# The Official Mewsletter of the

# SENECA NATION



January 14, 2022 - visit us at www.sninews.org





# A message from President Matthew B. Pagels



Nya:wëh sgë:nö' gagwe:goh (I'm thankful you are all well),

As we start off 2022, we continue to be caught up in the middle of a pandemic. As we gathered for the holidays the Omicron strain of the COVID-19 virus has been gaining momentum infecting thousands of people a day throughout the country. This trend is also evident within our communities here in Allegany and Cattaraugus.

In the first week of January we've had

238 COVID-19 cases in our communities. These are being recorded both through our health facilities and CTS testing sights. Our overall positivity rate is near 15%. In comparison, last year the surrounding counties we considered red zones if their daily positivity rate higher than 5%. We are currently three times higher with this new variant.

Our alarming numbers indicate just how contagious the Omicron variant is. One of the most effective method to combat the spread and to lower the degree of symptoms is to get vaccinated. The vaccination clinic continues to schedule appointments at 716-532-5582 Cattaraugus and 716-945-5894 Allegany Health Centers. You may also schedule online at SenecaHealth.org/ vaccine.

To strengthen our detection efforts we continue to offer and expand testing on territory. Both Allegany and Cattaraugus testing sites have changed to new locations but continue seven days a week from 3pm – 7pm (Allegany). CTS testing in Allegany is at the ACC, located at 3677 Administration Dr back parking lot. Blue Stone testing daily option from 4pm - 7pm for elders and enrolled members is located at the Allegany

DPW building. Photo ID is required and access to an email and/or electronic device is required for the PCR test.

In Cattaraugus, the daily CTS testing is available starting at 1pm-7pm at the Seneca Fire station 2. This is located off of Route 5 behind the Gil Lay Arena. This testing site is available for everyone. Appointments and insurance are not required for CTS.

In addition, to testing sites we have held two drive through at home test kit giveaways for enrolled members. We will continue offer kits as we are able to replenish the supply.

Lastly, we encourage everyone to limit their large group gatherings and continue to follow Covid-19 protocols. With the Omicron variant so contagious mask mandates are important to follow.

A few changes within the Nation to combat the virus are: mandated weekly testing for employees who are not vaccinated, employees and consultants who perform work at the Nation must provide proof of COVID-19 vaccination, we have also restricted large group gatherings within our Departments including activities at the ACC and CCC. Access to Nation

### Make sure to check out the UPDATED COVID-19 Response Hub:

https://covid19.snigis.org

The COVID-19 Response Hub has been updated with a new look for better viewing on mobile devices and computers. It has the latest on testing events and statistics, as well as video PSAs and other important information.

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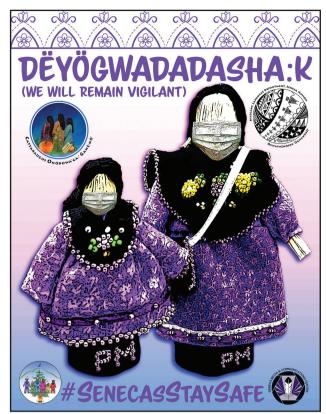
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BRADFORD, PA

facilities will also be restricted requiring appointments only.

We must all continue to do our part in protecting our Nation and one another. You can monitor the COVID-19 situation on our website and social media channels for important updates. We continue to keep our lines of communication open to our community and are open to suggestions on getting the message out to those without social media options.



# Have a Happy New Year and please stay safe, and stay strong!

Dah ne'hoh din ae'

\*PRESIDENT'S MESSAGE CONTINUED ON PG. 5



### FROM THE DESK OF THE TREASURER



### Greetings,

With the holidays behind us and a new year to jump into, I'm looking forward to seeing what 2022 brings for us! So far, we've had a pretty mild winter; but, I don't think the remainder will be as mild. Stay warm and remember to check in on our elders in our communities to see if they are okay or if they need anything.

As previously reported, our Fiscal Department is finalizing several end of year accounting tasks, in addition to making sure routine check processing continues on a smooth, but busy schedule. By now, all of our departments should be operating well, with their new budgets and working on new projects for 2022.

With the surge of COVID-19 cases increasing in New York State, to rates seen in January of 2021, the Seneca Nation has implemented our own Bluestone COVID testing for enrolled Seneca Nation members. In Cattaraugus, the testing is taking place at the Seneca Fire-Irving substation seven days per week, from 3pm-7pm. In Allegany, the testing is taking place at the DPW drive through bays seven days per week, from 3pm-7pm. All together, we have put approximately a dozen enrolled Senecas to work, to carry out this temporary, additional testing option for our community members. This additional testing opportunity will operate for about four weeks, provided the increased need remains necessary. We all want the rates of infection and hospitalizations to decrease, but we won't see that unless we continue to follow a few simple practices. I highly recommend everyone continue to wear facial coverings (masks, shields, etc.) and continue to practice social distancing, as much as possible. One of the most

important things we can all do is - to avoid large gatherings with people whom do not live in our home. This has been a suggestion from day one and continues to be a logical, simple, logistical practice we can all abide by. If you absolutely must be in a large gathering, please maintain a safe social distance and wear a face covering of some sort.

Once again, I remind everyone, we are still operating under emergency COVID-19 protocols which were established in the spring of 2020. This is a global pandemic, which means it is a Seneca community issue, as well. The Omicron strain of this virus is reported to be more highly transmissible than the original virus, but I believe we can come together for the good of our entire communities and do our part to put this deadly pandemic behind us. If you would like to receive a vaccine, please call and make an appointment as soon as possible: Allegany Health, Teri Cowles (716) 945-5894 or Cattaraugus Health, Kim Bradley (716) 532-5582.

Respectfully, Rickey L. Armstrong, Sr.



Marta Kettle, Clerk
CATTARAUGUS
TERRITORY



Bethany Johnson, Deputy Clerk ALLEGANY TERRITORY

The Clerk's Office continues to monitor the current pandemic & practice safety measures that protect the Clerk's Office staff and Community as a whole, please watch for changes. Nya:Weh

### MASKS ARE REQUIRED UPON ENTRY TO ALL SENECA NATION BUILDINGS

The Clerk's Office on the Cattaraugus Territory has re-opened our doors with safety protocols in place. Masks are required at all times and you must social distance while in the Building.

The Clerk's Office on the Allegany Territory will be opening soon, we will remain open with a walk-up window for limited services.

Our hours are Monday through Friday; 8:00 am – 4:30 pm.

We encourage members to bring their own pen if needed, as a safety precaution.

# Please have your SNI Enrollment # ready when you are visiting or calling the Clerk's Office.

We are happy to announce the Allegany & Cattaraugus Clerk's Office are now accepting Credit/Debit Cards as a form of payment for ID's, utility bills, business & fishing licenses, etc.

### ANNUITY CLOTH

ANNUITY CLOTH WILL BE AVAILABLE FOR PICK UP ANYTIME IN BOTH ALLEGANY & CATTARAUGUS CLERK'S OFFICES.

### William Seneca Building – Cattaraugus Territory – (716) 532-4900 Cattaraugus Clerk's Office Staff

Marta Kettle – Clerk
Geraldine Huff, Executive Assistant (Notary Public)
Kelly Mohawk, Deeds Recorder
Leslie Cooke, Executive Secretary (Notary Public)
Tammi Stafford, Administrative Assistant (Notary Public)
Ashley Warrior, Administrative Assistant
Lori Waterman, Administrative Assistant
Dana Maybee, Business Permit Officer
Kayla Huff, Business Compliance Officer
Sarena Seneca, Receptionist

### Seneca Allegany Administration Building - Allegany Territory – (716) 945-1790

Allegany Clerk's Office Staff Bethany Johnson, Deputy Clerk (Notary Public) Charisse Ground, Executive Secretary Sue Case, Enrollment Officer Kathleen "Yomie" Hill, Enrollment Assistant Lexus McClune, Administrative Assistant Amos Vogle, Administrative Assistant

# The Buffalo Office Staff & Location - (716) 845-6304 or (716) 951-7555

Buffalo Office works in Conjunction with the Clerk's Office

Ramona Marion – Director Stephanie Maybee – Administrative Assistant Judson Logan - Tutor

533 Amherst Street Buffalo, NY 14207 Monday-Friday: 8am-4:30pm

### VIRTUAL COUNCIL SESSIONS

The Seneca Nation will be utilizing the virtual online platform "GoToMeeting" for the Council Sessions for enrolled members to have safe access to each Council meeting.

To participate, enrolled members will need access to a computer, tablet or smartphone as well as a valid email address to sign up. To request access, please send an email to: SNGotomeet@sni.org Your emailed must include the following information:

"I would like to register to participate for the Council Date. My information is as follows:

Name:

Enrollment#:

Telephone#

Upon enrollment verification, a reply e-mail will be sent to you that includes a registration link for the meeting.

Please follow the instructions and fill in all requested information when requesting online.

Once registered, another email will be sent with a link to the online Council Session, which will go live at the scheduled meeting date and time.

### **CLERK'S OFFICE FORMS**

Completed forms can be mailed along with a copy of your photo identification as proof of identify if you are unable to obtain a notary to: Seneca Nation of Indians, 90 Ohi:yo' Way, Salamanca NY 14779.

All forms are available online at **www.sni.org** under Clerk's Office documents.

### ADDRESSES

Please remember to keep your address current with the Clerk's Office. This includes changes with custody of minor children or legal guardians (Court orders).

### BURIAL FUND

A Burial fund has been designated to pay for funeral expenses up to \$7000 for enrolled members. For additional details, please contact the Clerk's Office during regular business hours.

### • DIRECT DEPOSIT OF ANNUITY AND/OR ELDERS PAYMENTS

If you would like to sign up for Direct Deposit of your Annuity and/ or Elders Check, you will have to complete the form. The form is available on the web at **www.sni.org** under Documents/Clerk's Office / Direct Deposit forms or at the Clerk's Office.

All direct deposit forms MUST have attached a voided check or deposit slip (start-up checks will NOT be accepted).

- Members must be at least 18 years old to sign up for Direct Deposit
- Minors are NOT eligible for Direct Deposit

If you receive direct deposit, it is your responsibility to keep your address updated with the Clerk's Office.

#### RELEASE OF MINORS TRUST FUND

In order to begin receiving Minor Trust Fund disbursements. A member must be at least 18 years old and submit the following documentation:

- Application for Release of Minors Trust
- High School Diploma / GED
- Financial Literacy Certificate (http://seneca. cm3solutions.com)

If you need to obtain a Financial Literacy Certificate please contact the Seneca Nation Education Department for details. Contact Info: Allegany Territory - Seneca Nation Education Department (716) 945-1790, **traci.pacini@sni.org**; Cattaraugus Territory - Seneca Nation Education Department (716) 532-3341, **barbara.weston@sni.org**.

#### **Seeking Invocators**

The Seneca Nation Clerks Office is seeking Individuals interested in Invocating/Opening with Gano:nyok for Council each month. Anyone interested for Allegany may contact Charisse Ground at Charisse.ground@sni.org, 716-945-1790 ext. 3036 and for Cattaraugus you may contact Leslie Cooke at Leslie.cooke@sni.org, 716-532-4900, ext. 5038.

### **Seeking Non-Profit Organizations**

The Seneca Nation Clerk's Office is seeking Non-Profit Organizations to serve refreshments and or dinner during Council each month. Any Organization interested for Allegany may contact Charisse Ground at **Charisse.ground@sni.org**, 716-945-1790 ext. 3036 and for Cattaraugus you may contact Leslie Cooke at **Leslie.cooke@sni.org**, 716-532-4900, ext. 5038 to request a form. Forms are also available at the Clerk's Office. Any questions or can be directed to Charisse Ground or Leslie Cooke.

We would like to say Nya:wëh for your patience and understanding during this time and please watch for updates as this may change unexpectedly. Any changes will be posted online.

### **PUBLIC NOTICE**

The Seneca Nation is currently accepting letters of intent for those interested in serving on the following board:

### SENECA NATION IMPORT EXPORT COMMISSION (4)

2 COMMISSIONERS FROM ALLEGANY TERRITORY & 2 POSITIONS FROM CATTARAUGUS TERRITORY

### (NON-BUSINESS OWNER)

In accordance with Seneca Nation Import Export Law;

**Article 2. Import Export Commission** 

### Section 2.5. Membership

- A. The Commission shall have eleven (11) members who shall be appointed by Council.
- B. All Commissioners shall be Nation members. Family may not serve together on the Commission. Commission members shall be "public officials" for purposes of the Nation's Ethics Law.
- C. Two (2) Commissioners shall be from the Allegany Territory and two (2) Commissioners shall be from the Cattaraugus Territory. Members appointed under this subsection may not be an owner of a retail business or have an economic or family interest associated with a retail business

If interested, please submit your *resume and letter of intent* by 4:30 pm, on or before January 31, 2022 to:

Seneca Nation Clerk's Office Attention: Marta L Kettle, Clerk 12837 Route 438 Irving, New York 14081

Posted 12/28/2021





### **Next SNI Newsletter Deadline:**

Deadline: Tuesday, January 18, 2022 | Next issue to be dated Friday, January 28, 2022



### PRESIDENT'S OFFICE EXECUTIVE ORDER

### COVID-19 Public Gathering and Travel Restrictions

**WHEREAS**, the Seneca Nation is responsible for the health, safety, and well-being of our members, residents and employees and continues to take precautions to reduce the potential impact of Corona virus Disease 2019 (Covid-19) on our community; and

**WHEREAS**, the Seneca Nation Territories have experienced a drastic increase in individuals testing positive for the COVID-19 virus, in part due to the new "Omicron" variant, and while fully vaccinated individuals generally remain protected from the most severe symptoms of COVID-19, we remain concerned about the spread of the virus; and

WHEREAS, the Seneca Nation COVID-19 Response Task Force has recommended the following additional precautions to help protect our community,

#### NOW THEREFORE IT IS HEREBY ORDERED THAT

- All Nation employees are required to verify their current vaccination status through the completion of the COVID-19 employee forms sent to all employees on January 3, 2022.
- All public gatherings in any Seneca Nation buildings are hereby suspended until further notice. This includes, but is not limited to: sporting events, activities taking place at the Community Centers involving more than 3 non-employees, and any other non-essential gatherings. Employees may continue to conduct internal meetings if necessary in order to continue to provide services, but all employees in attendance must be either vaccinated or comply with the Nation's testing protocols for non-vaccinated employees, wear a mask, and maintain social distancing of at least six feet from each other person. This pause in public gatherings shall remain in effect for 30 days and will be reevaluated upon expiration.
- Access to Seneca Nation buildings is restricted to appointments only for all non-employees for a 30-day period.
- Regular and Special Sessions of Council, including the January 8, 2022 Regular Council, shall be 100% virtual until further notice.
- Travel is hereby restricted for all Seneca Nation personnel for 30 days. The Seneca Nation recommends against personal travel for its employees. Fully vaccinated employees who choose to travel will not receive administrative time for personal travel-related quarantines, evaluations, or COVID diagnosis/isolation. Further travel guidelines will be implemented for vaccinated employees.
- For all employees not fully vaccinated, the following travel rules shall apply any time an employee leaves New York State for more than 24 hours, whether on business or personal travel.
  - After you travel:
    - \* Get tested with a viral test 3-5 days after travel AND stay home and self-quarantine for a full 7 days after travel. The employee must use his or her own time (PTO, vacation or EPL) to quarantine and is not eligible for admin time.
    - \* Even if you test negative, stay home and self quarantine for the full 7 days.
    - \* If your test is positive, isolate yourself to protect others from getting infected.
    - \* If you don't get tested, stay home and selfÂquarantine for 10 days after travel.
    - \* Avoid being around people who are at increased risk for severe illness for 14 days, whether you get tested or not.
    - \* Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms.
  - Employees with a work anniversary occurring in the next 30 days and who are unable to utilize their vacation time prior to their anniversary date, shall be paid out up to 80 hours as per existing policy, and may rollover the balance of their vacation time above 80 hours to the following year.
  - Each Department Director is directed to recommend and identify employees who can move to a remote telework arrangement pursuant to the Nation's Telework Policy (passed via Resolution
    - 05- 08-21-35) for their respective department. The recommendations should include a timeframe for the proposed telework, and shall not extend for further than 30 days. The goal of the telework program should be to minimize on-site employees, recognizing the need for employees to provide daycare, wrapÂaround childcare services, and care during quarantines of children.
  - Directors should consider employee/rotations and schedules consistent with the needs of their respective Departments.
  - This order applies to all Nation governmental buildings and Nation employees (not including Gaming Operations or Seneca One Stops).

Dated: January 6, 2022

Matthew B. Pagels, President

Seneca Nation of Indians





### THE INSIDE SCOOP WITH DR. LORI QUIGLEY



JAN 2022



Nya:wëh Sgë:nö' and welcome 2022! Don't you just love the exciting promises the new year holds?

I'd like to kick off the year by welcoming Craig Clark, Seneca Gaming Corporation's Operating Officer. Craig is a 30year veteran of the gaming and hospitality industry and will be responsible for the efficiency of the business including driving revenue, profitability and company growth.

Craig will also work closely with Kevin Nephew, our President and CEO and our Senior Management Team to develop and implement the company's strategic plan. Welcome,

Every industry is predicting a surge in applications following the New Year - don't wait to apply for the role you want! Before great opportunities are scooped up, contact our Leadership Seneca Outreach Specialist, Nikki Seneca, at (716) 807-2704, or visit TheBest8Hours.com.

I look forward to seeing you at the Stakeholder's Meeting on January 22. Until then, stay well!



Chairwoman, Board of Directors Seneca Gaming Corporation

# **HAPPY NEW YEAR**

### **INSIDE DEAL**

Start 2022 with a WIN at Seneca Resorts & Casinos

We're offering thousands of dollars in prizes and cash with promotions like Pucks for Bucks, Fortune Valley, Hi-Lo Sweepstakes and the Friendliest Catch.

Even if you don't love the snow, you'll welcome Cash Flurries for your shot at \$15,000 CASH!

At Allegany, correctly guess the Punxsatawney Prediction kiosk game and instantly win \$15 Free Slot Play, January 30 - February 1.

### **INSIDE 8**

We'd like to congratulate SGC Team Members who are continuing on inspiring leadership

Brad Murphy, Justine Campanella, and Rachael Schosek have been selected for the inaugaral Seneca LEAD program, a joint venture between Leadership Seneca and University at Buffalo Center for Industrial Effectiveness. These participants will become Certified Lean Professionals after completing the program.

Kimberlee Dunlop, Roberta White, and Suzanne Duchene have been accepted into the Leadership Buffalo Class of 2022.

# **VIRTUAL STAKEHOLDERS MEETING**

JANUARY 22, 2022 - 10 AM

Enrolled Seneca Nation members are invited to join the SGC Board of Directors and members of the Corporation's management team for a virtual presentation of the Stakeholders Meeting. We will discuss the gaming facilities updates, as well as the ongoing financial health and well-being of the Corporation.

### **RSVP REQUIRED**

To request virtual access, please email SenecaStakeholders@SenecaCasinos.com no later than Thursday, January 20 at 10 AM.

Please include the following: Full Name, Enrollment Number & Phone Number. You will need access to an internet-capable computer, tablet or smart phone. Valid email address required.

# The Magic of Christmas is in the gift of Giving!

Many "Nya:wëhs" to the team members pictured here who along with their colleagues at the Seneca Buffalo Creek Casino worked together to form a "Seneca Cares" event this holiday season. A collaboration of many departments including the SNI Clerk's Office, the Buffalo Native Resource Center, Leadership Seneca, Table Games, Hospitality, and Slot Operations; the newly created Seneca Cares team was able to serve five Buffalo area families through the Adopt-A-Family initiative. Ja:goh!



### **IMPORT/EXPORT COMMISSION:**

NEXT MEETING:

**JANUARY 20, 2022** 1:00PM ALLEGANY COUNCIL **CHAMBERS** 

Seneca Nation Library Catt-Branch



National Penguin Day is January 20th 2022

We will have Kids Penguin Craft Kits available for

Ages 3-8

Pickup 8am-4:30pm

For more info call: 716-532-9449

### Seneca Nation Library Catt-Branch



January 12, 2022 is National Youth Day Stop by for your "Diary of a Wimpy Kid" fun handouts.

Ages 8-12

Pickup 8:00am-4:30pm



For more info call: 716-532-9449

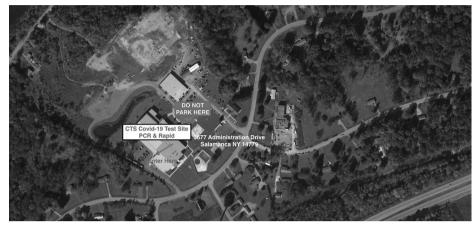


### Seneca Nation Covid-19 ALLEGANY Test Site Update

The Seneca Nation Covid-19 Taskforce has relocated the CTS FREE Covid-19 testing site to the rear entrance of the Allegany Community Center located at 3677 Administration Drive, Salamanca, NY 14779.

Testing hours remain the same. Operations will continue daily for all community members from 3 to 7 p.m. Please be prepared to utilize a smart phone or electronic device for registration. All parties tested will need access to an email account for PCR results. Rapid results can be provided in as little as 15 minutes.

For all questions, please contact Mike Gates, Director, Emergency Management at 716-244-0820. Photo ID required.





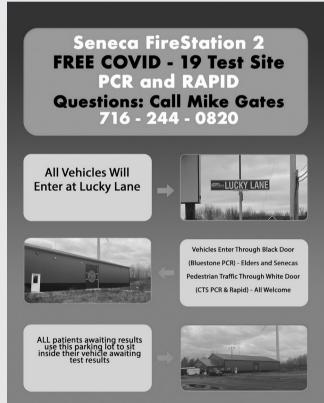
# Seneca Nation Covid-19 CATTARAUGUS Test Site Update

The Seneca Nation Covid-19 Taskforce has relocated the CTS FREE Covid-19 testing site to Seneca Fire Cattaraugus Territory Fire Station 2 located on Erie Road (Route 5) behind Gil Lav Arena.

Testing hours are now expanded from 1 p.m. to 7 p.m. daily. Please be prepared to utilize a smart phone or electronic device for registration. Everyone 18 or older must provide photo ID. All parties tested will need access to an email account for PCR results. Rapid results can be provided in as little as 15 minutes.

For all questions, please contact Mike Gates, Director, Emergency Management at 716-244-0820.





# Midwinters Discussion held Virtually

January 19th @ 6pm on "Google Meet" Hosted by Jordan and Aedzaniyo

To register:
Call the Cattaraugus Education
Department
532-3341



2022 Seneca Nation Calendars coming soon....



A collaboration between Seneca Media and the Seneca Nation Newsletter

# Seneca Holdings Leadership Team visits Seneca Territory

Last month, the Seneca Holdings
Leadership Team held a retreat on the
Allegany Territory of the Seneca Nation.
The trip had many highlights, including a
traditional meal sourced from Gakwi:yo:h
Farms, the Seneca Nation farm. The team
visited the Seneca Iroquois National
Museum, the Nation's bison herd, and the
Allegany Reservoir. These experiences
have given Leadership a much deeper
appreciation of the importance of Seneca
Holdings' mission and opportunity to truly
deliver meaningful benefits to the members
of the Seneca Nation.

Seneca Nation Group Seneca Global Services, LLC Great Hill Solutions, LLC Western Door Federal, LLC Executive Protection Systems, LLC Seneca Solutions

### Serving the Seneca Nation



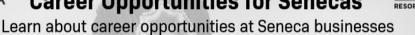
### Leadership Team Visits Seneca Territory

The Seneca Holdings Leadership team held an offsite retreat last month on the Allegany Territory of the Seneca Nation. The team met with several Seneca Nation members and experienced a variety of aspects of life on territory.





# Online Event Career Opportunities for Senecas



Join us virtually for a networking event to learn more about career opportunities at Seneca Gaming Corporation (SGC) and Seneca Holdings.

During this presentation, leadership from SGC and Holdings will describe the career opportunities available to Senecas. Hear directly from:

- Kevin Nephew, CEO, Seneca Gaming Corporation
- > Jeffrey Ellis, CEO, Seneca Holdings

The goal of this session is to make Senecas aware of potential career paths at Seneca owned business. A variety of internship and employment opportunities are available.

January 20, 2022 at 6:00 PM To register, please email:

<u>LeadershipSeneca@SenecaCasinos.com</u> or <u>careers@senecaholdings.com</u>



### **DID YOU KNOW?**



The Seneca Nation Group selects names for its companies that celebrate the culture and history of the Seneca Nation. Western Door Federal refers to Senecas being known as the "Keeper of the Western Door", the westernmost Nation within the Iroquois Confederacy. Great Hill Solutions highlights that Senecas are referred to as "Great Hill People", which is in reference to the hills of their ancestral lands.







# Cattaraugus Community Center USE Update Effective Thursday, January 6, 2022, During the 30 Day Pause issued by the SNI

Regarding the use of the CCC during the "30 Day Pause" issued by the Seneca Nation President's Office, please be advised that at this time, we will adhere to: Appointment based use of the CCC ONLY. CCC members only. Day Pass entrance will be temporarily suspended. We are open to ages 15 & up to reserve a time slot. 14 & under must be accompanied with an adult within the CCC area.

Please call the front desk (716) 532-8450 for availability.

Our hours are 8am-8pm: Monday – Thursday; 8:45am-5pm: Friday – Sunday. The following rules will apply:

\* 3 patron Max per area (CCC members only)

- \* 1hr time slot per area
- \* 15min closure to sanitize

### Areas to book:

- \* Arena A or B
- \* Gym 1: A or B
- \* Gym 2
- \* Walking Track
- \* Fitness Room
- \* Cardio Room
- \* Golf Simulator
- \* Pool (once back open)

Nya:wëh and stay safe!



**SN Disability Services** 

# \*Allegany Territory\*

ALLEGANY RESIDENTS CAN NOW CALL FOR AN APPOINTMENT FOR A PHONE CONFERENCE FOR NEW CLAIMS, APPEALS, RETIREMENT & ALL OTHER BUSINESS

A SSI Rep. will be available on the following dates:

NOVEMBER 17, 2021 DECEMBER 15, 2021 JANUARY 19, 2022 From

9:00AM - 3:00 PM

Due to the COVID 19 pandemic, the Social Security Administration is still closed to the public. The appointments will be through phone conference ONLY until such time it is safe to open back up to the public. Please feel free to contact our office for details.



Phone: 716-532-4900, ext. 5152 Email: Ashley.kennedy@sni.org leanna.leroy@sni.org



### **SN Disability Services**

# \*Cattaraugus Territory\*

CATTARAUGUS RESIDENTS CAN NOW CALL FOR AN APPOINTMENT FOR A PHONE CONFERENCE FOR NEW CLAIMS, APPEALS, RETIREMENT & ALL OTHER BUSINESS

A SSI Rep. will be available on the following dates:

NOVEMBER 24, 2021 DECEMBER 22, 2021 JANUARY 26, 2021 From

9:00AM - 3:00 PM

Due to the COVID 19 pandemic, the Social Security Administration is still closed to the public. The appointments will be through phone conference ONLY until such time it is safe to open back up to the public. Please feel free to contact our office for details.



Phone: 716-532-4900, ext. 5152 Email: Ashley.kennedy@sni.org leanna.leroy@sni.org



# T.E.R.C. to Sponsor BOCES Certification Programs - Sign-Up Today!

Upcoming Certification Programs through Catt./ Alleg. BOCES Workforce Development & Community Learning for their Spring 2022 courses.

### **Heavy Equipment**

Location: Ellicottville campus Saturdays 8:00 a.m. – 4:30 p.m. (7 weeks) Runs: April to May/June 2022

**Welding** 

Location: Olean

Mon. & Wed.'s. 5:00 p.m. – 7:30 p.m.

Runs: 3/8/22 - 6/13/22

CDL B

Location: Olean and Ellicottville Saturdays 8:00 a.m. – 4:30 p.m. Runs: New classes every 6-8 weeks

### **Dental Assisting**

Location: Olean

Tue. & Thu. 5:30 p.m. – 9:00 p.m.

Runs: 4/5/22 - 4/20/22

Every other Sat. 9:00 a.m. – 1:00 p.m.

### **Medical Insurance & Billing**

Location: Olean

Wed. 5:30 p.m. – 8:30 p.m. (19 weeks)

Runs: 3/16/22 - 7/20/22

**Medical Office Assisting:** 

Location: Olean

Tues. & Thu. 5:30 p.m. – 8:30 p.m. (18 weeks)

Runs: 3/15/22 - 7/12/22

### **Nurse Aide:**

Location: Olean

Mon – Fri. daytime hours (5 weeks)

Runs: 3/21/22 - 4/18/22 and 5/2/22 - 5/31/22

### **Phlebotomy:**

Location: Olean

Mon. & Wed. 4:30 p.m. – 7:30 p.m. (32 clinical hours)

Runs: 3/7/22 - 6/1/22

TERC participants of TERC are eligible for: tuition, books, supplies, classroom stipend, transportation allowance, childcare allowance, etc. To become a participant, complete the TERC Pre-Screen form and 477 Application to see if you are eligible. Applications are available online at the Seneca Nation website under Community Services – Training and Employment Resource Center or pick up an application from either office:

### Allegany:

3674 Administration Drive Salamanca, NY 14779 716.945.8120

### Cattaraugus:

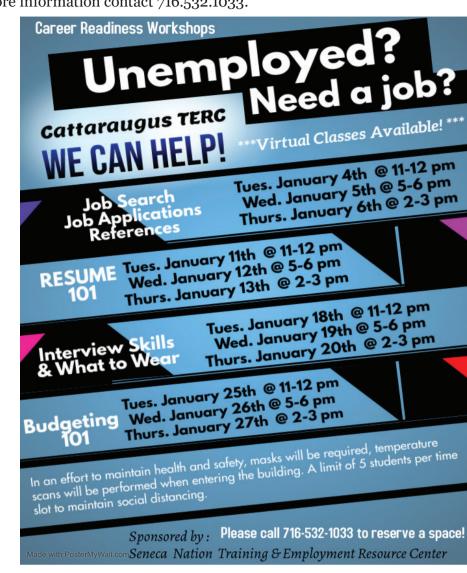
23 Thomas Indian School Drive Irving, NY 14081 716.532.1033

### **Career Readiness Workshops**

Offered by Cattaraugus T.E.R.C.

The Cattaraugus Training & Employment Resource Center (T.E.R.C.) will be offering Career Readiness Workshops in January and February! Virtual Classes also available! To reserve a spot or for more information contact 716.532.1033.





# TERC Celebrates 5 New Graduates

ALLEGANY TERRITORY- The Training and Employment Resource Center (TERC) held a quick social distance ceremony for five new graduates and one advanced student from their Steamburg Training Center's Basic Construction class.

Stevie Bucktooth, Lily Redeye, Gracie John, Keon Whitcomb, and Ty White all learned basic carpentry, electric, plumbing, masonry, drywall and painting skills over the last twelve weeks. Waylon Jones received advanced certifications.

Instructor Dan Macakanja spoke about each student and their strengths throughout the program.

Kerry John, Deputy Chief of Staff and Union Carpenter, spoke words of encouragement on behalf of the Treasurer's Office along with Councillors Tina Abrams and Arlene Bova. Tribal Employment Rights Office Director's Marlene Cooke and Christian Reiller were on hand with information concerning construction positions on territory.

Nancy Toth, Allegany TERC Director, also presented an award given to the program from the U.S. Bureau of Indian Affairs' 41st National Indian and Native American Employment/Public Law 102-477 as an "Outstanding Grantee" for 2021.















# The New And Improved Sni.org Is Live!

Cattaraugus Territory- On December 22nd, a symbolic ribbon cutting was held to celebrate the launch of the new http://sni.org.

With a renewed focus on community service, Nation enterprise, and government initiatives, we hope this updated site will prove to be a valuable resource for our community members.

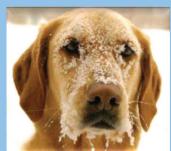
"We're really proud with the way the website came out. We hope that the Seneca Nation community, employees and general public who want to know about the Seneca Nation will go to the site and utilize it. We'll keep growing as the Nation grows," Chad Jemison, Chief Information Officer, says.



### **COMMUNITY NEWS**

# Winter Weather Advisory: Bring Pets Inside during Low Temps!

Submitted by Allie George, Conservation Fish & Wildlife Dept.



The Seneca Nation Conservation Fish & Wildlife Department would like to remind pet owners to make sure you do your part, and ensure your pet has proper shelter, bedding, food and fresh water.

• Watch the wind chill! Pets are sensitive to severe cold and are at risk

for frostbite and hypothermia when left outdoors during extreme cold snaps. Exposed skin on noses, ears and paw pads can quickly freeze and cause permanent damage.

• If your dog is outdoors much of the day, they must have access to dry, draft-free shelter that is large enough for the dog to sit and lie down comfortably, but small enough to hold in their body heat. The floor should be raised a few inches off the ground and covered with cedar shavings or straw. The house should be turned to face away from the wind, and the doorway should be covered with waterproof burlap or heavy plastic.

Please take the correct steps in providing for your pets this winter.

If you have any questions or concerns, please feel free to contact us at: Allegany Department (716) 945-2779 or Cattaraugus Department (716) 532-2546.

# Help Dream Catcher Foundation Provide Bikes for the Children of Seneca Nation

Councillor Josh Jimerson has been working with Rob Canton from the A+C (Athletes and Causes) Foundation on behalf of Eli Ankou, Defensive Lineman for the Buffalo Bills and member of the Ojibwe tribe. His mother, Nicole Ankou, was born into Dokis First Nation, while his fiancee, Shayna Powless is a member of the Oneida Tribe of Wisconsin. Shayna is a professional cyclist (as is her brother Neilson, the first US Native American to race in the Tour de France).

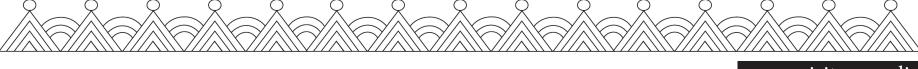
Together, Eli and Shayna launched Dream Catcher Foundation, which is committed to impacting the children of Native American communities by providing opportunities and inspiration through sports, while also focusing on fighting for Missing and Murdered Indigenous Women & Girls (MMIWG).

The initial focus of this campaign is to get new bicycles to the children of the Cattaraugus and Allegany Territories of the Seneca Nation of Indians near Buffalo, New York. We hope, with your support, to also expand to other tribes and territories. The success of this initiative will not be possible without the aid of our generous donors, and we would be honored if you would consider supporting this campaign so that we may fulfill our goal!

Go Bills! \$100,000 is the goal. \$2,845 has been raised as of January 11, 2022.

Go to https://bikes.givesmart.com/ to donate today!





# Superintendent Bryce Thompson Retires From Attica Central School District After 30+ Years In Education

By Tami Watt, Editor

Bryce Thompson, Snipe clan, originally from the Cattaraugus Territory, has made the decision to retire after dedicating his extensive career to the education system, both on and off territory. Mr. Thompson was instrumental in the developing the Seneca Language Regents exam as an alternative for Indigenous high school students back in 1986.

His career in education started
1980 with the Seneca Nation
Education Department's Johnson
O'Malley Program that was
set up to provide assistance to
students attending Gowanda,
Silver Creek and Salamanca School
Districts through shared resources, study
groups, tutorial services, adult education
programs, and activities to promote healthy
communities. "We worked hard to give the
students and the families a support system
that was beneficial to their needs. We did
our best to ensure success if they stayed

in school and graduated. We tried to run

the program as well as we could with the

resources available at the time."

Thompson transferred to the Gowanda School District's Title VII Bilingual Program in 1984 as the Instructional Services Coordinator while working toward his Bachelor of Science in Elementary Education at Fredonia State College. The Seneca Nation Education Department was an instrumental resource for Thompson as an instructor.

He was paired with a fluent speaker, Lee Hemlock, and the two of them were assigned to teach 7th and 8th grade students Seneca Language. Together, Thompson and Hemlock introduced various Seneca Language lessons centered-around simple conversations about weather, health and food/meal times. These lessons laid the ground work for the Seneca Language high school curriculum developed by the pair which lead to not only receiving credits toward graduation but New York State Regents credit, a first for any Indigenous language in the state in 1986. Their efforts paved the way for Indigenous students to take three years of their own language as opposed to French and Spanish.

Thompson credits these years as some of his most rewarding work throughout his long career. During the summers, his team ran Seneca Language immersion



camps at the Seneca Nation's Highbanks
Campgrounds. "We tried to instill the
language the best we could in a short
period of time. Fluent speakers would
lead the conversation with limited English
opportunities with games and activities
throughout the day with vocabulary. It was
a great experience!"

"Our future depends our youth. We need to support them and provide them opportunities and the right experiences as they grow. I wish the best for everyone and hopefully our youth will continue to find success and grow our strong nation," states Thompson.

Funds from the Title VII program expired but the Gowanda School District hired him in 1988 as a 4th grade teacher. He continued to teach various grades, classes and earned certifications from BOCES while continuing his education, eventually earning his Masters Degree and School Administrator certifications while also working part time as a police officer. Thompson explained, "As an educator in the classroom, Native children had the opportunity to see a Native teacher providing education in the public school they attended and I am fortunate I was able to provide that experience. There was a unique opportunity to be a role model and I relish that I held that responsibility. I hope that I did a good job instilling a positive image for the kids to aspire to do more than just attend school or play sports, there was more to it than that."

In addition to elementary education, Thompson taught Iroquois History to high school students while at Gowanda and was able to secure graduation credit for students in lieu of Participation in Government/Economics in their 11th and 12th grade years. "We kept trying to pull things together with the language and history, providing positive experiences for the kids and information so they had an understanding on how the Iroquois Confederacy continued to survive through contact with Europeans and post contact through the evaluation of the colonial period, how the United States was born and how we continued to be an independent Nation working with them."

Rick Jemison and Kerwin Huff were instrumental in providing

resources via the Title IV program through the Education Department. "They provided the research and information and I was the conduit to the classroom," Thompson states.

Thompson transferred to the Attica Central School District in 1999 first as the Assistant Principle, then Principle, and finally Superintendent, a position he held for 20 years until the end of the year. His last day with students was December 23, 2021. Thompson was recognized by the Attica Music Department during the holiday band concert for his 20+ years of service to the district and his support of the arts, athletics and extracurricular activities. Students and staff honored him with roses and an original painting by talented student artist Kaidan Hofheins.

Thompson's tenure at Attica brought stability, commitment, and various infrastructure updates. He is also very proud of Attica's drop out rates that improved from 77% to 98% and some years up to 100%. Thompson had very few student drop outs and was committed to providing the right support and services. Over the years, he has watched many students grow and become successful adults not only through college but the workforce and business ventures as well.

"It's important for us to realize that we strive to improve ourselves but we should always remember our roots, where we are from and what our values are. We don't have to stop being Native because we're doing something off reservation, we carry that with us in our heart and we don't have to give up one for the other. We can continue to strive for our goals and be successful and still be Seneca while we are doing it."

# Update from the Title VI Office: Silver Creek Central

 $oldsymbol{School District}$  - Submitted by Mary Williams, Title VI Native American Ed. Program Coord.

Every year, by statute and/or presidential proclamation, the month of November is recognized as

### National Native American Heritage Month.

So, in honor of this month, and through the school year,

has provided different cultural activities/programs to all students in the district, bringing more awareness and recognizing the history of Native American people and our local Native American community, Seneca Nation of Indians. For the month of November, the Native American Education Program has been able to provide the following this year:

- Native American Day in the cafeteria with Native American tacos and samples of strawberry juice (volunteers from the community come into school to help prepare fry bread for the tacos). We also were able to serve Mush in the HS/MS cafeteria thanks to generous donations from Wendy Bray and Jessica Huff.
- Rock your Mocs Day, sponsored by AIYO (American Indigenous Youth Organization). Staff and students are encouraged to wear their moccasins and/ or wear turquoise for the day.
- Cultural dance presentations, sponsored by AIYO. This also includes our students from the Seneca Language classes and other Native American students to assist their peers in social dances.
- AIYO provides items to be displayed in the high school lobby showcase like the water drum, corn husk dolls, braided corn, etc.
- Guest speakers come in to present to classrooms, groups of students, assemblies, and teacher professional development. This year we had Jamie Jacobs and Jordan Smith for storytelling, Marty Jimerson Jr. and his crew for social dances, and a cultural paint night for teachers to gain professional development.
- Spirit Week we were able to raise awareness for ongoing campaigns like MMIW (missing/Murdered Indigenous Women) and Every Child Matters.

While having a day to roc your mocs, wear your ribbon skirt/shirt and show your Haudenosaunee pride/support by wearing purple.

 Longball is a traditional sport played by the Iroquois. This year in collaboration with our Physical Education teachers we were able to run a unit of longball.

### Join our Program!

For students to qualify for the program, a parent or guardian must complete a Title VI ED 506 Indian Student Eligibility Certification Form. The form serves as an official record of the eligibility determination for each individual child who has met the definition of an Indian to be served by the Title VI Native American Education Program. If you feel your child meets the criteria for the program, please forward the completed form to Miss Williams, Native American Education Program Coordinator. If you have any questions about the program, you can contact Miss Williams by calling 934-2603, ext. 4992 or through email, mwilliams@ silvercreekschools.org.

### Traditional Food meets the cafeteria

Silver Creek students were able to enjoy Mush, which is a roasted white corn dish. First the white corn must be grinded to a flour like consistency. Then roasted in a cast iron skillet. Once this is done, a delicate dance between water, the roasted corn flour and heat will bring this dish to the perfect consistency. Because of the multitude of servings we needed, we used brown sugar to sweeten the dish. It is usually prepared with maple syrup and salt pork. The white corn was donated by Wendy Bray and Jessica Huff.

On November 9th, the entire district was able to enjoy Indian tacos and strawberry



Pictured is the brown sugar being added to the mush.



Students serving strawberry juice are Lucille Jimerson and Timothy Williams.

juice. Indian tacos can be found in many other Indigenous people's cultures. The difference between a "regular" taco and an Indian taco is the bread. Usually, you would have either a flour of corn tortilla, but an Indian taco has a flour-based dough that is fried to perfection then topped with all your favorite taco options. WE were able to make 300 frybread all thanks to our Title VI Parent Committee members Tory Cook and Wendy Bray and our JOM staff Betsy Laurie, Tammy Blair and Aimee Sleeth who all made this day possible.

We were also able to provide students with a cup of strawberry juice. The strawberry is a medicine we use as Iroquois people. We believe it helps promote health and well-being. All the students and staff look forward to having Indian tacos and strawberry juice in November!

# **Cultural Dance Presentation (Social Dance)**

Marty Jimerson Jr. and his crew came in to present three different times to our high school and middle school. Every year this is an event that our Indigenous students look forward to. They spend weeks learning how to introduce the song, the singer, and the lead dancers in Seneca. With the help of Marty Jimerson Jr. this year we were able to share our traditional regalia, songs and dances with the district. Many Nya:wëhs to all the SC staff, students and administrators who help keep this tradition going.

# American Indigenous Youth Organization (A.I.Y.O.)

Our students have been so busy this year, they were essential in making Native

(Continued on page 14)







<u>Left</u>: Timothy Williams introducing the next song, singer and lead dancers during the social. <u>Middle</u>: Simon White introducing the next song, singer, and lead dancers during the social. Also pictured L to R: Marty Jimerson Jr., Simon White, Allison Smith, Marty Jimerson III <u>Right</u>: Picture from Spirit Week, wear your ribbon skirt/shirt. L to R: Mr. Gerard, Miss Smith, Roger Williams, Timothy Williams and Miss Williams.









Pictured L to R, 4 pictures. <u>1</u> - A special visit from Mr. Jordan Smith and Miss Smith to Mrs. Buczkowski's class. <u>2</u> - Marty Jimerson Jr. and his crew mixed with some of our students and staff that helped in the Social. <u>3</u> - Mr. Pulver and Ryder Luke participating in the social together. <u>4</u> - Cultural Paint night for students.

### **Title VI Update Continued**

American Heritage
Month possible. The
AIYO club members
have recently had
the opportunity
to give back to
the community
alongside Frank
Brown and his
Cousin Brownie
Organization.
Cousin Brownie has
been giving back to
the Allegany and



Tory Cook putting the finishing touches on her wrapped gift.

Cattaraugus Territories for the past two years working alongside different departments from the Seneca Nation. Frank brought in some gifts that the students were able to wrap for him. Also, during the month of December, students made roughly 60 Christmas cards for the residents at Oak Tree. Oak Tree is the Seneca Nation Elder Housing unit located behind the William Seneca Building.

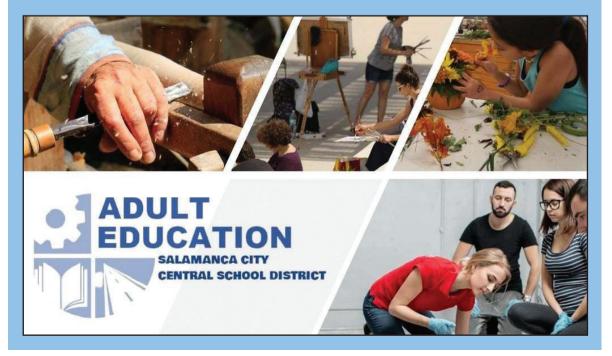


Pictured is some of our students who helped make Christmas cards for Oak Tree. L to R: Ray Cortes, Jackson Williams, Lesten White-Pigeon and Damien Nelms.

# **REMINDER:** Salamanca School District seeking instructors for community courses

The Salamanca CSD Adult Education program is seeking part-time Instructors to facilitate late afternoon/evening/weekend community enrichment courses in Fitness, Painting, Woodwork, Craft, Baking, Cooking, Photography, Video Editing, 3D Printing, Martial Arts, CNC Machining, Welding, Early Childhood Literacy/Math, Seneca Language & Culture or other crafts & trades.

These courses can be taught in person or remotely. Businesses or community members with talents that they would like to share are encouraged to contact Aaron Straus, astraus@salamancany.org. Pay is 22/hr.



### Ja:goh Autumn Nephew & Rosalee LeBeau

December 24, 2021 | observertoday.com | Photo credit: GCS FB

Ja:goh to Gowanda High Senior Autumn Nephew and Junior Rosalee LeBeau on their second-place wins in the annual gingerbread house contest for Culinary studies students at the LoGuidice Educational Center via Erie 2-Chautauqua-Cattaraugus-BOCES in Fredonia!

For the 25th year, Dave Caccamise had his junior and senior culinary arts/hospitality arts students at the LoGuidice Educational Center compete in the gingerbread house construction competition. His students this year did not disappoint.

"This was one of the toughest years to choose winners," Caccamise said. "The detail and creativity the students showed was beyond imaginable."

Because of the COVID-19 pandemic, this year's voting for winning houses was held online by 109 voters; the same number of voters who voted last year. Caccamise said the online voting is not quite as good as being able to see the houses in person.

"The only thing with going virtual was the pictures don't



do all the houses justice," Caccamise said. "In the past, staff and faculty would look above, around, and underneath the houses but now they have to go by pictures of the front and back."

One difference from last year in a positive sense, however, is that the seniors were able to branch out and come up with their own house design. Last year, Caccamise shortened the length of the board the students could build on and made the juniors and seniors work off a template, and while he kept the board length the same for this year, the seniors could come up with creative ideas.

"My biggest thing is patience and creativity," Caccamise said. "I tell them this teaches a lot about life, in terms of facing adversity. Sometimes you walk in and your chimney is on the ground or your roof collapses. How do you bounce back from that? Kids have to go to plan B and potentially try something else. This project doesn't happen in one day, you have to design it, make it, and bake it."

Additionally, juniors are required to work as partners, while the seniors can choose to work alone or in groups. Caccamise said both options have upside.

"With the juniors having to work as partners, it's a lesson I teach them in having to work together and work through creative differences," Caccamise said. "Seniors have the option of working in a group and that lets you do whatever you want and can let creative juices flow."

The project began Nov. 29, and ran until Dec. 17, giving the students 15 school days to complete their project in full. Caccamise said that none of his groups gave up on the project, with everyone fighting through the adversity they may have faced.

Source: https://www.observertoday.com/news/page-one/2021/12/ culinary-creativity/?fbclid=IwAR2BBJo8GCngO8gGNjNdTu7dghi2U8ynAgYmfYuVcN-WQOU4Xp-eN6ONExvY

# Ja:goh Arian Rice & Karson Mohawk - GCS Facebook

Ja:goh to Gowanda Elementary School's November 2021 Students of the Month for Physical Education! These Panthers have shown respect, hard work, determination and are outstanding students in the gym:

- 4th-grader Arian Rice
- Multi-age student Karson Mohawk

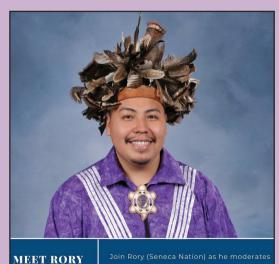




# Ja:goh Rory Wheeler

Rory Wheeler had the chance to moderate the 2021 White House Tribal Youth Forum hosted virtually on November 17, 2021.

The White House, Nike N7, CNAY, and UNITY invited Native and tribal youth to participate in a forum with the Biden Harris Administration to discuss a variety of



MEET RORY WHEELER

Join Rory (Seneca Nation) as he moderate: at the White House Tribal Youth Forum November 17, 2021 1:00pm

topics including mental health, climate change, public safety and more. Rory said "I'm privileged and honored to moderate the 2021 White House Tribal Youth Forum." Rory is the Vice President and Northeast Representative, UNITY, Inc.

# Ja:goh Mavi Montour, Layla Gamble and Ethan Steeprock - November 2021 GCS

Students of the Month





Mavi is thoughtful and consistently shares insightful observations during class discussions. She consistently and unflinchingly takes risks to participate in an earnest and authentic manner. Her perspective always enriches our dialogue and  ${\it I}$ am grateful for her voice. - Mr.Izard





For Layla it's pretty hard to pick just one of the 4 C's because she just about exemplifies all of them. What I like about her the most is the way she shares during Earth Science Lab. Layla will answer questions but she will re-explain using her own words. There have been many times when Layla will either turn around at her desk of move across the room to help another student understand what she already knows. Layla tries very hard to help others so everyone has the chance to succeed. -Mr. Spiegel



Layla Gamble



Ethan not only asks critical questions during lessons, but he demonstrates a mastery level understanding in his performances as well as in his collaborations with his peers to help others understand. Kudos to Ethan's cleverness and dedication to attainment, he is a model student in algebra! -Mrs. Lobianco

# Thank you from the family of Kate Swantek:

The family of Kate Swantek would like to thank our family and friends for being there in our time of need. Special thanks to Seneca Fire, Seneca EMS, Iroquois Post #1587 and the staff at Chaffe Hospital. We thank everyone for all the food, donations, flowers, stories from the past and a shoulder to cry on, you are greatly appreciated.

Last but not least, Nya:wëh to Elmer, Lee, Travis and Brennan.

With love, Bob, Nick, Mark, Kayla **Swantek** 



# Ja:goh Hayden Haynes, Seneca, Deer Clan and Darelyn Spruce, Seneca,

Hawk Clan, For receiving the NYS Arts Council grant for Folk and Traditional Arts, Seneca Bone Carving!

The ARTS Council announces \$90,000 awarded to local artists and tradition bearers! January 6, 2022 | www.earts.org



Individual Artist Grant Recipients













Folk and Traditional Arts Apprenticeship Grant Recipients









This new grant initiative from the New York State Council on the Arts is designed to assist the arts sector recover from the impact of COVID-19. Two areas, Support for Individual Artists Grants and Folk & Traditional Art Apprenticeships speak directly to the mission of The ARTS Council to empower artists, foster creativity and economic vitality, create diverse connections and collaborations, and champion innovation and equity with the arts to cultivate a dynamic community. Throughout the summer and early fall, The ARTS Council's staff worked to bring awareness about this opportunity to our region's artists, assisted participants through the application process, and sponsored their grant proposals.



Hayden Haynes

counties – Cattaraugus, Chemung, Steuben,

Darelyn Spruce

and Tompkins. Each week will highlight an artist and their proposed project.

Master Artist: Hayden Haynes, Seneca – Deer Clan Apprentice: Darelyn Spruce, Seneca – Hawk Clan

**County:** Cattaraugus

Artistic Area: Folk and Traditional Arts **Project Title:** Seneca Bone Carving

The ARTS Council's awardees span four

Project Summary: Hayden Haynes will teach Darelyn Spruce the Seneca tradition of bone and antler carving. These carvings may take many forms, including rattles, three-dimensional figures, relief-carved medallions, beads, bone combs and more. They incorporate Haudenosaunee iconography and images drawn from Haudenosaunee cosmology and history.

Website: www.haydensantlercreations.com

# Literary pick of the week: An animal poem for every day of the year is the Season's Best

December 19, 2021 | mgrossmann@pioneerpress.com | Source: twincities.com

So many beautiful books with lyrical texts were published this year, it's hard to chose one as This Season's Best. But we chose, anyway. Kudos to "Tiger, Tiger, Burning Bright," made of an animal poem for each day of the year, a big, lavishly-illustrated anthology. The poetry spans the centuries, from William Blake (he of the Tiger! Tiger!), Lewis Carroll and Emily Dickinson, to contemporary writers including Judith Viorst, Margaret Wise Brown and Jane Yolen, as well as some from the **Seneca Nation of Indians** and Cheyenne and Chippewa tribes.

Oh, and what wonderful, lively, fish, birds and animals fly, strut, jump, hop and swim across the pages: buffalo, birds, kangaroos. Whatever animal is your favorite, you will probably find a poem about it.

The special thing about this 4.5-pound book is that it can be enjoyed by all ages. Even the little ones who have to be read to can laugh at short poems like this anonymous one titled "The Grasshopper and the Elephant":

Way down south where bananas grow grasshopper stepped on Elephant's toe. Elephant said, with tears in his eyes: "Pick on somebody your own size."

If you had this book in your lap now (and that's the only way to hold it), and turned to December, you would find poems by William Carlos Williams, Thomas Hardy



"Tiger, Tiger, Burning Bright," published in the United Kingdom last year, is making its first appearance in the United States in 2021, published by Nosy Crow, a division of Candlewick Press. (Courtesy photo)

and Stephen Spender.

The three-stanza poem for Dec. 19 is "The Yak" by Jack Prelutsky, former Poetry Foundation Children's Poet Laureate:

Yickity-yackity, yickity-yak, the yak has a scriffily, scraffily back; some yaks are brown yaks and some yaks are black, yickity-yackity, yickity-yak.....

"Tiger, Tiger" follows the award-winning
"I Am the Seed That Grew the Tree," 365
poems about nature. The new volume,
published in the United Kingdom last year,

is making its first appearance in the United States now at \$40. It is published here by Nosy Crow, a division of Candlewick Press. The poems were selected by bookseller, author, publisher and reviewer Fiona Waters and the splendid illustrations are by Britta Teckentrup. They did a terrific job.

We hope this book stands for every book we recommended in 2021. We thank our devoted readers and those who just drop in on us now and then.

Source: https://www.twincities.com/2021/12/19/121921-pp-f-pick/

# Every Blanket Tells a Story and Every Stitch is a Unique Voice in the World of Seneca Nation Artist Marie Watt, On View at the Hunterdon Art Museum

December 21, 2021 | newjerseystage.com

It's the time of the year when many of us feel like hibernating, perhaps under a favorite blanket or two. It seems fitting, then, that the Hunterdon Museum of Art is featuring the artist **Marie Watt**, known for her totemic assemblages of wool blankets, in the exhibition *Companion Species (At What Cost): The Works of Marie Watt*, on view through January 9, 2022.

A blanket offers comfort, protection, and security. It's



Harte Watt's Companion Species (III What Cos

what we come into this world in, the artist notes, and we often go out wrapped in one. Watt believes that blankets provide access to social connections, historical traditions, and crosscultural meanings. In Native American communities, blankets are given away to honor people for being witnesses to important life events. For this reason, it is considered as great a privilege to give a blanket as it is to receive one.

As she collects blankets, Watt also collects stories. Readers may have seen her installations of pastel-colored wool with frayed satin bindings, little data tags attached, in such (Continued on page 18)



Marie Watt, Skyscraper/Skywalker (Twins), 2020. Sapling: 120×20×22 in. Flint: 120×20×24 in. Reclaimed wool blankets, steel. Collection of Princeton University Art Gallery, Princeton, NJ. Photograph by Kevin McConnell

venues as the Metropolitan Museum of Art, Yale University Art Gallery, the Denver Art Museum, and the Smithsonian Institution's National Museum of the American Indian. More recently, she has received acclaim for Skywalker/ Skyscraper (Axis Mundi), her columnar sculpture of dozens of stacked folded blankets in the Whitney Museum of American Art's "Making Knowing: Craft in Art, 1950-2019." In 2017, Watt was Artist in Residence at Philadelphia's Fabric Workshop and Museum.

"Companion Species" spotlights two monumental tapestries assembled from panels of cloth embroidered during sewing circles, an activity central to Watt's artistic practice. A citizen of Seneca Nation of Indians, Watt's textiles emphasize Indigenous teaching and what Watt calls "Iroquois protofeminism" – the recognition of Indigenous matriarchies predating

modern feminism by centuries, and their traditions of deep interconnections between people and the Earth.

The very words "companion species," headlining this exhibition and in many artwork titles, also suggest that connections extend beyond humans: interspecies relationality. Watt notes "in my tribe, we consider animals our first teachers."

Born in 1967 in Redmond, Washington, to a Seneca mother of the Turtle Clan and a German father whose family owned a ranch in Wyoming, Watt describes herself as "half Cowboy and half Indian." Interviewed by phone, she describes her Portland, Oregon, studio where she's worked for the past 15 years:

"At 3 p.m. the light is beautiful. There are two giant windows that look out onto a train yard. I'm five-foot-three and can only

see the tops of the box cars, loaded on the backs of trains."

With ceilings 14-feet high – nearly three times her height - there is open storage for her artwork. I want to know how she stores all the masses of blankets that form her "palette."

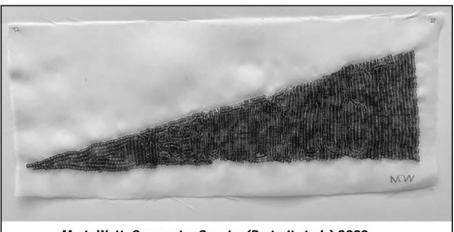
She organizes them in racks. "When I started collecting them, my focus was wool. It was not an aesthetic judgment; it's what was available in thrift stores for under \$5. I try not to buy for reasons of taste."

She is interested in the stories the blankets have to tell. "I lean into their stains and moth-eaten bits. I see these as the beauty marks." And while these details are what are important to Watt, she learned that to prevent moth damage, all the blankets need to be cleaned before coming into the studio.

Sewing circles entered Watt's practice 18 years ago. "I never anticipated doing it more than a year. Originally, I considered it to be like a barn raising, in which many hands make light work, and people were happy to roll up their sleeves. I would acknowledge their help by feeding them or giving a small, limited-edition print."

"I like to say that I set the table (with pre-threaded needles and panels for sewing text into) and what happens is created by everyone in the space," says Watt. "When eyes are diverted and working with cloth, stories flow. It's intergenerational, cross disciplinary, intercultural. We all have so much to learn from one another. At our core, we have a need for intimacy sitting down with neighbors and strangers."

Watt distinguishes sewing



Marie Watt, Companion Species (Portrait study), 2020

"I was originally drawn to wool for the way it packs down, and because our animal relatives the sheep have extraordinary stories. People take the time to mend wool."

Her collecting coincided with the advent of manufactured fleece, but "fleece doesn't have the sense of permanence and resilience." At first, people were deaccessioning their wool blankets in favor of fleece, but, over time, many have relearned the value of wool, making the wool blankets hard to come by in thrift stores.

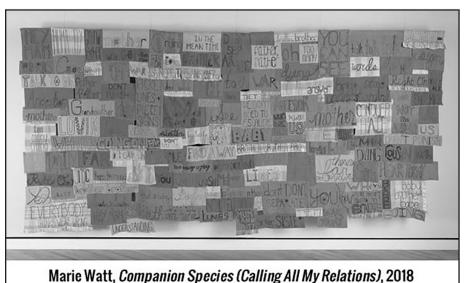
Watt's racks are categorized by color family, "like tubes of paint when I need a color or a pattern, what speaks to me will come off the rack."

circles from sewing bees, which were used to colonize women and girls. The sewing circles are open to anyone, with little or no sewing experience (the marks of those with limited experience can be more expressive, she says). Participants have ranged in age from 3 to 92.

"I've always appreciated how everyone's stitch is a thumbprint, a signature. Sewing with embroidery thread is like a drawing material."

A sewing circle associated with the Hunterdon exhibition will be held at the Marc Strauss Gallery in New York on January 16, and participants are asked to read the poem "Singing Everything" by U.S. Poet

Laureate Joy Harjo, a member





of the Muscogee Nation and the first Native American Poet Laureate. Participants should then ask themselves, "What in this moment do I want to sing a song for?" These are the words that will be stitched into panels. And yes, each participant will get a small print.

When asked what, in this moment, she wants to sing for, Watt responds, "Today, I'm going to say teenagers. I have a kid who just turned 17 and I'm grateful for them. I'm thinking about glaciers and Turtle Island and gray skies out the window."

The Hunterdon Art Museum is located at 7 Lower Center Street in Clinton, New Jersey.

Source:

https://www.newjerseystage. com/articles/2021/12/21/ every-blanket-tells-a-storyand-every-stitch-is-a-unique-



voice-in-the-world-of-senecanation-artist-marie-watt-on-viewat-the-hunterdon-art-museum/

# Ja:goh Marie Watt for making Hyperallergic's "Best of 2021: Our Top 10 New York City Art Shows"

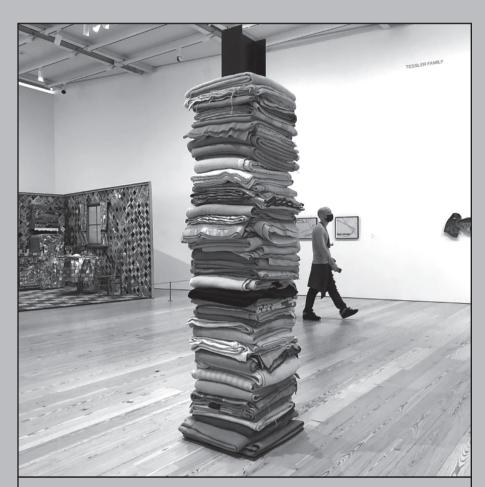
December 7, 2021 | hyperallergic.com

The city brought shows to life that will be talked about for years to come. These are the shows that Hyperallergic's critics, both staff and contributors thought were the most compelling of the year. Though it was a year of tentative venturing back out into the open to look at artwork in person, the production wasn't tentative at all. The city brought shows to life that will be talked about for years to come. —Seph Rodney, Senior Critic

Coming in at the 5th spot: *Making Knowing: Craft in Art, 1950–2019, at the Whitney Museum of American Art.* 

*November 22, 2019–February 2022* - Curated by Jennie Goldstein, Elisabeth Sherman, and Ambika Trasi

Craft may have been historically relegated to its own domain, but it was also a frontier for artists to break free from the hierarchy of painting and sculpture. Alternative media such as weaving, ceramics, beading, or embroidery also often addressed issues of gender and race. In a completely riveting exhibition, Making Knowing: Craft in Art, 1950–2019 presents material experimentation that stretched from Ruth Asawa's elegant hanging wire sculptures to Mike Kelly's crazy quilt of stuffed toys and old afghans. The show successfully outlines a thrilling alternative trajectory paved mostly by women who fought the inequities of the art world with needles, thread, and glue guns in hand. —Debra Brehmer



Installation view of Making Knowing: Craft in Art, 1950–2019; foreground, Marie Watt, "Skywalker/Skyscraper (Axis Mundi)," (2012); background, Liza Lou's "Kitchen," (1991-1996) (image by Debra Brehmer)

View the entire list here: https://hyperallergic.com/698024/the-best-of-2021-our-top-10-new-york-city-art-shows/



### Don't forget to check us out and FOLLOW US ON TWITTER!

The Seneca Nation now has an official Twitter account. Follow it for regular updates from the President's Office on governmental and community matters. This administration is committed to increasing communication with our members, as well as the general public.

https://twitter.com/TheSenecaNation

### American Indian Graduate Center unveils NextEra Energy Scholarship Program - The Center for Native Scholarships to

offer STEM funding focused on cultural sustainability | prnewswire.com





AMERICAN INDIAN GRADUATE CENTER

THE CENTER FOR NATIVE SCHOLARSHIPS

NextEra Energy, Inc. (NYSE: NEE) announced that
American Indian Graduate
Center has launched the
NextEra Energy Scholarship
Program, a culturally relevant
and Indigenous-centered
scholarship specifically built
for Native students pursuing
careers in the field of energy
and across Science, Technology,
Engineering and Mathematics
(STEM) as a whole.

The NextEra Energy
Scholarship Program will
provide 15 scholarships,
each valued at \$5,000 a
year, for undergraduate and
graduate students pursuing a
degree in the fields of energy,
environment and cultural
sustainability and preservation.
The NextEra Energy Foundation
has committed to fund the
scholarship program for the
next three years.

"American Indian Graduate

Center is excited to partner with NextEra Energy to create a new program to increase the number of scholars we impact each year," said Angelique Albert (Confederated Salish & Kootenai Tribes), American Indian Graduate Center Executive Director. "We are proud to offer programming that meets the needs of our students and directly impacts their academic journeys."

"In 2020, over 40% of our scholars were pursuing a degree in a STEM field. With a rise in applicants pursuing careers in this sector, it's critical to bolster our programs to empower them. NextEra Energy's support will allow us to continue our growth and impact even more Native students."

The NextEra Energy Scholarship Program will focus on education funding for Tribally identified priorities.

"Scholarships that have the ability to support Tribal Ecological Knowledge (TEK), languages, traditional food systems and more are critically needed at this time when our Tribal communities have identified climate change initiatives, protection of natural resources, food sovereignty and language immersion programs as essential," Albert said. "The NextEra Energy Scholarship program allows us to fund students academically in areas that not only support our Tribes' well-being, but also allow our TEK to inform the energy industry as a whole. It's an opportunity to have a transformative impact in the field."

"We're excited to launch this program as part of NextEra Energy's commitment to supporting the communities we serve and those that host our projects," said John

Ketchum, president and CEO of NextEra Energy Resources. "We want to support the next generation of Native leaders, as well as honor the work of tribes that collaborate with us in our effort to decarbonize the electric energy industry while ensuring that we identify, avoid and protect sensitive tribal resources during development and construction of renewable projects across the country."

The scholarship is the latest addition to American Indian Graduate Center's portfolio of more than 30 scholarships and support services that are designed specifically to address the needs of Native students in post-secondary education.

To learn more about American Indian Graduate Center's scholarships and academic support programs, please visit **www.AIGCS.org.** 

Source: https://www.prnewswire.com/news-releases/american-indian-graduate-center-unveils-nextera-energy-scholarship-program-301407728.html

# Nya:wëh Sgë:nö' To All Seneca Community Members

Submitted by Lafayette Williams

We at New York Connects would like to let you know that we are still operating during this pandemic of the COVID-19. We can help



you with your long-term services and supports and needs for people of all ages, any disability, and caregivers. New York Connects can help you apply for Medicaid, find care and support, get answers about Medicare, learn about supports in caregiving, and much more.

There are three ways to contact us:

**By phone**. Call 1-800-342-9871. Interpretation and translation services are free. Individuals who are deaf or hard of hearing can use the Relay System 7-1-1. Western New York Independent Living Inc. 1-888-564-5171

**Online**. Please visit our website: www.nyconnects.ny.gov . Please be safe and healthy, Nya:weh.

**Personally**: Lafayette Williams NY Connects Independent Living Outreach Specialist: Office number (716) 836-0822 Extension 538 - Work cell phone number: (716) 578-4679 or e-mail address: lwilliams@wnyil.org



Don't forget to notify the SNI Official Newsletter office with your change of address!

Call us at:
Allegany Office

716-945-1790, ext. 3030 or x3029

Email us: sninews@sni.org

**Visit sninews.org** and fill out the contact form

### **NOTICE TO CREDITORS**

### ESTATE OF KENNETH LAY, SR.

Administrator: Kenneth Lay, Jr., P.O. Box 11, Lawtons, NY 14091 ~ Cattaraugus Territory - 1st Notice ~

#### **ESTATE OF CARLEY SENECA**

Administrator: Clyde Seneca, 10899 Indian Hill Rd., Perrysburg, NY 14129 ~ Cattaraugus Territory - 1st Notice ~

#### **ESTATE OF DONNA CROUSE**

Executor: Jessica Crouse, 163 Melinda Dr., Salamanca, NY 14779 ~ Cattaraugus Territory - 1st Notice ~

#### ESTATE OF DARREN WASHBURN

Executor: Asa Washburn, 18 Confederacy Dr., Irving, NY 14081 ~ Cattaraugus Territory - 1st Notice ~

#### ESTATE OF NOLAN HOBART COOPER

Administrator: Marvin Cooper, Sr., 3638 Center Rd., Salamanca, NY 14779 ~ Allegany Territory - 1st Notice ~

### ESTATE OF JENNIFER L. HOWE

Administrator: Audrey Ray, 900 R.C. Hoag Dr., Salamanca, NY 14779 ~ Allegany Territory - 2nd Notice ~

#### ESTATE OF TIMOTHY P. JONES

Executor: Jeremy Jones, 211 Clinton St., Salamanca, NY 14779 ~ Allegany Territory - 2nd Notice ~

### ESTATE OF LYNN P. JACKSON

Executrix: Cynthia Ballagh, P.O. Box 363, Irving, NY 14081 ~ Cattaraugus Territory - Final Notice ~

### ESTATE OF RICKEY G. BENNETT

Administrator: Denise Bennett, 1341 Bush Rd., Gowanda, NY 14070 ~ Cattaraugus Territory - Final Notice ~

### Seneca Nation of Indians SURROGATE'S COURT Cattaraugus & Allegany Territory

Notice is hereby given to all creditors and contingent creditors of the above-named decedents, that if you have claims against the Decedents estate, please file them with the appropriate Surrogate's Court, at the Allegany/Cattaraugus Territory. You are also required to mail or deliver a copy to the Administrator/Executor. This notice shall serve to notify creditors that they have ninety (90) calendar days from the date of the first publication of the notice to present their claims to the Administrator/Executor or the Clerk, and the estate may pay only those claims presented. For proof of claim notification, you are encouraged to file your claim by certified mail, with return receipt requested.

### **Happy Belated Birthday!**

 $Submitted \ by \ Gary \ Schindler$ 

Wishing Betty Schindler-Rogers a very Happy 98th Birthday! Betty who is of the Deer Clan and currently resides in Florida but is originally from Irving, turned 98 years old on November 30th! **With love** 



### COMMUNITY PATIENT NAVIGATION SERVICE

Indigenous & Rural Patient Navigation is a free, non-clinical, service for Indigenous and Rural community members looking for recommended cancer screening and education, additional support and resources for cancer care.

### HOW TO JOIN

- 1 Call 1-888-RPGUIDE
- 2 A team member will fill out a Cancer Screening and Prevention assessment with you to see what cancer screenings are recommended for you and will discuss your concerns.
- 3 Connect you to the available resources that meet your needs.

Whenever possible we can connect you with a navigator that works in or near your community.



### PATIENT NAVIGATOR LOCATIONS

-VIRTUAL-

1-888-RPGUIDE

— COMMUNITY —

Serving Seneca Nation Communities

Lockport Service Unit

— FEDERALLY QUALIFIED — HEALTH CENTERS

Community Health Center

**of Niagara** Buffalo, Cheektowaga, Niagara Falls, & Lockport, NY

The Chautauqua Center

Universal Primary Care Dlean, Cuba, Houghton & Salamanca, N



### Happy Birthday Frank!!

Submitted by Marlene Cook

May you smile bright & live everyday like it's an adventure. Sending warm wishes your way.

> Love ya always, Momma



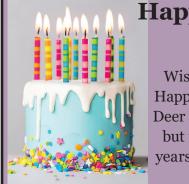
# Happy Belated Birthday to Keagan Stanley Fox!

Submitted by Millie Fox

Happy Birthday to my handsome, young man Keagan Stanley Fox on December 28th!

Love, Mom and Family





from your family!

### Lifestyle Changes vs. New Year's Resolutions

Submitted by Lydia Bushman, Prevention Supervisor

So it's the same thing every year. What will my New Year's resolutions be? It's the time of year that you make promises to yourself with the commitment that it's really going to happen this year. Then you start off with a bang only to fizzle out by week 2. So how can we keep these promises that we make to ourselves? First of all, know that you are what you learned in the past, we are inherently and subconsciously a lifelong pattern of learned behaviors.

So don't take yourself too seriously. Have fun with this and don't sweat the small stuff, because in the end it's all small stuff. So here's some tips to start the New Year off right.

- Decide what you want to **change-**To start, you need to think about what's working and not working. Once you look at your current life, determine if there are any changes you would like to make for the upcoming year. All changes in your life big or small will end up being life altering if practiced long enough to make it a new learned behavior.
- Be specific by breaking down

- **your goals**-Don't make your goals too vague. Write your objective out and break it down into smaller parts. Visualize and put on paper what you want the outcome to be and how you will achieve it. The more detailed the better. Also make your goals time specific.
- Be realistic with your goals-Your goal needs to be representative of how willing you are to achieve it. You are the only one that can determine how sustainable this goal is and how much you want to make that change.
- Focus on the process-Put all your positive energies and excitement into the practice of achieving your goals and how you feel about this each day. This helps with the uplifting feeling of accomplishment once the task is completed. Sometimes we get too stuck on the outcome to remember the process of how we got there.
- Be Flexible-Remember there may be barriers. If you have a setback don't let that stop you from attaining your achievable

- goal. Planning in advance helps you to limit these setbacks. And remember sometimes obstacles are beyond your control and that's alright too.
- Honor your journey and always practice self-care-There is nothing more important than making positive changes in your life. To focus on the journey of everyday actions is imperative to accomplishing your specific goals.

When we follow a well-thought-out plan for change, we become successful at change. No more instant resolutions fizzling out and dying. Instead have a "plan-full" New Year journey!

Source: https://thethirty.whowhatwear.com/ how-to-set-realistic-expectations



### SENECA NATIVE CONNECTIONS CALENDAR **JANUARY 2022**

| SUNDAY   | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY           | SATURDAY   |
|--|--|---|--|---|------------------|--|
| arn points and   | be entered to w  | ut our Family Engi<br>in some amazing p<br>CLUBHOUSE A<br>rs are at the Catta | prizes while spend   | ling quality time                                       | with your family | γ!   |
| Орег   | 3  | 4 Teen Night Goal Setting and Plant Kits Call for times                       | 5  | 6<br>Clubhouse Open<br>3:00 - 7:30 p.m.                 | 7                | 8  |
|  | 10   | One Heart Two Spirit 4:00 - 5:00 p.m. Clubhouse Open 3:00 - 7:30 p.m.         | 12   | 13<br>Clubhouse Open<br>3:00 - 7:30 p.m.                | 14               | 15   |
|  | 17   | 18<br>Clubhouse Open<br>3:00 - 7:30 p.m.                                      | Buffalo Botanical<br>Gardens Plant Night<br>6:00 - 7:00 p.m. | Clubhouse Open<br>3:00 - 7:30 p.m.                      | 21               | 22   |
| 30   | 24   | 25<br>Clubhouse Open<br>3:00 - 7:30 p.m.                                      | 26   | 27<br>Clubhouse Open<br>3:00 - 7:30 p.m.                | 28               | 29   |
| Please note that any e<br>n-person or requires n<br>vill follow COVID-19 s<br>Please wear a mask an<br>ix-foot social distant<br>i/irtual events are ho<br>on LifeSize. You will<br>ogin info when you r | naterial pickup, afety protocol. d observe the rule. sted preceive | ange: Ages 18 and   | community Jennif up 716.53                                   | er Stebbins<br>12.5583 ext. 5433<br>bins@senecahealth.o | ra Tolar         | VEO  CONTROL  CONTROL |

# Simply HR ~ November

### **New Hires**

### Shawna Miller

Health Information Assistant, LRJHC November 15, 2021

### **Chanel Sanasith**

Contract and Credentialing Coordinator, LRJHC

November 15, 2021

### Elizabeth Wolfe

Care Collaboration Case Manager, LRJHC November 22, 2021

### Whitney Brooks

Public Health Nutritionist, CIRHC November 29, 2021

### **Hailey Brooks**

Health Information Assistant, CIRHC November 29, 2021

Welcome to the health system team!



### Volunteer Models Needed!



If interested in modeling for our program, contact:

Heather Ward hward@senecahealth.org 716.532.8223 ext. 5573

SNHS' GHWIC Program is looking for community volunteers to model during a photoshoot in February 2022, in order to have local representation for program marketing and displays. Desired volunteers list below!

- Expectant Mothers
- Nursing Mothers
- Mothers Nursing in Regalia
- Babies being fed traditional baby foods
- 5 Generations of Mothers







### Correcting Myths About the COVID-19 Vaccine

False information about the COVID-19 vaccine has been spreading online and in our communities. This fact sheet will address and correct the most common falsehoods about the COVID-19 vaccine.



Myth #1: The COVID-19 vaccine will impact my pregnancy or fertility.

FALSE. There is no evidence that COVID-19 vaccines can impact your pregnancy or ability to have a healthy child. COVID-19 vaccines are recommended for those who are trying to get or might want to become ant in the future.

CENTER FOR AMERICAN INDIAN HEALTH



Myth #2: If you were sick with COVID-19 before. you don't need the

and did not have a prior infection



NOT TRUE. The COVID-19 vaccine provides stronger, longer-lasting protection from the virus than prior infection. A 2021 CDC study found that those who were unvaccinated and had a recent infection were 5 times more likely to get COVID-19 than those who were recently fully vaccinated



Myth #3: The vaccines will not work on new strains of the virus.

WRONG AGAIN There have been many different strains of COVID-19 since the vaccine was approved in December 2020. The vaccine death from all strains of the



Myth #4: Not much is known about the COVID-19 vaccine.

INCORRECT. Though the vaccine was developed in record time, the science behind it has been studied for decades. Since the vaccine was approved in winter 2020, there have been a record number of studies about its safety and best-studied vaccine in history

### **Best Wishes to Barb Nephew on Her Retirement**

On December 17th we celebrated retirement of Barb Nephew, who was the nutritionist at the Cattaraugus Indian Reservation Health Center.

Listed below are her accomplishments and contributions to the Seneca Nation Health System:

- 1983-1986 and 1990 to 2021 Barb was employed at SNHS for a total of 34 years.
- She provided public health and diabetes education for individuals and groups.
- 1998 Became Certified as a Diabetes Educator.
- Knowledgeable in Iroquois traditional foods, preparation and preservation.
- Contemporary foods Fry bread, she modified the recipe for a healthier version.
- 1999 Collaborative effort with the Healthy Community Alliance to produce a traditional foods cookbook and video.
- Master Gardener and volunteered to do garden boxes for CIRHC/CHWC.
- Planted flowers at the entrance of CIRHC with the help of community volunteers and staff. Encouraged others to grow vegetables using a raised garden bed.
- Sugar Beaters She facilitated a diabetes education and support group for 28 years. Topics – Medications and Blood Glucose Control; Healthy Picnics and Summertime Eating, Holiday Survival Skills, Defensive Eating; Emergency Food Pantry in Severe Weather, etc.
- Fall Festivals, Community Fairs, Bike

- Rodeos. Summer Programs, Blood Glucose and Blood Pressure Screenings.
- Home Visits to provide Nutrition Counseling for the home-bound.
- Assist AOA, ECLC, and Summer Recreation with menu planning.
- 2000 -Became a Fitness Keeper to teach others how to use the new Exercise Room at the Saylor Building.
- 2001 Helped build the Community Playground at the Saylor Building and cooked lunch for the volunteers.
- Community Presentations -Gowanda, and Silver Creek School **Districts** 
  - Prenatal Nutrition Education, and Nutritionist for the WIC Program.
- Supermarket Field Trips How to Read Labels, Shopping Tips. Field Trips – Strawberry and Blueberry picking.
- Cooking Demonstrations She made them healthy, fun to learn and gave samples of foods we most likely would not buy ourselves, but most importantly her dishes were delicious!
- 2001 Veggie Bucks Program she initiated this program to promote increased consumption of fresh vegetables and fruit for healthier eating. This program also supported local food vendors.
- Strong advocate to get the medical equipment patients needed to manage their diabetes, emergency food and baby supplies. Efforts above and beyond to help others.
- Assisted with the COVID Vaccination Clinics.

Community involvement - she was a Gowanda Village Board Trustee 1998-2008. Barb helped to secure grant funding for the Gowanda Tree City, USA. Planted and cared for several trees in 1999 to present, she also initiated the flower boxes in Gowanda. Barb and her husband Mark, are often seen watering the many flower pots! Such love and dedication for her community is shown in so many ways!

Barb truly cared for all, she went above and beyond to advocate and help others to the best of her ability. The hard work, dedication and best interests she had for our patients did not go unnoticed. Community members seek out her support, and knowledge, an obvious sign of trust, adoration and respect. The work she did throughout her career is exemplary and she is very much appreciated. The Seneca Nation is fortunate to have benefitted from her knowledge and her being.

To a job well done, best wishes for a healthy, lovely and relaxing retirement Barbara Nephew! Nya:weh.



Pictured: Kerry Kennedy, Diabetes RN Case Manager (left), Barbara Nephew, Public Health Nutritionist MS, RD, CDE (center), and Denise Mohawk, Diabetes Project Coordinator (right)

LEARN SENECA January 14, 2022

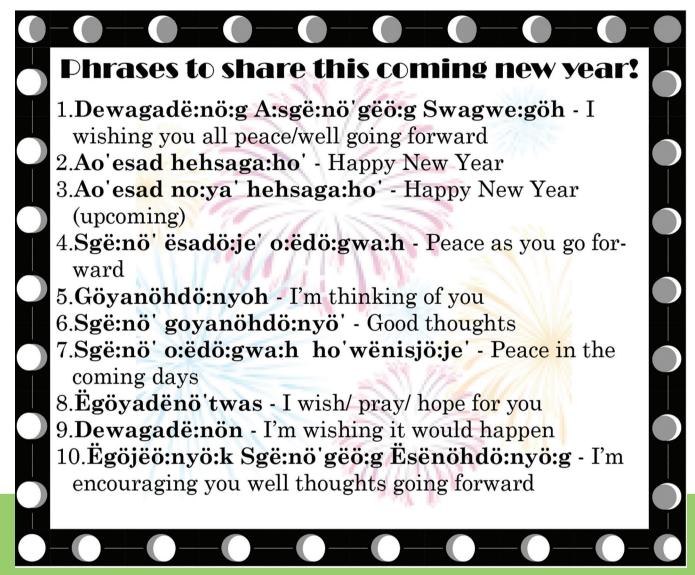


# Onöndowa'ga: Gawë:nö' Nadö:diyeö:je' koh Department brings you the Gai:wanöhge',

the monthly Seneca Language Newsletter

The department wishes everyone a safe, healthy & joyous 2022. "Ao'esad hehsaga:ho'" - "Happy New Year"

Online Seneca Language Resources can be found at: www.SenecaLanguage.com





Onöndowa ga:
Gawë:nö
Nadö:diyeö:je
koh Gënjohgwa
12857 Route 438,
SNI Cattaraugus
Territory

# Reminder: CHECK OUT OUR NEW SNI WEBSITE!

The updated site was launched last month after a yearlong effort.

Stay tuned to this page for updates:

https://www.sni.org

