT **HEAR FROM** YOU!



https://sni.org/departments/department-of-transportation/

TAKE THE ONLINE SURVEY Go to <u>www.surveymonkey.com/r/JTH6BXX</u> or scan the QR code with your phone's camera to fill out the survey and make your voice heard!





LISE THE MAP TO IDENTIFY TRANSPORTATION NEEDS Go to https://bit.lv/3rX\$5o0 to drop pins and leave comments about specific





Training and Employment Resource Center T.E.R.C. - VR Program

If you or a family member struggle to maintain employment due to a documented disability, or think you may benefit from our services but not sure if you qualify we invite you to meet with our staff members.

Native Resource Center on a monthly basis. Meet with our Intake Specialist and/or VR Counselor to learn more. Our goal is to help remove all barriers so you can be successfully employed.

We will be at the BNRC: 533 Amherst St., Buffalo, NY 14207 on the following Mondays and Fridays: 9am-4pm

*April 5th (Mon) & April 23rd (Fri)

*May 3rd (Mon) & May 21st (Fri)

*June 7th (Mon) & June 25th (Fri)

Bring any documentation you have from your medical provider, 3 forms of ID including a proof of address.

RSVP to 532-1033 or 845-6304

Walk-ins Welcome



Job Announcement

Check out Seneca Nations website for job postings at:

www.sni.org

Submit applications/resume for **Allegany Territory to:**

Attn: Shelly Rivas 90 Ohi:yo Way, P.O. Box 231 Salamanca, NY 14779

Human Resources Department Phone: (716)-945-1790 ext. 352 Fax: (716)-945-8676

Email: shelly.rivas@sni.org

Cattaraugus Territory to:

Attn: Darcy Kettle 12837 Route 438 Irving, NY 14081

Iuman Resources Department Phone: (716)-532-4900 ext. 509 Fax: (716)-532-8235

Email: darcy.kettle@sni.org

Drug Awareness Slow RollBy Megan Torres, Reporter. Photos by Seneca Media

On Saturday, May 8th, Seneca Mothers Against Drugs (SMAD) hosted a Drug Awareness Slow Roll that was held on the Cattaraugus Territory. The main purpose of the event was to have the community come together and take a stand against drugs and drug dealers as well as remember and honor loved ones who have succumbed to their addiction. ATV's, motorcycles and motor vehicles were all included in the lineup which began behind the American Legion Post 1587. Attendees were encouraged to create posters to show off during the slow roll. A number of signs that were graciously donated by Nicole Seneca from It Takes a Tribe, were spread throughout the territory.

Before the vehicles left, Sharon Patterson spoke a few words: "I am proud to be a part of SMAD. We are fighting. A lot of these drug houses... there's more than you realize. We have so many in our community affected right now. We said a prayer before we got started today so this event will be successful and peaceful."

Seneca Nation Chief Marshal Travis Jimerson was also in attendance to lead the slow roll along with showing his support. "I am in full support of SMAD and their efforts and reasons for existence. My heart goes out to the families that have lost loved ones." He spoke about the partnership between the Marshals and the Erie County Sheriffs to help combat the drug epidemic. They were also in attendance to help lead the slow roll. Patterson then let everyone know about a known drug dealer's confiscated truck that would be showed off during the slow roll.

The procession of motor vehicles began at the Legion and headed west down Route 438 to the Irving roundabout then back down Route 438. They headed down Brant Reservation Road, turned onto Cayuga Road to Versailles Plank Road. Took a loop around Snow Road and Seneca Road to make their way back to Versailles Plank Road. The final stretch of the slow roll included Ozarks, Bush Road and lastly Pinewoods.

Attendees gathered back behind the Legion where they enjoyed a complimentary Chiavetta's chicken dinner, heard more words from various speakers, were able to gather information and resources from Seneca Strong and TERC as well as participate in a free Narcan training given by Seneca EMS.

A thank you was posted to their Facebook event page that read: "We want to give thanks to all those who helped with making our Drug Awareness Event a huge success! Thank you; to all of our Guest Speakers, SMAD, ERW, Nicole & JC Seneca, SNI Marshals, SNI Presidents Ofc., Seneca Media & Communications, Seneca Strong, Seneca EMS, SNI TERC, SNI Crime Victims and all those who showed their support whether you participated or cheered us

TAKING

on as we road by. We couldn't have done it without you all. It was an AWESOME turn out! A special thank you goes out to our SNI Marshals & ECSD for escorting and conducting the slow roll. You guys did an outstanding job in making sure of our well-being and safety! Many Nya:wëhs for all your support! A stand against drugs & drug dealers! Taking our Territory Back!"



Podcast Gaënö' hits the national airwaves

By Tami Watt, Editor



The Indigenous music feature, Gaënö', has recently been selected to run as a nationally syndicated podcast from Native Voices One. Brett Maybee, disc jockey from the former Seneca Nation WGWE

radio station has crossed over to a national radio program that streams as far as Texas and Alaska. He currently hosts his show from Seneca Media and Communications Center on the Allegany Territory as he continues to network with Indigenous artists across Turtle Island.

"Gaënö' is a music feature of a professionally recorded album released by an Indigenous artist", states Maybee. He chooses artists that are current in the music scene or have a base within the music industry on a professional level.

Gaënö' was initially started by program manager at the time, Michael Smith ,Maybee was actually interviewed as an artist for the show when he dropped his first original LP in 2015. Smith offered him a position for the station on the spot and Maybee eventually became a regular disc jockey at WGWE taking over the reins for Gaënö' in 2016.

WGWE already had an established relationship with Native Voices One (NVI), a leader in bringing Native voices to Alaska, the nation, and the world, and was streaming National Native News for local listeners. NVI distributes work from Native and non-Native producers whose programming educates, advocates, and celebrates Indigenous life and values. Maybee attended a Native Broadcast summit and formed solid relationships with the NVI team that lead Gaënö' into the national spotlight.

Maybee took the show from a half hour to a full hour and gave it a weekly spot on WGWE. Half of the show is an interview with the featured artist, the other half is the music showcasing the album. Finding Indigenous artists was a bit of a challenge initially as there is no specific database for this genre. According to Maybee, "there is still an underrepresentation of Indigenous music in the main stream." He had to network and form partnerships from across the music and radio scene by hosting the Native American Music Awards, making music, and staying current with fellow artists.

This lead Maybee to build his own resources and compile lists of active Native American musicians in a database on WGWE's website. He's hoping to fill a gap for Indigenous artists that wasn't there before.

Maybee has interviewed various artists over the years but a few left lasting effects that helped shape his career. Keith Secoala was encouraging in his early days and when he first started out which gave him the confidence to take his show to the next level. Buffy St. Marie offered Maybee insight to her longevity as an artist as they discussed her work with Neil Young to her stint on Sesame Street and the evolution of digital recording. His interview with Leanne Betasamosake Simpson was an depth outlook on immersing traditions with modern art. When questioned who would be his dream artist to interview, Maybee was quick to say "Robbie Robertson" without hesitation! According to Maybee, Robertson is a standalone force that blazed a trail that wasn't there before.

Gaënö' went national in March 2021 starting with five radio stations picking up the show but it has since doubled to ten stations in the short time it has been streaming. Maybee hopes to gain a national following. The show has the potential to be picked up by 200 stations across Turtle Island.

To listen to Gaënö', tune into to www.NVl. org, www.gaenomusic.fm, Facebook: Gaënö' with Brett Maybee, and Instagram- Gaënö'.

Mother's Day Community Drive-Thru

Photos by Seneca Media

On Friday, May 7, 2021 the SNI H.E.R.O commission handed out Mother's Day flower bundles at the ACC. Nya:wëh to H.E.R.O for providing this to the community! We would like to wish ALL the amazing women out there: our Mothers, Grandmothers, Sisters, and Aunts a Happy Mother's Day!



Happy Anniversary to Seneca Nation Group!

Thank you to the SNG team members providing exceptional service to our customers and for living our core values of quality, teamwork, integrity and professionalism.

Seneca Holdings, LLC Seneca Global Services, LLC Western Door Federal, LLC Executive Protection Systems, LLC Seneca Solutions Great Hill Solutions, LLC

Happy Anniversary

On May 4, 2012 the Seneca Nation received its first federal government contract with the U.S. Army. Today, our **ninth anniversary** of service to our federal government customers, we celebrate that the Seneca Nation Group now operates in 25 states and internationally, actively supporting 16 federal agencies.



Veterans Park Grand Opening

By Tami Watt, Editor

Officials from the Seneca Nation, Salamanca School District and local government were invited Tuesday, May 4th to celebrate the grand opening of the renovated Veterans Memorial Park. Student athletes, coaches and district officials gathered to recognize the completion of the \$16 million multi-sport facility.

Seneca students Carson Redeye and Amos Whitcomb gave the Ganö:nyok, the traditional thanksgiving address given at all events which gives thanks to the Creator for the gifts he has provided for us to live and prosper.

Kerry John, board member and girls lacrosse coach, lead student athletes on field to score the first goal. Grey Nannen threw the first pitch, the Morton's kicked the first soccer goal, and Athletic Director Chad Bartozek had senior football players run in the first touch down before the rain came.

The new park added two lacrosse boxes, a new field house, one of the largest jumbo trons in the area, new turf, concessions, and locker rooms. The complex is expected to draw sports teams from across the region to come play in Salamanca. The new facility will also be the home of the Seneca-Iroquois Veterans Powwow, one of the largest powwows in western New York with the most Smoke Dance competitors.

Superintendent Robert Breindenstein and Board of Education President Theresa Ray acknowledged partnerships with the Seneca Nation are key to the future of this community. The Seneca Nation approved a 50-year sublease and the community approved the project with no tax increase. President Matthew B. Pagels commended the project, "That's why the nation was happy to be consulted in the planning of this project and why so many people have been watching so closely. It's amazing to see the transformation that's taken place. The entire community, not just the youth in the community, but the entire community is excited. Small communities are strengthened by common bonds. I see the great progress and strengthened bonds in the last few years. A congrats must be given to all here today, not only for the opening of the park, but just as important, the educational accomplishments that have been noticed by the Seneca Nation, the region and the state."

Breidenstein introduced a land acknowledgment statement that the school intends to recite at the opening of important events:

"We acknowledge the homeland of the Onöndowa'ga:' – the People of the Great Hill – the Seneca People, Keepers of the Western Door for the Hodinöshöni Confederacy, on whose ancestral land and water the Salamanca City Central School District now stands. We acknowledge that we are standing on the Seneca People's Ohi:yo' Territory in in an area called Onehdahgoh, meaning the place of the hemlock. We honor all past and present Indigenous Peoples connected to this land, and with respect, acknowledge a history of Indigenous People's forced removal from this land. The Salamanca City Central School District acknowledges the diverse community members from Indigenous Nations, their spiritual and physical relationship to this environment, their rights, their resilience, their sovereignty, and their heritage. We acknowledge and stand with all Indigenous People in their staunch resolve to remain connected to this land."



National Nurses Week Photos by Seneca Media

President Matthew Pagels, Executives and Council honored the Seneca Nation Health System Nurses with an appreciation luncheon celebrating National Nurses Week last Friday. We appreciate the hard work and sacrifice they make to keep our community healthy.





Mental Health & Alcohol Awareness Walk/Run

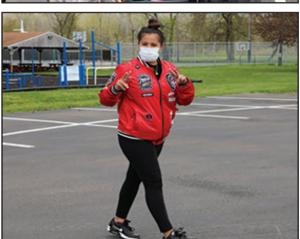
Photos by Seneca Media

On April 30, 2021, a Mental Health & Alcohol Awareness walk/run was held at the Saylor Building. This free event was well attended and offered giveaways, post-race snacks and information booths were set up. The run/walk was held to bring awareness to this important cause. April was Mental Health and Alcohol Awareness Month: two very important topics that impact our community. Let's end the stigma without shame and judgement! The event was brought to you by the CCC, BHU & Haudenosaunee Women's Group. Ja:goh to all participants.













Community Baby Shower Drive-Thru held on Both Territories

The Good Health & Wellness program through the Seneca Nation Health System held a drive-thru Baby Shower in Cattaraugus on April 28th with 52 recipients receiving a goodie bag & a gift card. The drive-thru for Allegany recipients was held Wednesday April 31st.

Ja:goh & Nya:wëh Shaela Mohawk, Heather Ward and your department staff who assisted Please contact Robin Crouse if you missed the event.















CULTURE FORWARD: A Strengths and Culture Based Tool to Protect our Native Youth from Suicide

Ja:goh Rory Wheeler!

Reprinted from caih.jhu.edu | April 2021



We are honored to share CULTURE FORWARD: A Strengths and Culture Based Tool to Protect Our Native Youth from Suicide. In partnership with Casey Family Programs, the Johns Hopkins Center for American Indian Health spent two years listening to Native voices from across Indian Country and scanning Indigenous literature to gather tribally-driven, evidence-and practice-based solutions to prevent youth suicide.

BACKGROUND

Prior to CULTURE FORWARD, the majority of published literature and resources about American Indian/Alaska Native youth suicide tended to be problemand deficit-based, missing essential understandings of Native communities' capacity to promote unique cultural strengths and traditions to protect youth. Every single listening session the Johns Hopkins Center for American Indian Health conducted across Indian Country with Native youth, tribal leaders, Elders, traditional healers, grassroots

traditional healers, grassroots leaders, and others highlighted the vital importance of cultural strengths to prevent suicide.

We responded to this call from stakeholders by designing CULTURE FORWARD with a vision to flip the dominant narrative and elevate Indigenous knowledges, findings and resources that represent strengths-and culture-based approaches to prevent suicide and promote healthy Native youth development.

COLLABORATIVE DEVELOPMENT an iterative, collective effort to include as many Native voices as possible across Indian Country. We spent six months conducting listening sessionswith more than 60 Native stakeholders, including tribal leaders, Native youth leaders, grassroots leaders working to prevent suicide in their communities, twospirit leaders, Elders, traditional healers, and Native veterans/military

developed through

service members. From these listening sessions, five core themes emerged to form the guiding principles and chapters of CULTURE FORWARD.

We also convened a national advisory editorial board (NAEB) to review, edit, and ensure CULTURE FORWARD was fully shaped by Native perspectives. NAEB members shared valuable feedback and input that shaped the final CULTURE FORWARD guide.

NAEB Members

Mikah Carlos (Onk Akimel O'Odham, Xalychidom Piipaash, Tohono O'Odham), GOYFF Project Coordinator, Salt River Pima-Maricopa Indian Community

Colbie Caughlan, MPH, Project Director at the Northwest Portland Area Indian Health Board's Tribal Epidemiology Center

Francys Crevier (Algonquin), Executive Director, National Council of Urban

erative, collective
to include as
Lakota), MSW, LICSW, Federal Agency
Representative National Spicide

Representative, National Suicide
Prevention Consultant, Indian Health
Service

Indian Health

Ashleigh N. Fixico (Muscogee (Creek) Nation), Native Youth Representative

Robert Flying Hawk (Yankton Sioux), Chairman, Yankton Sioux Tribe

Johnnie Jae (Otoe-Missouria/ Choctaw), Founder, A Tribe Called Geek & #Indigenerds4Hope

Josie Raphaelito (Diné), Health Planner, Seneca Nation Health System

Rory C. Wheeler (Seneca Nation), Youth Commission Co-President, National Congress of American Indians

INFORMATION & ACTION

CULTURE FORWARD is designed with implementation in mind. It includes actionable steps that community leaders can take and links to resources containing a wealth of additional knowledge from across Indian Country. We hope this new resource will provide elders, youth and tribal leaders, health and human service providers and other change agents with carefully researched ideas and solutions to leverage unique strengths within tribal communities to protect youth against suicide. We also see this as a first step toward building a national coalition to advance a strengthsbased Indigenous movement to promote tribal youth well-being.

This report was made possible in collaboration with Casey Family Programs, an operating foundation committed to supporting tribes in strengthening tribal nations' capacity to keep children healthy,

safe, and connected with their families, communities and cultures.

New Report from Center for American Indian Health Will Support Culture-Based Suicide Prevention

- Download the report: bit.ly/CultureForward
- Learn more about the collaborative effort: caih.jhu.edu/ programs/cultureforward
- Watch Deb Haaland discuss CULTURE FORWARD: https://www.youtube.com/ watch?v=zZOQsGA9sVE

"I had the honor to be part of this project in collaboration with the John Hopkins

Bloomberg School of
Public Health, Center for
American Indian Health;
Culture Forward. This is
a first of a kind toolkit on
drawing on our strengths
and culture to present
Native youth suicide in
tribal communities."

~ Rory Wheeler, Advocate for Indian Country



CULTURE FORWARD was

Ja:goh Sara Bowen-Isaac, UNO CPACS May 2021 Graduate Spotlight Recipient

University of Nebraska Omaha - College of Public Affairs and Community Service News By Lyndsey Rice | Reprinted from unomaha.edu | April 30, 2021

Emergency Management and Disaster Science student, and soon-to-be graduate shares her experience of why UNO, the College of Public Affairs and Community Service, and Emergency Management were the perfect choice for her undergraduate career.

Meet Sara Bowen-Isaac, a May 2021 recipient of a Bachelor of Science in Emergency Management with concentrations and minors in Tribal Management and Emergency Services and Criminology and Criminal Justice. Sara also earned a certificate in Tribal Management and Emergency Services.

Armed with her bachelor's and certificate, Sara plans to start applying for positions working with the Emergency Management department for the Seneca Nation.

Tell us about your experience as a totally online student the Emergency Management and the Tribal Management and Emergency Services programs?

My experience was amazing. Even when COVID hit and everyone at UNO had to switch over to totally online the instructors still worked through the required topics and were available at any time. Everything that I could have learned in a traditional classroom I feel I learned online. I enjoyed getting my degree online and would recommend to anyone.

What was most beneficial to you about your Emergency Management degree?

Having the Emergency



Management degree and the certificate opened the door for more opportunities in the Emergency Management field. This concentration covered many topics including the history and legal issues for tribal emergency management.

How will your Emergency Management degree benefit you in your career?

This degree will benefit my career by giving me the skills and knowledge I need to better understand the process for different phases of the emergency cycle. Having the education and experience from being an EMT has prepared me for the career I chose.

What did you enjoy most during your time in the Emergency Management program?

I enjoyed working with the instructors so very much!
Each of them was a wealth of knowledge and it was reassuring to know that we could reach out to them at any time.

What was your favorite aspect of the Emergency Management program?

The Emergency Management program was amazing!! Right from the beginning my Advisor, Lyndsey Rice, was right there. I thought that I was going to have

to wait until the Fall semester to start classes, but she had me scheduled to start the very next week. As I progressed through the classes, she brought up the Certificate program and I was extremely interested. She has been an amazing part of my educational journey here at UNO. The faculty and staff have been amazing as well. I was never afraid to ask a question or ask for more clarification on any subject. When COVID hit and everyone who attends UNO had to switch to online, but it did not affect my courses too much. It was my instructors that had adjust from doing in person to totally online. They were amazing during this change and kept up with all assignments and syllabuses without missing a beat.

What was your favorite Emergency Management class and why?

There was not one class that I favored more than the next. Each course I enrolled in covered different areas of Emergency Management and gave an amazing insight to the different areas of Emergency Management.

What advice do you have for students considering the field of Emergency Management?

My advice for those who are

considering this field of work is to just go for it. This field makes you use your critical thinking skills to plan for complex situations and the result is rewarding, knowing that you helped your community survive and rebuild after a disaster.

Sara also gave a special shout out to the Emergency Management and Disaster Science:

Getting to know your instructors can be hard during a semester, especially when classes are totally online. Through my journey at UNO there have been a few staff and faculty members that have been more than amazing to me. Dr. Thomas Jamieson was easy to talk with and when I had a question, he would take the time to explain and make sure that I completely understood the topic. Jordan Zendejas is full of knowledge when it comes to the legal history of indigenous peoples and emergency management. Her classes and information were easy to follow. Her recorded lectures were full of information that made me want to keep digging deeper into the history. Lyndsey Rice was by far the best advisor any college student could ask for. It did not matter what the question was or what she had going on, she was always there to listen and to offer guidance and help. She was a huge part in my journey here at UNO and I am forever grateful for her.

Interested in learning more about UNO's Emergency Management and Disaster Science or Tribal Management and Emergency Services programs? Check out our New Students page.

Source: https://www.unomaha. edu/college-of-public-affairs-andcommunity-service/news/2021/05/ may-2021-graduate-spotlight-sarabrown-isaac.php

News From The Four Corners United Methodist Church

Rte. 438 and Versailles Plank Road, Cattaraugus Territory | Pastor – Holly Brittain 716-930-4661 | HBRIT37014@aol.com Submitted by Marilyn Anderson

May 9th was Mother's Day when we honored mothers, grandmothers, sisters, aunts and other women in our life who have provided us with guidance and love. At the Four Corners church we remembered the mothers who have passed and were an influence on the growth of the church and our lives: Delphina Mt Pleasant, Mamie Williams, Mrs. Windsor Pierce, Frances Jemison, Eleanor Lavis, Lois Jimerson, Girlie John, Ruth Abrams, Lena Pierce, Lori Nephew and Alicia Jemison. We are thankful to them for sharing their lives and wisdom with us.

Our Bible study group continues to study Exodus and the story of Moses. We meet on Wednesday nights at 6:30 in the Four Corners Fellowship Hall. Everyone is invited to join us as we learn more about the Bible. We enjoy the fellowship (and snacks)!

You and your family are invited to join us for word and song on Sunday mornings. We have fellowship time at 8:30 and begin our worship service at 9 a.m. You can contact Pastor Holly directly at the phone number or e-mail address listed above if you have questions about the church or need spiritual guidance. We look forward to seeing you on Sunday. **Peace be with you.**

Poison Blanket – 1763

Attempt to inoculate Indians with smallpox

Submitted by Charlie "Catman" Redeye

British Colonel Bouquet was in Philadelphia when he was ordered to assemble as large of an army as possible and cross the Alleghenies with a convoy of provisions and ammunition for the Western forts.

He reached Carlisle on June 1st. At this point we were called to attention to a suggestion made by General Sir Jeffrey Amherst, then Commander and Chief of the British forces in America.

Evidently learning that small pox had broken out at Fort Pitt, Amherst wrote Colonel Bouquet:

"I wish to have no prisoners! Should any of the villains be met with arms...could it be contrived to send the small pox among those disaffected tribes of Indians?" Bouquet replies:

"I will try to inoculate them with some blankets and take care not to get the disease myself."

As it is a pity to expose good men against them, I wish we could use the Spanish method, to hunt them with English dogs would, I think, effectually extirpate or remove that vermin."

Amherst replies:

"You will do well to try to inoculate the Indians by means of blankets, as well as to try every other method that can serve to extirpate this exorable race."

On June 24th, Captain Ecuyer, Commander at Fort Pitt, wrote this in his journal:

(Continued on page 19)

The Church of the Good Shepherd in Irving

Submitted by Faith Stewart

Everyone is welcome to join us for in person Church services at 9:30 A.M. every Sunday. We have Holy Communion on the first and third Sundays and a Morning Prayer service on the other Sundays.

If you have a loved one buried at Good Shepherd, please come down whenever you can and help remove fallen branches, dead flowers, etc. We would like to keep the cemetery looking nice for Memorial Day. Also, please consider giving a donation to our cemetery fund to help with lawn mower maintenance and gas costs. Checks can be mailed to The Church of the Good Shepherd, P. O. Box 179, Irving NY 14081 or an electronic donation can be made here https://onrealm.org/EpiscopalDioces/-/give/wnynwpa (click on Irving on the fund drop down menu) on our Diocesan website. Thank you!



Cynthia Mohr 5K Run/ Walk Scholarship

April 26, 2021 | Salamanca Warriors



Cynthia Mohr 5k Run/Walk

Sunday, June 6th 10:00am Vets Park

Chicken BBQ Fundraiser to follow

All proceeds will be used to establish a Scholarship in Cindy's Name

For more information visit:

...,

The Class of 2023 will host a 5k Run/walk in memory of Mrs. Cindy Mohr, retired SCCSD teacher who recently passed away. The fundraiser will establish a scholarship in her name to be awarded each year.

Please join us Sunday, June 6, 2021 for a 5k run/walk and chicken BBQ to help raise funds.

Information about registration can be found on our website https://www.salamancany.org/.../page/cindymohr-scholarship

If you wish to donate, please mail a check to:

Salamanca High School Class of 2023 Attn: Mindy John 50 Iroquois Drive, Salamanca, NY 14779

Questions: MJohn@salamancany.org, MRedeye@salamancany.org JNorkus@salamancany.org

Red Jacket Peace Medal Returned to Seneca Nation After More Than A Century

Object of significant historical, ongoing traditional and cultural importance to the Seneca Nation Repatriated

ALLEGANY TERRITORY, Salamanca, NY: The Red Jacket Peace Medal, an object of cultural patrimony under federal law, has been returned to its rightful home with the Seneca Nation by The Buffalo History Museum.

The medal is of central importance to the Nation and was gifted to Seneca Chief Red Jacket by President George Washington in 1792 to commemorate discussions that culminated in the Treaty of Canandaigua of 1794, in which the Seneca Nation played a crucial role. The medal is a symbol of peace, friendship, and enduring relationships among the United States and the Six Nations.

"It is both fitting and gratifying to have the Red Jacket Peace Medal back with the Nation where it belongs," said Seneca **Nation President Matthew** Pagels. "An untold number of artifacts that are of cultural significance to our people - and all Indigenous communities across the U.S. - remain in the hands of private or public collections. The return of the Peace Medal underscores the need for more of these import ant objects to be returned to their rightful place".

The Native American Graves
Protection and Repatriation
Act (NAGPRA) defines cultural
patrimony as objects with
ongoing cultural importance
to a tribal nation, rather
than property owned by
an individual. The Red
Jacket Peace Medal fits this
description, and as such, cannot
belong to any individual or
museum; it is inalienable and
belongs to the Seneca People as
a collective.

The Seneca Nation submitted a formal request for the

repatriation of the Red Jacket Peace Medal in October 2020, and it was returned early this month.

The Peace Medal stayed with Red Jacket for the remainder of his life after he received it from Washington, and he reportedly wore it every day. Upon Red Jacket's death in 1833, the medal was passed down to his nephew Jemmy Johnson, who wanted to sell it to the New York Museum in 1851, but the sale was intercepted by another descendent, Col. Ely Parker.

While in Parker's possession, the medal passed through the hands of several prominent individuals - including President Abraham Lincoln, who reportedly held the medal the day before his assassination. Parker kept the medal until his death in 1895, when it was sold that same year by Parker's widow to the Buffalo Historical Society, (now The Buffalo History Museum). The reality is that no individual can own an object of cultural patrimony. Though the Seneca Nation understands Ms. Parker's intention, it believes she was not authorized to sell the heirloom.

The Museum has served as a steward of the medal and sustained popular interest in it, Red Jacket, and all Seneca communities for more than a century.

"Pursuant to NAGPRA, the Red Jacket Peace Medal cannot belong to any individual or museum; it is inalienable and belongs to the Seneca People as a collective," said Dr. Jo e Stahlman, director of the Seneca-Iroquois National Museum. "Like the Canandaigua Treaty, the Red Jacket Peace Medal is a represent at ion of the ongoing sovereign relationship between

Poison Blanket - Continued

"Out of regard to 'Turtle Heart' and the other Delaware Chief, we gave them two blankets and a handkerchief out of the small pox hospital. I hope it will have the desired effect!"

The incompetent Commander Sir Jeffrey Amherst who suggested the enlisting of small pox under the Banner of England, did not realize the seriousness of the situation.

Fast forward to today.

The Coronavirus that is effecting the entire world is not going to defeat us as a people, no matter what your lineage.

We are fighting for our existence right now, but the enemy is invisible and the enemy cannot be hit by a hatchet or shot by a bullet. But this is not the first "Poison Blanket" we have burned.

After the American Revolution an outbreak of smallpox killed 10 Onondaga Chiefs and extinguished the fire. The confederacy hung in the balance. But we are a resilient people and the fire at Onondaga burns brighter than ever.

Handsome Lake and Jesus Christ were both Healers and they brought hope, peace, love and understanding into a world of crisis.

So walk on faith and trust in

As I go through life and start to realize my mortality, I refer back to my grandfather, Chief Cornplanter, who spoke in front of U.S. Congress and said "I am concerned for the lot of my little ones", which means "peace".

Mother Nature has put us in the "time out" chair for having no respect and treating her poorly.

But like any good mother she loves us regardless and will always care for us.

But! You don't want to hear her say...."Wait until your father gets home!!!"

the federal government and the Seneca People. It has always maintained an inviolable place in our cultural memory."

"As a steward of local history, The Buffalo History Museum must look back at its own history, reassess its collections and the circumstances surrounding artifact acquisition," said Melissa Brown, executive director of The Buffalo History Museum. "Reassessment is not enough, however, action is imperative to ensure that any artifacts of cultural patrimony are returned- in this instance, to the collective stewardship of the Seneca people. I, and all of the Museum, were committed to repatriation of the Peace Medal. Through our continued relationship, we seek to ensure the legacy of Red Jacket and the history of the Haudenosaunee, reinforcing connections to the vibrancy of the Nation that shapes our community today."

"I applaud the Buffalo History Museum for their decisive action to return the Red Jacket Peace Medal to its rightful owners, the people of the Seneca Nation," said New York State Senator Sean Ryan. "The repatriation of Indigenous artifacts is an important process in building strong, meaningful, and peaceful relationships between Native American territories and their surrounding communities. The return of the Peace Medal - an explicit symbol of this relationship - is an especially significant act, and a momentous occasion here in Western New York."

The Peace Medal is now being held at the Onohsagwe:de Cultural Center in Salamanca. It will be available for public viewing soon. A public unveiling event is tentatively planned for May 17; details will be released in the days to come.

Ja:goh Larson Sundown

May 10, 2021 | ritathletics.com

ROCHESTER, NY -- Senior attackman Larson Sundown (Basom, NY/Akron) was named Liberty League Men's Lacrosse Offensive Player of the Week for the week ending May 9, 2021.

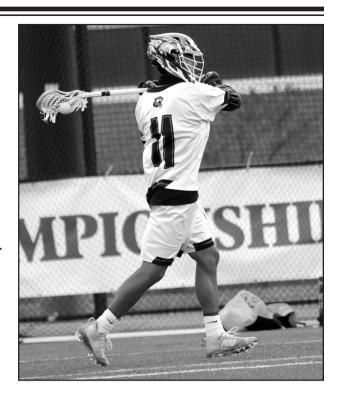
Sundown helped RIT to its ninth straight Liberty League title tallying 10 points on five goals and five assists. Wednesday, he scored three goals and added three assists in an 11-9 win over Union in the semifinals. He scored two goals and had two assists in Saturday's 19-6 win over St. Lawrence in

the title game. He shot 12-of-13 (.923).

RIT received the first round bye and will play the winner between SUNY Cortland and UMass Boston in the second round of the NCAA Division III Men's Lacrosse Championship on Sunday, May 16 at 4 p.m. at G. Larry James Stadium on the campus of Stockton University in Galloway, N.J.

#11 Larson Sundown

A 6' 1" 180 lbs Senior



Traveler Advisory-Interstate 86 pavement rehabilitation in Cattaraugus County

For more information visit: www.dot.ny.gov

The New York State Department of Transportation (NYSDOT) advised motorists today to expect lane closures on Interstate 86 between exits 17 and 20 within the Seneca Nation of Indians Allegany Territory, in the towns of Coldspring, Red House, Salamanca and the City of Salamanca in Cattaraugus County, weekdays from 7 a.m. to 7 p.m., beginning Monday, May 17, 2021.

The lane closures are necessary to facilitate a pavement rehabilitation project that is expected to continue through the end of July 2021, weather permitting.

Beginning on May 17, the eastbound left lane of Interstate 86 will be closed for



approximately three weeks. Afterward, the westbound left lane will be closed followed by the eastbound and westbound right lanes. Work will also take place on the exit and entrance ramps but they will remain open.

Motorists are reminded to Move Over a

lane, if safely possible, or slow down significantly whenever encountering roadside vehicles displaying red, white, blue, amber or green lights, including maintenance and construction vehicles in work zones.

Motorists are urged to slow down and drive responsibly in work zones. Fines are doubled for speeding in a work zone. Convictions of two or more

speeding violations in a work zone could result in the suspension of an individual's driver license.

For up-to-date travel information, call 511, visit www.511NY.org or download the free 511NY mobile app.

SNI Offices & Buildings will be CLOSED Monday, June 14, 2021

In honor of SNI President's Day, which is originally observed on June 15th, this year it will be observed on June 14th.



Nya:wëh Sgë:nö' To All Seneca **Community Members**

(Submitted by Lafayette Williams)

We at New York Connects would like to let you know that we are still operating during this pandemic of the COVID-19. We can



NY Connects Your Link to Long Term Services and Supports

help you with your long-term services and supports and needs for people of all ages, any

disability, and caregivers. New York Connects can help you apply for Medicaid, find care and support, get answers about Medicare, learn about supports in caregiving, and much more.

There are two ways to contact us: **By phone**. Call 1-800-342-9871. Interpretation and translation services are free. Individuals who are deaf or hard of hearing can use the Relay System 7-1-1. Western New York Independent Living Inc. 1-888-564-5171 **Online**. Please visit our website: www.nvconnects. nv.gov . Please be safe and healthy, Nva:weh.

Land Wanted on Cayuga Road for Purchase by Seneca Nation

The Seneca Nation will be constructing a new wastewater collection system on Cayuga



Road on the Cattaraugus Territory. As part of the project a small parcel of land is needed to construct a pump station. The parcel should be approximately 30 ft by 30 ft and have frontage on Cayuga Road. The Seneca Nation requests interested landowners, possessing a deed, to contact the health engineer,

Joel Merrill, at (716) 945-5894 or joel.merrill@senecahealth.org for consideration.

Office Space/ Hair Salon Space AVAILABLE TO RENT! On the Cattaranaus

On the Cattaraugus Territory

Located at 12232 Brant Reservation Rd., Irving, NY

Call 716-549-4710 or 864-0551 for more information.

NOTICE TO CREDITORS

ESTATE OF VERNON JIMERSON

Executor: John Jimerson, 40 E. Summit St., Lakewood, NY 14750 ~ Allegany Territory - Final Notice ~

ESTATE OF AMELIA WATT

Co-Executors: Stephen Watt / Lana Watt, P.O. Box 159, Steamburg, NY 14783 ~ Cattaraugus Territory - Final Notice ~

ESTATE OF ARTHUR GORDON

Administrator: Stephen Gordon, 67 Fawn Ave., Salamanca, NY 14779 ~ Allegany/Cattaraugus Territory - Final Notice ~

ESTATE OF STEVEN SCHINDLER

Administrator: Barbara Thompson, 14163 Route 438, Gowanda, NY 14070 ~ Cattaraugus Territory - Final Notice ~

ESTATE OF KENNETH E. WATT

Administrator: Donna M. Eagan, 903 90th St., Niagara Falls, NY 14304 ~ Allegany/Cattaraugus Territory - Final Notice ~

ESTATE OF KYLEN JAMES WHITE

Administrator: Carlyn Larkin, 3602 S. Authority Rd., Kill Buck, NY 14748 ~ Allegany/Cattaraugus Territory - Final Notice ~

ESTATE OF DARRYL JOHN

Administrator: Penny John, 490 Broad St., Salamanca, NY 14779 ~ Allegany/Cattaraugus Territory - Final Notice ~

ESTATE OF GRACE LOOMIS

Executor: Donald Loomis, 68 Genet St., Dunkirk, NY 14048 ~ Cattaraugus Territory - Final Notice ~

ESTATE OF ARNOLD JAMERSON

Executor: Charles Jamerson, 12841 Route 438, Apt. 249, Irving, NY 14081 ~ Cattaraugus Territory - 2nd Notice ~

ESTATE OF SUZANNE NEPHEW

Administrator: Gloria J. Nephew, 38 Thompson Ln., Irving, NY 14081 ~ Allegany Territory - 2nd Notice ~

ESTATE OF WINIFRED JOHN

Administrator: Esther Maybee, 8320 Old Route 17, Salamanca, NY 14779 ~ Cattaraugus Territory - 2nd Notice ~

ESTATE OF ELIZABETH WATERMAN

Administrator: Rose Guthrie, 2511 Brighton Ave. NE, Minneapolis, MN 55418 ~ Cattaraugus Territory - 2nd Notice ~

ESTATE OF JOHN WATERMAN

Administrator: Rose Guthrie, 2511 Brighton Ave. NE, Minneapolis, MN 55418 ~ Cattaraugus Territory - 2nd Notice ~

ESTATE OF RAYMOND C. SUNDERLIN

Administrator: Laura Cooper, 3638 Center Rd., Salamanca, NY 14779 ~ Allegany Territory - 2nd Notice ~

ESTATE OF SHARON L. JOHN

Administrator: Stephanie L. John, 44 Seneca St., Apt. 33, Salamanca, NY 14779 ~ Allegany Territory - 2nd Notice ~

ESTATE OF CORRINE B. MARTIN

Administrator: Denise Bennett, 12553 Route 438, Irving, NY 14081 ~ Allegany Territory - 1st Notice ~

ESTATE OF BETTY JACOBS

Executor: Richard Rubeck, Jr., 12149 Brant Reservation Rd., Irving, NY 14081 ~ Cattaraugus Territory - 1st Notice ~

ESTATE OF ABBIE DOXTATOR

Administrator: Susan Abrams, 12560 Route 438, Irving, NY 14081 ~ Cattaraugus Territory - 1st Notice ~

Seneca Nation of Indians | SURROGATE'S COURT | Cattaraugus & Allegany Territory

Notice is hereby given to all creditors and contingent creditors of the above-named decedents, that all persons having claims against the decedents are required to file them with the appropriate Surrogate's Court, at the Allegany/Cattaraugus Territory. You are also required to mail or deliver a copy to the Administrator/Executor. This notice shall serve to notify creditors that they have ninety (90) calendar days from the date of the first publication of the notice to present their claims to the Administrator/Executor or the Clerk, and the estate may pay only those claims presented. For your protection, you are encouraged to file your claim by certified mail, with return receipt requested.

HEALTH April 30, 2021

May is Women's Health Month

Submitted by Robin Crouse, Health Educator, LRJHC

Healthy habits are the best way to avoid disease, prolong your life, and live happy. However, in the chaos of a woman's daily life, healthy living may take a back seat to chores, work, busy schedules, and more.

Take these simple steps toward a longer, healthier life.

Get Moving: Exercise is one of the best ways to prevent heart disease and keep your ticker strong. It is also beneficial for your mental and bone health. Mix routines and keep your exercise plans exciting by trying different activities.



Eat a Balanced Diet:

Eating a balanced diet starts with avoiding unhealthy foods. Packaged

and processed foods are often full of sugar, salt, unhealthy fats and calories. Avoid the fake stuff and opt for the good stuff like fresh fruits and vegetables, whole grains, fiber rich foods like beans and leafy greens, lean cuts of meat and poultry and low-fat dairy.

You can take a daily multivitamin but eating vitamin rich foods serves up the extra benefits of healthy fiber and minerals. Eating a variety of foods in a variety of colors should help you meet your vitamin, mineral, and fiber requirements without the need for a supplement.

Healthy Aging: Aging is part of growing older and wiser, but that does not mean you have to take the inevitable aches and pains lying down. For women, healthy aging depends largely on healthy living. That is a great way to prevent you from feeling beyond your years. This includes eating a healthy diet, staying active and having regular health screenings.

Healthy aging also emphasizes things you should not do such as using tobacco products and drinking excess alcohol. You can help slow aging by learning to

manage stress and cope with mental health issues that naturally arise throughout your life.

Aging is not just, how your body feels, however. It is also how it looks. To protect against wrinkles, age spots, and even cancer slather on sunscreen, wear protective clothing and sunglasses! If you see any changes in freckles or new or unusual spots, see your doctor.



Visit the Doctor: Other than just when you are sick, you should make sure to visit your doctor regularly for checkups and screening exams. You should have blood

work; check your blood pressure and weight, and other preventative testing measures done at your yearly physical. These tests can nip potential issues in the bud. Remember Prevention is your best Protection!

*Source: Healthline

WHAT YOU CAN DO ONCE YOU HAVE BEEN FULLY VACCINATED

Visit inside a home or private setting without a mask with other fully vaccinated people of any age Visit inside a home or private setting without a mask with one household of unvaccinated people who are not at risk for severe illness Travel domestically without a pre- or post-travel test Travel domestically without quarantining after travel Travel internationally without a pre-travel test depending on destination Travel internationally without quarantining after travel Visit indoors, without a mask, with people at increased risk for severe illness from COVID-19 Attend medium or large gatherings



cdc.gov/coronavirus

CS323698-A 04/02/2021

NOTICE:

Seneca Nation Health System will be closed:

Monday, May 31st Memorial Day

Please make sure to schedule your appointments and order prescriptions ahead of time.

Unifying Seneca Nation communities, systems and resources so our youth and families are protected against suicide and substance misuse.



Check us out online for more information about our prevention team, events, programs, and the Youth Clubhouse!

Cattaraugus CHWC

36 Thomas Indian School Drive 716•532•5583

Allegany LRJHC 987 R.C. Hoag Drive 716•945•9001

senecanativeconnections.org



By choosing to get the COVID-19 vaccine, we are caring for the health of our neighbors, our families and ourselves.



3 Reminders:



COVID-19 prevention is still important. We all need to do our part to protect our community until everyone can get the vaccine and COVID-19 rates are low. Continue the 3 Ws: Wear a mask, Watch your distance, and Wash hands frequently.

The vaccine is very effective at preventing COVID-19 only after-all required doses. Make a note for your calendar:

Brand: □Pfizer □Moderna ☐ J&J (only 1 dose needed) Date of dose 1:

Date of dose 2:

It is common to experience side effects such as soreness, tiredness and headache for 1-2 days. The vaccine cannot make you sick with COVID-19. If you have concerns, call your health care provider.





For more information:

cdc.gov/vaccines/COVID-19

caih.jhu.edu/resource-library

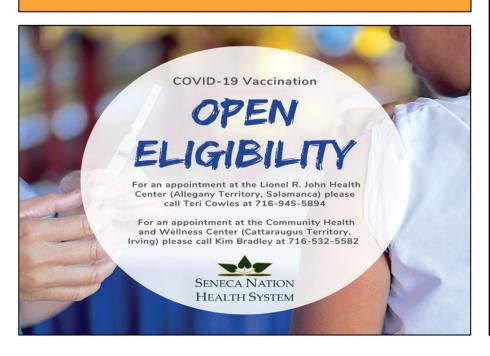
Local Resources:



Seneca Nation Health System

Lionel R. John Health Center 987 R.C. Hoag Drive Salamanca, NY 14779 716-945-5894

Cattaraugus Indian Reservation Health Center 36 Thomas Indian School Drive Irving, NY 14081 716-532-5582



Tele-Medicine Notice:

For the health, safety and well-being of our patients, employees and communities, tele-medicine, or virtual appointments are available on a case-by-case basis.

Please call your primary care provider to be assessed whether a telemedicine appointment is appropriate for your care.

Nya:weh!





If you have an appointment to speak to an outside provider by phone or video-chat, you still need a referral. Tele-medicine is a billable visit. As with any outside provider, you will get a bill if you don't have a referral in place.

If you have any questions, please contact the CIRHC Referral Department at 532-5582 or the LRJHC Referral Department at 945-5894.



